

The Arbors at Greenfield

Pictured on the right are some of our great ladies enjoying Ice Cream on a recent warm day!















#### Father's Day

Was a chance to show our gentlemen some love and appreciation. Each man received a gift bag containing Dad's Root Beer, Scratch tickets, peanuts and Slim Jim's.

The ladies were not left out of the day, as a "Pop" Cart, featuring "Pop for Pop's Day" rolled through the building.













Activity **Director Mary** has been rolling through the halls with various fun carts. You never know what kind of

crazy cart will appear next!





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We are so grateful for ALL of our wonderful staff, but June was a time to celebrate our Resident Care Aides. For National CNA Day, we thanked our care staff by celebrating throughout the day. We started the morning with a coffee bar and breakfast goodies, along with flowers from our Reflections community. Thanks to a generous donation, our staff was treated to a delicious lunch from Panera Bread—in honor of our RCA's. Goody bags, survival kits, snow cones, and cards, were given to each RCA to thank them for their dedication, hard work, and loving care that they provide each and every day in our community.







#### THANK YOU RCAS



Thank you for your caring ways. Happy RCA Week!



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#### Reflections Community











Residents have been excited to be able to enjoy outdoor visits with family members this month! With the rain and humidity we haven't been able to be outside as much as we would like, but we make the most of every moment we can! With the C.N.A. Appreciation day in June, our community was able to put together some beautiful floral bouquets for our R.C.A's. while enjoying the sunshine in the courtyard. Residents get a good laugh at the activities crew, who come around in the crazy themed carts that Mary (our activities Director) comes up with. Ice-cream, Sno-cones, sundaes, fruit water and Jell-O parfaits, are all some of the fun treats we get to indulge in with our friends. We are happy to enjoy each other in small (safely distanced) groups, and really excited to slowly add more small group programs back into our daily routine.













#### July Horoscopes and Birthdays





In astrology, those born between July 1 –22 are Cancer's Crabs. Crabs care deeply about their family and home. Guided by their hearts, Crabs are sympathetic and loyal friends and imaginative collaborators. Those born between July 23–31 are Leo's Lions, the zodiac's natural-born leaders. Dramatic, confident, and humorous, Leos rally people to a common cause and find creative solutions to tricky problems.

-FAMOUS BIRTHDAYS-Princess Diana-July 1, 1961
Thurgood Marshall – July 2, 1908
Bill Withers – July 4, 1938
Della Reese – July 6, 1931
Tom Hanks – July 9, 1956
Mavis Staples – July 10, 1939
Andrew Wyeth – July 12, 1917
Ginger Rogers – July 16, 1911
Nelson Mandela – July 18, 1918
Ernest Hemingway – July 21, 1899
Jennifer Lopez – July 24, 1969
Peggy Fleming – July 27, 1948
Wesley Snipes – July 31, 1962

# Birthdays This Month

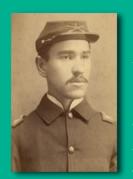
Mary Lou Wilson July 1
Steven Mutchler July 19
Joe Schab July 24
Betty Forbes July 26
Joan Boyce July 27



A Warm Arbors Welcome to our new Neighbor:

Joan K.

#### The Buffalo Soldiers



Buffalo Soldiers Day on July 28 remembers the formation of the very first all-African American army regiments. On July 28, 1866, after the end of the Civil War, the U.S. Congress passed the Army Reorganization Act, which called for the creation

of six all-black infantry and cavalry regiments. They were deployed to the Western frontier, where they were ordered to protect settlers, stagecoaches, and railroad crews while fending off Native Americans and capturing cattle rustlers. Why were they called "buffalo soldiers" by the Native Americans? One story tells that they fought as fiercely as the buffalo of the plains. Other theories suggest that the soldiers' dark curly hair resembled that of the buffalo. Whatever the reason, the name stuck, and buffalo soldier regiments served courageously until the desegregation of the Army in the 1950s.