

DOOR DOOR

The Arbors at Stoneham

March / 2020

2020 Arbors Valentine's Dance

The Residents at The Arbors at Stoneham danced the night away at the Valentine's Dance on February 12th. The classics played as we swayed across the dance floor led by the expert footwork of Michael Winward. Toes were tapping and the party was hopping while he is taking the lead!

As you can see in the photos, Mary W. has a smile from ear to ear while taking her turn dancing with Michael. Sal F. shows off his festive valentine tie which lit up and played a sweetheart tune while he danced with his daughter Lisa. Alice S. showed off her amazing dancing moves proving your are never to old at the age of 100, to show the younger crowd how it is done.



What a fun afternoon we had!

After all the scheduled activities were done for the afternoon there was a little time left of the day, so we all decided to play a quick game of Left, Right, Center. There was a twist though, Sharon switched out our play money for real dollar bills. This made the game extremely exciting to say the least!

It went back and forth between Claire, Glenys, Barbara, and Tony but in the end, Glenys was richer with being the winner of \$12.00 in cold hard cash. We really enjoyed the game and would love to have this on the calendar with real cash in the future.



Getting Ready!

Ann D. pictured here is getting ready for our Valentine 's event.

It was so nice to have volunteers come and assist with hair and nails. Who doesn't like having a pampering session to look and feel our best!

Thank you to these wonderful young ladies for their help.!



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Theresa's Craft Corner!

Another great crafting day with Theresa in the books! We are excited every month to see what craft idea Theresa will come up with. She always asks us for our input but we are just amazed at the talent she shares.

As if she isn't busy enough with all her Business Office responsibilities, she always remembers to make time for this fun activity. We are so lucky to have her and really appreciate all that she does.

You can see pictured here, Emma and Alba enjoy having some laughs as they decorate their beautiful picture frames.

Thank you Theresa for helping to add creativity and love to our community!

Can't wait to see what she will have in store for us next month!

Happy
St. Patrick's
Day



Mardi Gras!

The residents celebrated Mardi Gras by starting the day with decorating festive masks to wear for the Mardi Gras party in the pub later that afternoon. Glenys and Alba showed off their mask making skills and even each made a second for a friend.

At the fat Tuesday party we enjoyed refreshing New Orleans hurricanes made with punch and coconut rum that Sharon had creatively come up with. As in the tradition of true New Orleans style, a festive Carnival King Cake was served with the traditional colors of gold, green and purple sprinkles.

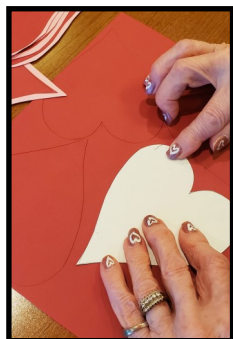
At the end of the party it was voted that Sal F. and Anna D. would be crowned King and Queen of the festivities due to them coming to the party all dressed in Mardi Gras garb.

It was a fun afternoon and we enjoy all the traditional parties that go along with all the holiday. We can't wait for the next one because life is all about the party!



“Leaping into Love in Reflections!”

Hearts & Crafts!



February had our halls decked out in Red, Pink, and White as the residents decorated for our theme, “Leaping into Love”.

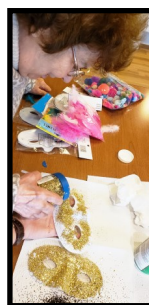
The residents enjoyed making Valentines for friends and family. Every holiday has an assortment of fun projects.

March brings us Lots of green with our “Luck of a Leprechaun” theme, be on the lookout for many creative Hands on programming is key to an active and engaging day!

Festival!



Mardi Gras was a gala of music and food here at The Arbors; Reflections Residents dressed up in the most festive costumes for the Carnival! Mask Making, NOLA Music, and Carnival Spirit for all!



What’s Cookin’?

The smells and tastes of the kitchen bring out the baker and cook in each of us here in Reflections. Oven Roasted Potatoes with a Lemon Zest sauce. Chocolate Chip or Peanut butter cookies. Dutch oven honey butter popcorn. All regular staples on the menu of Resident-Made kitchen delights.

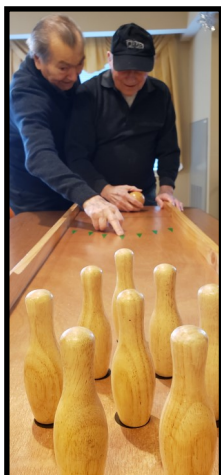


Mario seasons potatoes for a side dish, Lillian adds chocolate to dessert, and Ann shows us around the kitchen.



Come join us for a bite as we try both family recipes and new culinary experiments to tingle our tastebuds!

Active Lifestyles



Mario gives Jim some advice on the lanes, bowling is a regular highlight of our busy itinerary in Reflections!

The residents keep active with stretches and exercises to pop music across the decades, Ring Toss, walks to the pub, dances, and many more stimulating activities throughout the day.

As we get warmer temps we’ll be doing fun activities outside in the fresh air and sun every day the weather allows. We look forward to gardening, picnics, yard games and more!

DOOR DOOR

Save the Date!!!!

Spring Fling

April 16th

5:30 –7:30 PM

We are looking forward to seeing you!

Upcoming Events!

Grocery shopping:

Mondays

Lunch Outings:

Wednesdays

Trip to Plainridge Casino

March 18th, 9:30 AM

Welcome New Residents!

Phyllis P.

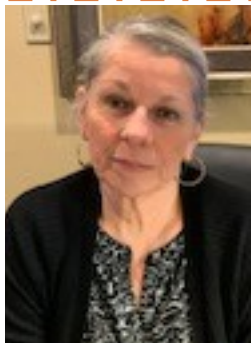
Jean D'Entremont

Thomas F.

Happy Birthday !

Rosie N. 3/1

Employee Appreciation!



Denise T. and Jean L are the heart and soul of the Arbors at Stoneham. They go above and beyond for us, our families and staff. They both always have a smile on their faces. We wanted to acknowledge how much everyone appreciates all that they do everyday.

If you happen to have the pleasure of seeing these

2 rays of sunshine at our front desk make sure to say thank you for being so fantastic all of us all the time. We want to say we appreciate you both so much and thank you.



Resident Profile:

Pauline is from Everett Massachusetts. She is one of seven, five brothers and one sister. She has MANY nieces and nephews. She reminisces on the birthdays, family picnics, and happy get-togethers with all the kids.

A secretary for Exxon, she found it fulfilling to keep an office running without a hitch. With her in charge the place ran smoothly.

Pauline loves homemade food, just the way her mother used to make it. Her favorite dish of her mother's was stuffed cabbage with rice. "I help with all of our cooking activities", we can all learn something from her skills in the kitchen.

Travel is important to Pauline. Seeing the world brought her great joy, especially the diverse cultures of Europe. The restaurants and promenades of Paris were especially memorable. A recent review of Parisian highlights in our Armchair Travel series had her teaching us all about the sights, sounds, and foods from the City of Love.

She loves enjoying beautiful weather and talking with long-time friends over a cup of coffee.

When in Reflections, please stop and say hello to our friend Pauline M.!

