



Dinner

**SPRING &
SUMMER
SAMPLE
MENU**

DAY 1

Oven Roasted Turkey
*with Mashed Potato &
Vegetable of the Day*

Crab Cakes
with Edamame Salad

Fresh Seasonal
Fruit & Yogurt

Boston Cream Pie

DAY 2

Sausage & Ricotta
Baked Ziti
with Garlic Bread

Turkey Reuben
Sandwich
with Potato Salad

Shrimp Caesar Salad

Cupcake

DAY 3

Grilled Swordfish
in a Lemon Butter
Dill Sauce
*with Fresh Sauteed
Seasonal Vegetable*

B.L.T. Sandwich
with Fresh Fruit

Tomato &
Avocado Salad

Strawberry Shortcake

Lunch

BBQ Ribs
*with Cob Corn, Pasta
Salad & Green Beans*

Garden Vegetable
Burger
with Steak Fries

Egg Salad Platter

Fresh Pineapple
Chunks

Grilled Cheese
with Tomato Soup

Philly Steak &
Cheese Grinder
with Chips

Turkey Salad Platter

Frosted Cake

Roast Beef & Gravy
*with Mashed Potato
& Vegetable Medley*

Grilled Tomato &
Cheddar Sandwich
with Edamame Salad

Wedge Salad
*with Blue Cheese,
Bacon & Tomatoes*

Ambrosia

DAY 1

Roast Pork Dinner
*Sweet Potato Mash
& Vegetable*

Turkey & Swiss
Sandwich
with Fresh Apple Slices

Chicken Waldorf
Salad Platter

Coconut Cream Pie

DAY 2

Stuffed Chicken
Breast in a Cranberry
Cream Sauce
with Squash Casserole

Meatloaf Sandwich
with Onion Rings

Greek Salad Platter

Pumpkin Mousse

DAY 3

Baked Scrod
*with Rice Pilaf
& Green Beans*

Italian Cold
Cut Grinder
with Potato Salad

Spinach Salad
*with Pears, Craisins &
Blue Cheese Crumbles*

Ice Cream

Dinner

**FALL &
WINTER
SAMPLE
MENU**

Lunch

White Pizza Topped
with Garlic, Spinach
& Chicken
*served with a
Garden Salad*

Chicken Salad
Pita Pocket
with a Caesar Salad

Antipasto Salad

Fresh Baked Scone

Shepherd's Pie
with Fresh Bread

Roasted Vegetable
& Hummus Wrap
with Pickled Beets

Poached Fillet
Of Salmon
over Mixed Greens

Frosted Cake

Beef Wellington
*with Roasted Red
Potatoes &
Vegetable Medley*

Tuna Salad Sandwich
with Chips & Pickle

Fresh Fruit Skewers
with Yogurt

Cookies