

The Arbors at Winthrop

January / 2020















Our Annual Holiday Party, which was hosted in our community on Thursday, December 19th was a wonderful time with family and friends. Sal and his dietary team outdid themselves and put out a wonderful spread which included shrimp cocktail, mini mac and cheese cups, sliders and lots of delicious appetizers and desserts. We also served some great libations which included: Naughty Egg Nog,, Appletini, and Enlightened Ginger. **Strolling Victorian Carolers** added to the atmosphere and the festiveness of our joyful gathering. We also had a visit from Saint Nick to cap off our even-







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Traditional

Community

Special Visitors

A local daisy girl scout troop came for a visit and brought a lot of joy to the residents in our community. They brought holiday cards that they had made and sang some carols with us. Then they enjoyed some cookies and visiting with our residents.

Holiday Crafts

Our crafters were busy this month making lots of decorations for our community. The ladies really had fun decorating styro-foam ginger-bread men using puffy paint. They came out great we will save them to add to the gingerbread houses we will make later in the month. Our ladies also made candy cane elves. They had fun decorating the elves with rick rack and ribbons and then proudly hung them on one of our trees! We also painted ornaments and made holiday cards with Paula.



Lunch at a Tea House

Some of the residents in our community and The Arbors at Stoneham residents met at The Wenham Tea House for a special Christmas luncheon. We loved the ambience and the food and getting to know some new friends!



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Reflections

Community



Rockin' Around The Christmas Tree

After decorating our community and spreading some holiday cheer, our ladies showed off their dance moves by moving and grooving to some traditional Christmas tunes.



Holiday Baking

Our ladies in the baking club all took turns following the recipe to make rich and tasty lemon meringue cookies on a Sunday evening.
Once the cookies were baked they enjoyed them with a nice cup of coffee.







Welcome Home New Residents

Anne

Happy Birthday
January Babies!

Jim M. 1/16

Sue B. 1/25

Adrean was born in Everett. MA but resided in Chelsea. MA for 75 years. She graduated from Salem State University with a bachelor's degree in education. She taught for many years then worked as an administrator at a home health agency. She was married on Christmas Day in Roxbury, MA and had a beautiful family. She has two children, David & Stephanie. and then was blessed with five grandchildren: Ethan, Samantha, Zoe, Chelsea, & Mason. In her free time, Adrean enjoys hobbies such as, baking, crocheting, dancing and sing-

Resident Profile: Adrean A.



Happy Hour

On Thursday afternoons in our community you will always find our residents gathered in the pub for a glass of wine and something yummy to nosh on. The best part is all the great conversations with friends! It's a great place for new residents, like Barbara E. to make a new friend and for all our residents to connect.



