

## Looking for a Turkey



| Player | 1 | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | Total |
|--------|---|----|----|----|----|----|----|----|----|----|-------|
| ELEANO | 6 | 15 | 21 | 36 | 43 | 51 | 66 | 72 | 75 | 81 | 435   |
| MARLE  | 3 | 6  | 4  | 3  | 5  | 3  | 3  | 4  | 3  | 9  | 72    |
| FRANK  | 3 | 6  | 3  | 8  | 13 | 3  | 7  | 5  | 4  | 3  | 66    |
| NICOLE | 9 | 18 | 26 | 32 | 39 | 48 | 55 | 61 | 70 | 76 | 424   |

| Player  | 1 | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10  | Total |
|---------|---|----|----|----|----|----|----|----|----|-----|-------|
| SHIRLEY | 9 | 1  | 4  | 8  | 5  | 3  | 3  | 4  | 7  | 18  | 33    |
| THERES  | 3 | 7  | 1  | 4  | 5  | 7  | 8  | 3  | 7  | 7   | 62    |
| JIM     | 7 | 1  | 5  | 3  | 3  | 3  | 4  | 3  | 3  | 3   | 37    |
| RIT     | 9 | 15 | 24 | 42 | 50 | 58 | 76 | 83 | 85 | 111 | 570   |



This November, The Ivy at Ellington residents were not only looking for Turkey to eat on Thanksgiving, but also at the Spare Time bowling alley in Vernon, Connecticut.

Each week, the Ivy bowlers ventured out to play a round of bowling. The term “Turkey” in bowling, refers to having three strikes in a row. A lot of our residents would get strikes each game, but no one came close to getting three in a row.

On our last bowling trip, the bowling alley gave us the VIP lounge. It must have brought one of our staff members some luck! RCA, Nicole, got three strikes in a row on her first three frames! Everyone cheered, they were so excited! Needless to say, Thanksgiving wasn't the only day that Nicole had a Turkey!

The Ivy at Ellington

## Welcoming Residents to the Ivy Family



This month, four of our current residents welcomed a new couple to The Ivy! Connie and Jim L & Marguerite and Cliff E joined the Activity Director for “Lunch with Lorelei” to get to know our new residents, Chic and Gerri A. The food was great and the company was even better.

We talked about how each of the couples met one another and about our their lives and families before assisted living. Everyone had very interesting stories to tell and we had a lot of laughs. The residents truly enjoy spending time with one another. It is so nice to be able to build wonderful friendships.



## Senior Boxing is “A Hit”

This month at The Ivy, the YMCA began leading exercise classes once a week for our residents. Each week was a different instructor and type of exercise. The first and third week, the residents participated in strength training with weights and mild cardio. The fourth week, residents found their inner light with a yoga class.

The second week however, seemed to be the fan favorite, senior boxing. Residents who participated utilized the boxing gloves and punching bag that the instructor taught everyone how to use. The residents learned a lot while moving their bodies to keep themselves fit and strong. The residents are looking forward to their monthly exercise routines.



The Ivy at Ellington

## Home of the Free, Because of the Brave



Veterans Day is a chance to thank all the men and women who have served and continue to serve our country in the United States military. Since many of our residents at The Ivy at Ellington are Veterans, we decided to celebrate this important day by taking them to a special breakfast at the Ellington High School and unveiling a “Wall of Honor” that salutes all of those who have served that are a part of The Ivy Family.



DOOR  DOOR

HAVE A VERY  
*Merry*  
CHRISTMAS

HAPPY NEW YEAR



Happy Birthday  
December Babies!

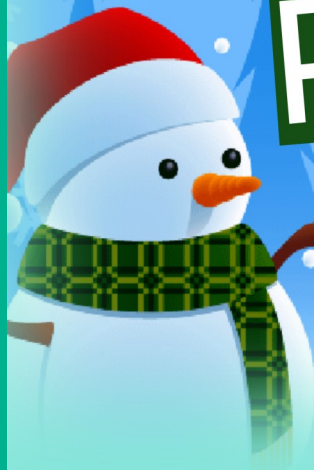
Jim K. 12/24

Mark your calendars!

  
THE Ivy  
Assisted Living Residential Community

*Holiday*  
PARTY

*December 12th*  
*6pm-8pm*



The Ivy at Ellington  
123 West Road  
Ellington, CT 06029

Entertainment by Rockin' Robin and a special visit from Santa!  
RSVP by December 5th, 2019 - (860) 926-0222

We hope to see you there!