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### OCT / 2019

### A Spark of Creativity



### National Assisted Living Week 2019

National Assisted Living Week was September 8th through the 14th. This year's theme was "A Spark of Creativity". The Ivy residents were very busy sparking their creativity! From food and beverage pairings, to karaoke, to cupcake decorating, everyone had a blast. Thank you to RCA Amanda, who lead our paint and sip. A huge thank you to all of the residents who shared their very special talents with us at the art showcase. We truly have a very talented, creative community!





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#### The Ivy at Ellington

### Traveling From A to P...



### ...Apples, Art & Mystic Pizza

On September 23rd, we went apple picking at Wright's Orchard in Tolland. We had a blast picking a variety of apples right off the tree. The fresh fruits and farm delicacies in their store were mouth watering. On the ride home we reminisced about all the recipes we've made with apples. Our favorites are apple pie, apple crisp and applesauce.

We also took a road trip down to Mystic, CT for a special destination lunch and museum visit. We were all so excited to eat at the famous Mystic Pizza. The food was fabulous and the photos from the film and of celebrities that have eaten there, kept us enter-tained through our entire meal.



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The Ivy at Ellington

### Our 2nd Annual Trip to The Big E

On September 26th, we made our 2nd annual trip to The Big E! A few of the residents had not been to the fair in years, but remember going with their families. Ted and Wanda who are originally from Massachusetts, only lived a few miles away from the fair and use to visit yearly.

The group had a great time riding the Ferris Wheel & the Carousel. It most definitely brought them back to their youth. We tried many different foods like the mini donuts, fried Brussel sprouts, pulled pork corn cakes, and much more! We also visited the state buildings and saw a lot of neat items that each state represents.

The weather did not hold out for us and it ended raining at the end of the day. That, however, did not stop the fun! We set up shop at a table under a tent and ad a few craft beers while watch the beautiful Clydesdales trot by. We all really enjoyed the entire day, it was definitely a trip for the record

















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Happy Birthday October Babies!

Teddy B

William F

Barbara B

Welcome Home <u>New Residents!</u> Harold C

Thomas C

Bill F

Alan R







**Team Ivy at the 2019 Walk to End ALZ** The Team Ivy family participated in the Walk to End Alzheimer's in Enfield on Sunday, September 22nd. It was a beautiful day. Our team raised over \$2, 300 for the cause. Lorelei, our Activity Director, raised over \$600 herself, in honor of all our residents and one very special friend, Helen H.