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#### The Arbors at Dracut



#### OCTOBER/2019









### HELLO FALL FROM THE ARBORS AT DRACUT!

September was quite a month! We celebrated National Assisted Living Week with live music performances, special socials & lots of projects that showed our "Spark of Creativity"!

We went out for lunch to some of our favorite places like Longhorn Steakhouse, Mama's, & The Chateau in Andover.

Our groups also went on a "Leaf Peeping" trip through southern New Hampshire with a stop at T-Bones for lunch.

Together we honored the birthdays of Buddy Holly & Sofia Loren with special movie selections and learned about South American with our Travel Series called "Armchair Explorers"!

Welcome Fall!

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# HELLO FALL!

What a great time of year! At The Arbors at Dracut we've already started enjoying this beautiful time of year! Look at all the amazing things we've done in September!







We're "mugging" for the camera! These designs were made using nail polish! We think they look like a million bucks!

Aren't we gorgeous?! During NALW we made these tie-dye shirts, each one as unique and special as every one of us!



LOVE THAT MUSIC! Adam came to entertain us and play our favorite tunes!

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### National Assisted Living Week!

Our theme this year was a spark of creativity. Our residents enjoyed a paint and sip class as well as painting ceramics! There were a lot of smiles as we admired our creative sides! As fall is approaching, we also made our trees with the foliage that we noticed on our fall foliage trips throughout the month!





Our ladies are enjoying their Wednesday baking

Tina helped Jonathan decorate our entrance way for the autumn season! Looks good Tina and Jonathan!



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Don't forget to sign up at the front desk for our outings!

Welcome Home New <u>Residents!</u>

### Happy Birthday !

Bertha B. 10/3

Carol A. 10/13

Mary B. 10/16

Marie P. 10/23

Christine H. 10/27



#### **Traditional Upcoming Events:**

10/2 Owen & Ollies

10/9 Red Robin & Parlee Farms

10/16 Good Thymes

10/23 ML Shaw's

10/30 Pub Pizza Party!

#### **Reflections Upcoming Events:**

10/3 Mary Ann's Diner 10/10 Longhorn's 10/17 Mary Ann's Diner 10/24 Parlee Farm

## Senior Spotlight!

### Doris Ginchereau

Doris was born in Lawrence, MA. She was one of 5 children. She graduated from <u>Lawrence High Sch</u>ool and

took a few college courses. She went on to work in the administration office at Mary Immaculate Nursing Home. She met her sweetheart Arthur, and had one child. Arthur and Doris loved to go out dancing and have fun with friends. She loves to travel, proudly traveling 13 states, but her favorite spot is California. Doris has been living with us since April. Her favorite part about living at the Arbors is