

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



“Traditional Activity Calendar”
November 2019
“A Harvest of Thankfulness”



9:30 Fun w/ Fitness **1**
 10:15 Craft Corner:
 Patriotic Pins for Veterans
 11:00 Star of the Month:
 Hedy Lemar
 2:00 Headbandz
 3:00 Cookies & a Chat
 3:30 Skipbo
 6:30 Independent Card Games

9:30 Morning Exercise **2**
 10:30 Manicures &
 Hand Massages
 11:00 Skipbo
 2:00 Bingo
 3:00 Pub Social
 3:30 Card Games
 in the Library
 6:30 Saturday Night Movie

9:30 Morning Stretch **3**
 10:00 Catholic Mass On T.V.
11:00 Spirituality Group
 2:00 Pokeno
 3:00 Pub Social
 w/ the Girls
 3:30 Skipbo
 in the Library
 6:30 Independent Card Games
Daylight Saving Time Ends

9:30 Move & Groove **4**
 10:15 Word Mining:
 “A Harvest of Thankfulness”
 11:00 November I.Q.
2:00 Bingo Mania in Reflect.
3:00 Cranberry Spritzer
Social in Reflections
3:00 Chair Massages w/ Donna
Cloud Nine Massage Therapy
 6:30 Independent Card Games

9:30 Total Body Workout **5**
 10:15 Craft Corner:
 Fall Leaves Dot Painting
 11:00 Word in a Word
 2:00 Ted Talk:
 “The Sociology of Gossip”
 3:00 Coffee & Conversation
3:00 Men’s Club
 6:30 Independent Card Games
 in the Library

9:30 Cardio Craze **6**
10:00 Catholic Mass
w/ Father Chris
 11:00 Bananagrams
1:15 Shopping: Walmart
 2:00 Bingo
 3:00 Chit Chat Social in the Pub
 3:30 Trivial Pursuit
 6:30 Wednesday Night
 At the Movies

9:30 Tai Chi for Balance **7**
 10:15 Craft Corner:
 Quirky Turkey Door Decor
 11:00 Brain Games
 2:00 Jeopardy Trivia
3:00 Harvest Happy Hour
 4:00 Up Words
 in the Library
 6:30 Independent Card Games
 in the Library

9:30 Fun w/ Fitness **8**
 10:15 Random Trivia
 11:00 Picture This
11:15 Lunch Outing:
Jevelli’s
2:00 Music by Tim Perry
3:00 Birthday Bash for
November Babies
 6:30 Independent Card Games
 in the Library

9:30 Morning Exercise **9**
 10:30 Manicures &
 Hand Massages
 11:00 Jenga
 2:00 Pokeno
 3:00 Pub Social
 3:30 Scrabble
 in the Library
 6:30 Saturday Night
 At the Movies

9:30 Morning Stretch **10**
 10:00 Catholic Mass On T.V.
 11:00 Bible Trivia
 2:00 Bingo
 3:00 Pub Social w/ the Girls
 3:30 Rummikub
 in the Library
 6:30 Independent Card Games
 in the Library

9:30 Move & Groove **11**
 10:15 Veteran’s Day Discussion
 11:00 Americana Trivia
2:00 Veteran’s Day Service
3:00 Remembering Our
Veterans Social
 3:30 Up Words
 in the Library
 6:30 Independent Card Games
Veterans Day (US)
 Remembrance Day (Canada)

9:30 Total Body Workout **12**
 10:30 Craft Corner:
 Paint Turkey Ornaments
 11:00 Table Topics
 2:00 Travel Club: Bulgaria
 3:00 Travel Club Social:
 Rice Pudding
 3:30 Scrabble in the Library
 6:30 Independent Card Games

9:30 Cardio Craze **13**
 10:15 Kings in the Korner
11:00 Pet Visit w/ Joyce
1:15 Shopping Outing:
Target/ Stop & Shop
 2:00 Pokeno
 3:00 Chit Chat Social
 3:30 Kings in the Korner
 6:30 Wednesday Night Movie

9:30 Tai Chi for Balance **14**
 10:15 Craft: Ribbon Turkey
 11:00 Word Mining:
 “Turkey with all the Dressing”
12:00 Fine Dining w/ Piano
Music by Cassandra Marsh
 2:00 More Jeopardy Trivia
3:00 Hot Cider Social
 6:30 Independent Card Games

9:30 Chaboom Exercise **15**
 10:30 You Be the Judge
 11:00 Color Your World
11:15 Lunch Outing: Floramos
2:00 Name That Tune
3:00 Welcome Home
Pumpkin Pie Social
 3:30 Skipbo
 6:30 Independent Card Games

9:30 Morning Exercise **16**
 10:30 Manicures &
 Hand Massages
 11:00 Sports Trivia
2:00 Dance Program
by Hillary MacDonald
 3:30 Up Words in the Library
 6:30 Saturday Night
 At the Movies & Popcorn

9:30 Morning Stretch **17**
 10:00 Catholic Mass On T.V.
 11:00 Finish the Phrase
 2:00 Pokeno
 3:00 Pub Social
 w/ the Girls
 3:30 Skipbo in the Library
 6:30 Independent Card Games
 in the Library

9:30 Move & Groove **18**
10:15 Craft Corner:
Thanksgiving Cards w/ Paula
 11:00 Apples to Apples
12:00 Men’s Lunch
2:00 Funny Money Auction
3:00 Harvest Bread Social
 3:30 Scrabble in the Library
 6:30 Independent Card Games

8:00 Breakfast Buffet **19**
9:30 Yoga with Marianne
 10:30 Craft: Painted Feather
 11:00 Breaking Bread
 in November Trivia
 2:00 Ted Talk: “Discover the
 Three Keys of Gratitude”
 3:00 Coffee & Conversation
 6:30 Independent Card Games

9:30 Cardio Craze **20**
10:00 Communion
w/ Sister Jane
 11:00 Jenga
 2:00 Bingo
1:15 Dollar Tree Stop & Shop
 3:00 Chit Chat Social
 in the Pub
 6:30 Wednesday Night Movie

9:30 Tai Chi for Balance **21**
 10:15 Craft Corner:
 Pine Cone Flowers
 11:00 Brain Games
2:00 Musical Entertainment
by Brian Corcoran
3:00 Happy Hour
 4:00 Up Words in the Library
 6:30 Independent Card Games

9:30 Fun w/ Fitness **22**
 10:15 Scattegories
 11:00 Picture This
11:15 Lunch Outing:
Hong Kong Dragon
 2:00 Modern Jeopardy Trivia
 3:00 Cookies and a Chat
 3:30 Rummikub in the Library
 6:30 Independent Card Games

9:30 Morning Exercise **23**
 10:30 Manicures &
 Hand Massages
 11:00 Kings in the Korner
1:30 Outing to “Anything
Goes” at Winthrop H.S.
 2:00 Bingo
 3:00 Pub Social
 6:30 Saturday Night Movie

9:30 Morning Stretch **24**
 10:00 Catholic Mass On T.V.
 11:00 Brain Drain Trivia
 2:00 Bingo
 3:00 Pub Social
 w/ the Girls
 3:30 Rummikub in the Library
 6:30 Independent Card Games
 in the Library

9:30 Move & Groove **25**
 10:15 Giant Crossword Puzzle
 10:45 Virtual Museum Tour
1:15 Resident Council Meeting
2:00 Cooking Demo with Mike
3:00 Mike’s Special
Treat Social
 3:30 Up Words in the Library
 6:30 Independent Card Games

9:30 Total Body Workout **26**
 10:30 Baking Club:
 Fruit Bread
 11:00 The Ungame
 2:00 Travel Club:
 Along the Danube
 3:00 Travel Club Social
 3:30 Scrabble in the Library
 6:30 Independent Card Games

9:30 Cardio Craze **27**
10:15 Holy Eucharist
w/ Father Walter
1:15 CVS
 2:00 Pokeno
3:00 Manager’s Thanksgiving
Apple Cocktails
 6:30 Wednesday Night
 At the Movies

9:30 Tai Chi for Balance **28**
 10:15 Watch Macy’s
 Thanksgiving Day Parade
 11:00 Tom Turkey Takes a
 “Rib”ing
 2:00 I Love America Jingo
 3:00 Cookies and Coffee
 6:45 Independent Card Games
 in the Library
Thanksgiving Day (US)

9:30 Fun w/ Fitness **29**
 10:15 Craft Corner:
 Laced Barley Bookmark
 11:00 Kings in the Korner
2:00 Musical Entertainment
by Rick Skehan
 3:00 Cookies & a Chat
 3:30 Skipbo in the Library
 6:30 Independent Card Games

9:30 Morning Exercise **30**
 10:30 Manicures &
 Hand Massages
 11:00 52 Weeks of Trivia
 2:00 Bingo
 3:00 Pub Social
 3:30 Card Games
 in the Library
 6:30 Saturday Night Movie