

DOOR DOOR

The Arbors at Winthrop

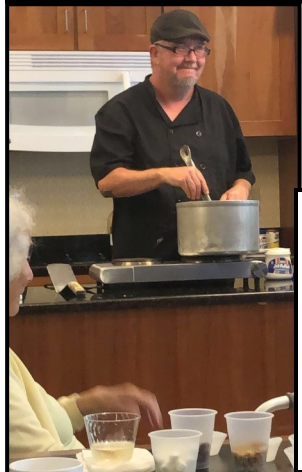
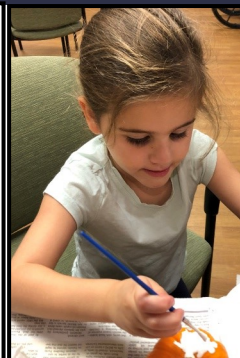
November / 2019

“Trick or Treat”

On Thursday, October 24th we held our annual Trick or Treat Night throughout our community. Young trick or treaters came through our hallways in costumes. Our residents were seated throughout our community to greet and give our cute visitors treats! To prepare for our special visitors our crafters made lollipop ghosts to hand out to them. Residents also decorated pumpkins for our pumpkin patch. One of our residents granddaughter’s, Sadie stopped by and also decorated a pumpkin! Mike, one of our chefs made brownie bats as a treat for our trick or

Pumpkins & Spice & Everything Nice!

In keeping with our Halloween and fall theme we celebrated all things pumpkin and fall with pumpkin spice donuts and muffins, pumpkin pie, and apple cider.



Cooking Demonstration

We now have monthly cooking demonstrations with our Chef Mike. This month he demonstrated how to make fudge with our residents. Mike showed them how to cook the chocolate and then each person added their own toppings to make their fudge to his or her own liking. It was an informative and interesting cooking class and a delicious treat. We can’t wait to see what he cooks up for us next month!

*Save the Date:
Annual
Resident and
Family Holiday
Party*

*Thursday,
Dec. 19th, 5pm*

*Please Join Us! for
great food, holiday
festivities and
Victorian Carolers*



The Arbors at Winthrop



Traditional Community



Travel Club

Our baking club made apple strudel which involved peeling and cutting apples, making filling and then placing our apples and filling in puff pastry and sealing them with water. Later we traveled to Germany via Rick Steve's travel documentaries. Afterwards, we ate our delicious strudel and discussed our own trips to Germany.



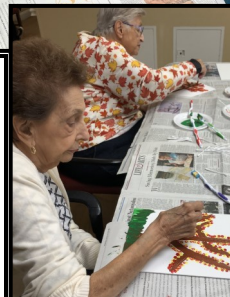
"Spooktacular" Crafts

As part of our "Life is Spooktacular" theme for October, our crafters made spider webs for their doors. Oh, what tangled webs we weaved! They also painted witch and cat Halloween ornaments and made cards.



Lunch Outing

We always enjoy a great Chinese lunch at Kowloons! The service and food are always excellent!



Reflections Community



Brushless Autumn Scenes

Our painters in our Traditional and Reflections communities were hard at work painting Autumn scenes using toothbrushes to paint grass, Q-tips for the leaves. They achieved a very colorful result and were very proud of their artwork.



Donuts & Coffee

Our residents were treated to donuts and coffee from Dunkin Donuts. Who doesn't enjoy a great donut and coffee now and then?

Restaurant Review by Cathy P.

We tried a new restaurant recently, Tokyo Steakhouse, a Japanese restaurant. We all had a really good time and enjoyed the food! We loved watching the preparation of the food even more than eating it. The chefs cooked all our culinary delights right in front of us and served us as soon as the food was ready. What fun! Thanks to Heather and Natasha we all had a wonderful experience! Peggy said, "It was delicious! Very good service." "We liked the shrimp," said Sou Sou and Anna "The scallops were super! The napkins were soft and useful," said Marilyn "The cooks were entertaining and the food was great," said Cathy. "The trip was great we had a lot of fun," said Mary and Gloria. We can't wait to go back. It was great to find a new restaurant that we enjoy!



DOOR DOOR



THE Arbors™
Assisted Living Residential Communities

Welcome Home New Residents

Leo B.

Happy Birthday!

Lina J. 11/2

Marilyn M. 11/20



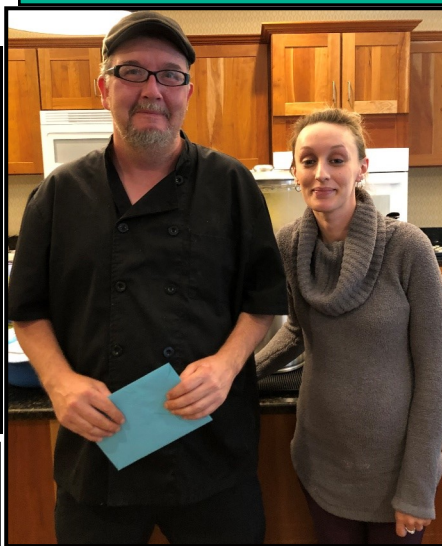
Wellness Corner: Updating Medical Information

It is very important to have an updated list of medications and allergies at all times. Traditional and Reflection residents should update the nurse at the Arbors at Winthrop of all medication changes or medical updates. Residents can have their doctor fax an updated list to 617-207-3010 Attention: Shavon or email smclean-collins@arborsassistedliving.com.

Independent residents should keep an updated medication list on their refrigerator in case of emergencies.

Clothing Sale

The residents at The Arbors at Winthrop had the opportunity to shop in their own home! The Traveling Boutique set up shop in our Activity Room with clothing and accessories for men and women. Everyone had a ball buying pieces for their wardrobe. We look forward to them coming back on December 11. Families and local seniors in the area are invited to come do some holiday shopping.



Employees of the Month

Congratulations to our September and October Employees of the Month: Mike Eldridge and Jorilienne Tilema. Both Mike and Jorilienne are hard workers with great attitudes. We are grateful for all that they do for our residents on a daily basis!

Thank you to Our Veterans

The Arbors Gives Back

This Holiday Season
The Arbors at Winthrop
Residents, Families and Staff
will collect non-perishable canned & dry
goods during November and December

All items to benefit the
Winthrop Veterans
Food Pantry

Collection Baskets are located in the
lobby

In addition to this food drive the Arbors
at Winthrop will provide holiday meals to
Some of our local Winthrop Veterans

