Thursday Sunday Monday Tuesday Wednesday Saturday Friday 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM **HAPPY** Movember 2019 Hawest Blessines 9:30 DYNAMIC DISCUSSIONS- MACY'S 9:45 DAILY CHRONICLE **BIRTHDAY!** HISTORY-MEDIA RM 10:00 MANICURES 11:00 SHABBAT 11:00 CURRENT EVENTS & COFFEE 2:00 SILLY AS A SCARECROW MUSIC 2:00 RING TOSS-ACTIVITY ROOM Beverly C ... 11/12 SOCIAL W/ ANN WATKINSON 3:00 TABLETOP BOWLING-ACTIVITY RM Jenny H ... 11/22 3:00 STAR OF THE MONTH-3:30 PATIO CHAT W/ FRIENDS HEDY LAMARR 6:30 SATURDAY NIGHT MOVIE-NO Gloria S ... 11/29 3:30 CHAT WITH FRIENDS-LIVING RM RESERVATIONS (N) 6:30 BINGO WITH LYNDA **APRIL** 6:30 MOVIE FLICKS-THE BUCKET LIST (N) **APRIL JOY'S MOVIE PICK KATHY'S MOVIE PICK ANN'S MOVIE PICK** DAYLIGHT SAVING TIME ENDS 8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 SIT DOWN & TONE UP 9:45 DAILY CHRONICLE 9:00 FLU SHOTS IN THE PUB! SIGN UP 9:45 DAILY CHRONICLE 9:00 BP CLINIC IN THE PUB 9:45 DAILY CHRONICLE & EXERCISE 9:45 DAILY CHRONICLE 10:15 LIBRARY COMES TO VISIT US 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MORNING STRETCH WITH RECEPTION 9:45 DAILY CHRONICLE 10:00 DYNAMIC DISCUSSIONS- THE 10:00 MANICURES 10:30 ADULT PENCIL ART 10:00 LOCAL ERRANDS 9:45 DAILY CHRONICLE 11:00 ROSARY (SUNROOM) 10:00 THE BEAT GOES ON-DRUMMING REAL STORY OF THANKSGIVING 11:00 CURRENT EVENTS & COFFEE 2:00 MUSIC BINGO!-ACTIVITY ROOM 10:30 WORD FIND: EXPECT A HARVEST 1:30 TRIP TO TARGET 2:00 ROLLING PIN CLUB-CARAMEL 2:00 POKENO-ACTIVITY ROOM 10:30 WACKY WORDIES MEDIA RM 3:00 CORNHOLE-ACTIVITIY ROOM **OF BLESSINGS** 2:00 YOGA WITH MARY 3:00 COCKTAILS & CONVERSATIONS-11:30 LUNCH AT JOHNNY MACARONIS 11:00 SHABBAT STUFFED SNICKERDOODLES 3:30 CHAT W/ FRIENDS BY THE FIRE 3:00 TASTE TESTING IN THE PUB 2:00 SKIP BO!- ACTIVITY RM 3:00 HEALTHY SMOOTHIES & TRIVIA **CRANBERRY MARGARITAS** 2:00 WHEEL OF FORTUNE-ACT ROOM 2:00 I LOVE FALL MOST OF ALL MUSIC 6:30 NIGHT AT THE MOVIES-THE 3:00 BOOK CLUB-SUNROOM 6:30 TRIVIA WITH RECEPTION 6:30 BINGO WITH RECEPTION 3:00 TRIVIA-LIVING ROOM **SOCIAL W/ MIKE HIGGINS** 3:30 PATIO CHAT W/ FRIENDS 3:00 CHAT WITH FRIENDS-LIVING RM 3:30 FRESH FRUIT & LEMONADE-PUB 3:30 CHAT WITH FRIENDS BY THE FIRE 6:30 SATURDAY NIGHT MOVIE-EVAN **BOUNTY HUNTER (N)** 6:30 BINGO WITH RITA 6:30 WINE & CHEESE BINGO 3:30 MONTHLY GAZETTE-LIVING RM ALMIGHTY (N) 6:30 BINGO WITH LYNDA 6:30 MOVIE FLICKS-RUMOR HAS IT (N) Daylight Saving Time Ends **JOY'S MOVIE PICK KATHY'S MOVIE PICK ANN'S MOVIE PICK CRAFT FAIR 10AM-2PM** 12 13 15 14 16 **VETERANS DAY** 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM REMEMBRANCE DAY (CANADA) 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 SIT DOWN & TONE UP 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 9:00 BP CLINIC IN THE PUB 9:45 DAILY CHRONICLE & EXERCISE 9:45 DAILY CHRONICLE 10:00 CATHOLIC SERVICES- REFLECT. 10:00 WORD GAME FUN-ACTIVITY RM 10:00 SHAKE RATTLE & ROLL EXERCISE 10:00 MORNING STRETCH 10:00 THE BEAT GOES ON-DRUMMING 10:00 DYNAMIC DISCUSSIONS- DANNY 10:00 MANICURES 10:30 ADULT PENCIL ART 10:30 WORD FIND: THANK YOU 1:30 CRAFT CORNER-ACTIVITY ROOM 11:00 ROSARY (SUNROOM) 2:00 BALLOON VOLLEYBALL-ACT RM KAY-MEDIA RM 11:00 CURRENT EVENTS & COFFEE 2:00 SCRABBLE-ACTIVITY ROOM 2:00 MUSIC BINGO-ACTIVITY ROOM **VETERANS FOR YOUR SERVICE** 3:30 COFFEE WITH FRIENDS-PUB 11:00 SHABBAT 3:00 CHAT WITH FRIENDS BY THE FIRE 2:00 CORNHOLE-ACTIVITY RM 3:00 CRAZY 8'S-PUB 2:00 A VETERANS DAY DISCUSSION-6:30 TRIVIA WITH RECEPTION 3:00 WHO AM I-LIVING ROOM 3:30 TRIVIA-LIVING ROOM 2:00 GOBBLE TILL YOU WOBBLE 3:00 DOMINOES-ACTIVITY ROOM 3:30 COZY PUB CHAT W/ FRIENDS 6:30 WINE & CHEESE BINGO **BIRTHDAY MUSIC SOCIAL** RECEPTION 3:30 COFFEE WITH FRIENDS-PUB 3:30 PATIO CHAT W/FRIENDS 6:30 NIGHT AT THE MOVIES-THE 3:00 BOOK CLUB-SUNROOM 6:30 BINGO WITH RECEPTION W/ BILL BURKE 6:30 SATURDAY NIGHT MOVIE-TALL GIRL 3:30 SNACKS IN THE PUB PURSUIT OF HAPPINESS (N) 3:00 CHAT WITH FRIENDS-LIVING RM 6:30 BINGO WITH RITA 3:30 WHAT AM I-LIVING ROOM 6:30 BINGO WITH LYNDA Veterans Day (US) **APRIL** 6:30 MOVIE FLICKS-THE PINK PANTHER **APRIL** Remembrance Day (Canada) (N) **JOY'S MOVIE PICK ANN'S MOVIE PICK** 18 19 20 8:30 EXERCISE VIDEO-ACTIVITY RM **22** 17 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY ROOM 8:30 EXERCISE VIDEO-ACTIVITY RM 9:30 DYNAMIC DISCUSSIONS-BOB 8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE HOPE-MEDIA RM 9:45 SIT DOWN & TONE UP 9:00 BLOOD PRESSURE CLINIC-PUB 9:45 DAILY CHRONICLE 10:00 CATHOLIC SERVICES- REFLECT. 10:00 MORNING STRETCH 10:00 WORD GAME FUN-ACTIVITY RM 10:00 SHAKE RATTLE & ROLL EXERCISE 11:00 SHABBAT 10:00 MANICURES 9:45 DAILY CHRONICLE 12:00 MENS LUNCHEON-11:00 ROSARY (SUNROOM) 10:00 THE BEAT GOES ON-DRUMMING 12:00 FINE DINING 11:00 CURRENT EVENTS & COFFEE 10:30 ADULT PENCIL ART 10:00 LOCAL ERRANDS 2:00 HORSE RACING-ACTIVITY RM 10:30 WORD FIND: EVERY 1:30 TRIP TO STOUGHTON LIBRARY 11:00 ENCOMPASS W/ DIABETES 2:00 SHAKE YOUR LEAVES CHABOOM 2:00 RING TOSS-ACTIVITY RM 10:30 WACKY WORDIES 3:00 RUMMIKUB-ACTIVITY RM **ACCOMPLISHMENT STARTS WITH EDUCATION-ACTIVITY ROOM** 11:30 LUNCH AT FIVE GUYS W/ LAURETTA-REFLECTIONS 3:00 DOMINOES-ACTIVITY ROOM 2:00 YOGA WITH MARY 3:00 HEALTHY SMOOTHIES & TRIVIA 2:00 CRAZY 8'S & GO FISH-ACTIVITY RM 3:30 COZY PUB CHAT W/ FRIENDS **TRYING** 2:00 MASS AUDUBON- OWLS & **DINING ROOM** 3:30 PATIO CHAT W/FRIENDS 6:30 SATURDAY NIGHT MOVIE-THE 2:00 VETERAN CELEBRATION WITH MYSTERIOUS NATURE-MEDIA RM 3:00 COCKTAILS & CONVERSATIONS 3:00 CHAT WITH FRIENDS-LIVING RM 6:30 NIGHT AT THE MOVIES-THE 6:30 TRIVIA WITH RECEPTION **JESSE LUKE** SALTED CARAMEL WHITE RUSSIAN 3:30 NAME THAT TUNE-LIVING ROOM MEYEROWITZ STORIES (N) 3:00 FIRESIDE CHAT W/ FRIENDS DUCHESS (N) 3:00 BOOK CLUB-SUNROOM 3:30 4H BARN BUMS-ACTIVITY ROOM 6:30 WINE & CHEESE BINGO 6:30 BINGO WITH LYNDA 6:30 SATURDAY NIGHT MOVIE 3:30 FRESH FRUIT & LEMONADE-PUB 6:30 MOVIE FLICKS-FALLIN INN LOVE (N) **APRIL APRIL** MICHELLE'S FASHION IN THE 26 **JOY'S MOVIE PICK KATHY'S MOVIE PICK ANN'S MOVIE PICK** 27 25 28 30 29 LIVING ROOM 11AM-2PM THANKSGIVING DAY 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 SIT DOWN & TONE UP 9:45 DAILY CHRONICLE 8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 3:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE & EXERCISE 9:45 DAILY CHRONICLE 10:00 CATHOLIC SERVICES-REFLECT. 9:45 DAILY CHRONICLE 10:00 SHAKE RATTLE & ROLL EXERCISE 9:00 MACYS DAY PARADE IN THE PUB 10:00 MORNING STRETCH 10:00 DYNAMIC DISCUSSIONS-AUDREY 10:00 MANICURES 10:00 WORD GAME FUN-ACTIVITY RM 10:30 ADULT PENCIL ART 10:00 LOCAL ERRANDS 11:00 ROSARY (SUNROOM) :30 MOVIE MATINEE: MIRACLE ON 34TH HEPBURN-MEDIA RM 11:00 CURRENT EVENTS & COFFEE 10:30 WORD FIND: THANKFUL PEOPLE 2:00 MUSIC BINGO-ACTIVITY ROOM 2:00 WELCOME HOME NEW RESIDENTS 2:00 SKIP BO!-ACTIVITY ROOM STREET-MEDIA ROOM 11:00 SHABBAT 2:00 SCRABBLE-ACTIVITY RM 3:00 BALLOON VOLLEYBALL-ACT RM ARE HAPPY PEOPLE 3:00 DOMINOES-PUB **TEA PARTY** 3:30 CHAT WITH FRIENDS BY THE FIRE 2:00 PICK OF THE PATCH MUSIC SOCIAL 3:30 PATIO CHAT W/FRIENDS 3:30 COZY PUB CHAT W/ FRIENDS 2:00 RESIDENT COUNCIL-ACTIVITY RM 6:30 TRIVIA WITH RECEPTION 3:00 GETTING TO KNOW YOU 6:30 WINE & CHEESE BINGO W/ FRANK NOONAN 6:30 SATURDAY NIGHT MOVIE-6:30 NIGHT AT THE MOVIES-PHANTOM 3:00 BOOK CLUB-SUNROOM 6:30 BINGO WITH RECEPTION 3:00 MILITARY TRIVIA-LIVING ROOM GOODNIGHT, AND GOOD LUCK (N) 3:30 FRESH FRUIT & LEMONADE-PUB 3:30 CHAT WITH FRIENDS-LIVING RM OF THE OPERA (N) 6:30 BINGO WITH RITA 6:30 BINGO WITH LYNDA 6:30 MOVIE FLICKS-THE THEORY OF EVERYTHING (N) Thanksgiving Day (US) TRADITIONAL ACTIVITIES-ACTIVITIES ARE SUBJECT TO CHANGE THE ARBORS AT STOUGHTON 2121 CENTRAL STREET STOUGHTON MA 02072 781-344-0310