

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# November 2019



## Kindness Matters at the Arbors at Amherst Traditional

<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 SCRABBLE SLAM 2:00 HANGMAN 3:00 UNO IN THE PUB 6:30 MOVIE</p> <p style="text-align: right;"><b>3</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 CHAIR CHI</b> 10:15 QUIDDLER <b>2:00 MUSIC W/ "ROCKIN ROBIN"</b> 3:00 YAHTZEE CHALLENGE <b>6:00 FUN &amp; GAMES WITH UMASS TRACK TEAM</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>4</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 MUSIC THERAPY W/ RUSTY</b> <b>11:00 CHAIR CHI</b> <b>2:00 UNO WITH FRIENDS</b> 2:00 KINGS IN THE CORNER <b>2:30 SHOPPING</b> 3:00 TABLE GAMES IN THE PUB <b>6:30 DISCUSSION WITH MRS. A.</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>5</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 GIVE ME 30 <b>2:00 PIANO WITH GABRIEL</b> 3:00 TEXT TWIST 6:30 MOVIE</p> <p style="text-align: right;"><b>6</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:15 WORLD AFFAIRS</b> <b>10:30 MASS WITH FR. PETER</b> <b>2:00 MUSIC W/ NICK KACHULIS</b> 3:00 A TO Z 3:00 PENCIL ART &amp; CHAT 3:00 KINGS IN THE CORNER 6:30 MOVIE</p> <p style="text-align: right;"><b>7</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 LAUGHTER &amp; SONG W/ BILL</b> <b>11:00 CHAIR CHI</b> <b>2:00 MOVIE MATINEE</b> <b>2:00 READING ALOUD</b> 3:00 TABLE GAMES IN THE PUB <b>3:30 VISIT WITH NIKO</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>1</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 CHAIR CHI</b> 10:15 TRIVIA IN THE LIBRARY <b>1:00 - 3:00 FUN &amp; GAMES WITH AMHERST COLLEGE ROTACT CLUB</b> <b>2:00 MOVIE MATINEE</b> <b>3:00 MUSIC WITH JOHN HSU</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>2</b></p>
<p>Daylight Saving Time Ends</p>						
<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 Pictionary <b>2:00 PIANO WITH GABRIEL</b> 3:00 TEXT TWIST 6:30 MOVIE</p> <p style="text-align: right;"><b>10</b></p>	<p><b>8:00 VETERANS BREAKFAST</b> 9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 CHAIR CHI</b> 10:15 QUIDDLER <b>2:00 HONORING OUR VETERANS</b> <b>2:00 BOOK CLUB MEETING</b> 3:00 YAHTZEE CHALLENGE <b>6:00 FUN &amp; GAMES W/ UMASS VOL.</b> <b>6:00 STORY &amp; THE BOYS</b> 6:30 MOVIE <small>Veterans Day (US) Remembrance Day (Canada)</small></p> <p style="text-align: right;"><b>11</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 MUSIC THERAPY W/ RUSTY</b> 10:15 SCATTAGORIES <b>12:00 VISIT WITH FORT RIVER KIDS</b> <b>2:00 CHAIR CHI</b> <b>2:00 UNO WITH FRIENDS</b> 2:00 KINGS IN THE CORNER <b>2:30 SHOPPING</b> 3:00 TABLE GAMES IN THE PUB <b>6:30 DISCUSSION WITH MRS. A.</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>12</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 GIVE ME 30 <b>1:45 PIANO WITH ADAM</b> 3:00 TEXT TWIST 6:30 MOVIE</p> <p style="text-align: right;"><b>13</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:15 WORLD AFFAIRS</b> <b>10:30 VISIT WITH GUS</b> 2:00 A TO Z 3:00 PENCIL ART &amp; CHAT 3:00 KINGS IN THE CORNER 6:30 MOVIE</p> <p style="text-align: right;"><b>14</b></p> <p>HAPPY BIRTHDAY RAY M.</p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 LAUGHTER &amp; SONG W/ BILL</b> <b>11:00 CHAIR CHI</b> <b>2:00 MOVIE MATINEE</b> <b>2:00 READING ALOUD</b> 3:00 TABLE GAMES IN THE PUB <b>3:30 VISIT WITH NIKO</b> <b>6:30 PIANO WITH JAY</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>15</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 CHAIR CHI</b> 10:15 TRIVIA IN THE LIBRARY 2:00 TEXT TWIST <b>2:00 MOVIE MATINEE</b> <b>3:00 MUSIC WITH JOHN HSU</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>16</b></p> <p>HAPPY BIRTHDAY NAN B.</p>
<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 SCRABBLE SLAM <b>1:00 TO 3:00 FUN &amp; GAMES WITH UMASS ROTARACT CLUB</b> 3:00 HANGMAN 6:30 MOVIE</p> <p style="text-align: right;"><b>17</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 CHAIR CHI</b> 10:15 QUIDDLER <b>2:00 THE BEAT GOES ON- DRUMMING WITH TARA</b> 3:00 YAHTZEE CHALLENGE <b>6:00 FUN &amp; GAMES WITH UMASS TRACK TEAM</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>18</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 MUSIC THERAPY W/ RUSTY</b> <b>11:00 CHAIR CHI</b> <b>2:00 UNO WITH FRIENDS</b> 2:00 KINGS IN THE CORNER <b>2:30 SHOPPING</b> 3:00 TABLE GAMES IN THE PUB <b>6:30 DISCUSSION WITH MRS. A.</b> 6:30 MOVIE HAPPY BIRTHDAY DIANE R. HAPPY BIRTHDAY MARY M.</p> <p style="text-align: right;"><b>19</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 GIVE ME 30 <b>2:00 PIANO WITH GABRIEL</b> 3:00 TEXT TWIST 6:30 MOVIE</p> <p style="text-align: right;"><b>20</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:15 WORLD AFFAIRS</b> <b>10:30 MUSIC WITH BHMA</b> 2:00 A TO Z 3:00 PENCIL ART &amp; CHAT 3:00 KINGS IN THE CORNER 6:30 MOVIE</p> <p style="text-align: right;"><b>21</b></p> <p>HAPPY BIRTHDAY LAURA F.</p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 BRAIN GAME <b>11:00 CHAIR CHI</b> <b>2:00 MUSIC W/ DAVE BARTLEY</b> <b>2:00 MOVIE MATINEE</b> 3:00 TABLE GAMES IN THE PUB 6:30 MOVIE</p> <p style="text-align: right;"><b>22</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 CHAIR CHI</b> 10:15 TABLE GAMES IN THE PUB <b>2:00 BINGO IN THE PUB</b> <b>2:00 MOVIE MATINEE</b> 3:00 WHITEBOARD BOGGLE 6:30 MOVIE</p> <p style="text-align: right;"><b>23</b></p>
<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 Pictionary <b>2:00 PIANO WITH GABRIEL</b> 3:00 TEXT TWIST 6:30 MOVIE</p> <p style="text-align: right;"><b>24</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 CHAIR CHI</b> 10:15 QUIDDLER <b>2:00 IN A WORD - "MAKE NEW FRIENDS WHEREVER YOU GO"</b> 3:00 YAHTZEE CHALLENGE <b>6:00 FUN &amp; GAMES WITH UMASS TRACK TEAM</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>25</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 SCATTAGORIES <b>2:00 CHAIR CHI</b> <b>2:00 UNO WITH FRIENDS</b> 2:00 KINGS IN THE CORNER <b>2:30 SHOPPING</b> 3:00 TABLE GAMES IN THE PUB <b>6:30 DISCUSSION WITH MRS. A.</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>26</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS 10:15 GIVE ME 30 <b>2:00 MUSIC W/ NICK KACHULIS</b> 3:00 TEXT TWIST 6:30 MOVIE</p> <p style="text-align: right;"><b>27</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:15 WORLD AFFAIRS</b> <b>12:00 THANKSGIVING MEAL</b> 2:00 KINGS IN THE CORNER 2:00 SCRABBLE 3:00 PENCIL ART &amp; CHAT 6:30 MOVIE</p> <p style="text-align: right;"><b>28</b></p> <p>Thanksgiving Day (US)</p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 LAUGHTER &amp; SONG W/ BILL</b> <b>11:00 CHAIR CHI</b> <b>2:00 MOVIE MATINEE</b> <b>2:00 READING ALOUD</b> 3:00 TABLE GAMES IN THE PUB <b>3:30 VISIT WITH NIKO</b> 6:30 MOVIE</p> <p style="text-align: right;"><b>29</b></p>	<p>9:30 MINDFUL MOVEMENT 10:00 CARDS <b>10:00 CHAIR CHI</b> 10:15 TRIVIA IN THE LIBRARY 2:00 TEXT TWIST <b>2:00 MOVIE MATINEE</b> <b>2:00 BINGO IN THE PUB</b> 3:00 WHITEBOARD BOGGLE 6:30 MOVIE</p> <p style="text-align: right;"><b>30</b></p>