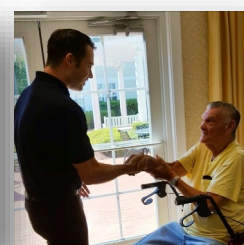
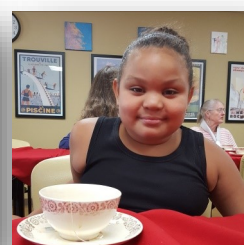
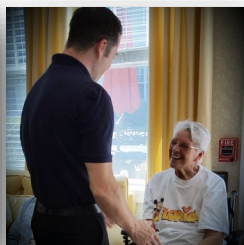


DOOR DOOR

The Arbors at Greenfield



In August the Greenfield community continued to enjoy the outdoors with weekly Friday BBQ's, and picnics. The warm days gave many people the opportunity to sit in the courtyard with friends or on the benches in front. We had several socials where we enjoyed ice cream, including our "Klondike Scavenger Hunt" where we counted our gold and enjoyed Klondike bars.

Residents were treated to an Old Fashioned Tea Party (*with a special young guest*), and a delicious breakfast cooked by our Activity Director, Mary. Residents also enjoyed National Relaxation Day, with Aromatherapy and Meditation, along with hand massages from Mary and our Reflections Director, Chris. Root beer floats continue to draw a nice crowd as does our weekly entertainment.

In August we were excited to welcome Chris Ekblom-Monadnock Storyteller, to the Arbors. Everyone loved his unique and folksy music and tales of his youth spent in the hills of Pennsylvania on his grandparents farm.

September promises to be a busy month with a Grandparents Day Caribbean Cookout complete with a Steel Drum Ensemble on September 8th. This will be our Kick-Off Event for National Assisted Living Week. Watch for fun events, such as a Paint & Sip Evening, Family Craft Tables and entertainment each day!



Resident Spotlight Joan Boyce



Joan was born in Norwich, NY-The oldest of 3 children. She attended Norwich High School and graduated in 1956. After High School, Joan decided upon a Culinary Arts degree and attended Morrisville College, graduating in 1959. After college, Joan married her high school sweetheart and went to work at her former high school as a Kitchen Manager. Eventually Joan had 3 children, Terry, Jimmy and Susan, who gave her 3 wonderful grandchildren. When asked about her favorite vacation memory, Joan smiled and said "it's hard to choose just one!" She traveled throughout her life seeing most of the 50 states, many historical and important landmarks and all of the great lakes. Later, she took cruises and traveled internationally. If she had to pick just one Joan would choose Italy as her favorite destination. The food, culture and her great friends made it a trip to remember. It's no surprise then, to learn her favorite food is Spaghetti & Meatballs!

Favorite thing about living at the Arbors: *Not having to do housework or cook anymore!*

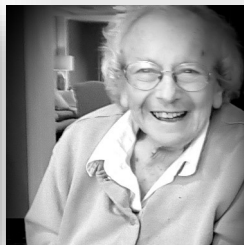
Favorite Flower: *Eideweiss*

Surprising Talent: *Cake Decorating!*

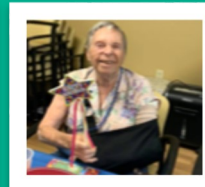
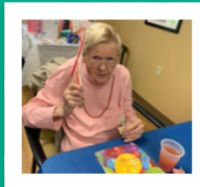
DOOR DOOR

The Arbors at Greenfield

September/ 2019

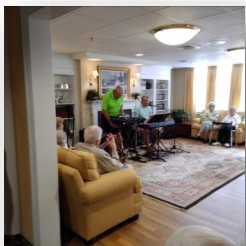


We had quite a few August Birthday's this month, and celebrated them at our annual monthly birthday party! We enjoyed cake & ice cream along with games and fun door prizes!

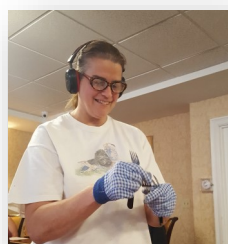
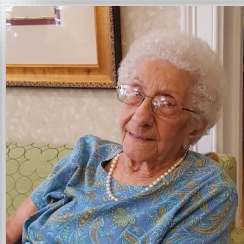


In August, all Arbors of Greenfield staff participated in Geriatric Sensitivity Training. For this, they donned heavy gardening gloves, noise cancelling headphones and glasses smeared with Vaseline. They then attempted to perform simple tasks with limited sight, hearing and dexterity. This exercise demonstrated the difficulties our aging population can face on a daily basis and the continued need for patience and understanding while assisting our elders in their activities of daily living.

At the Arbors we are committed to providing continuous education of staff, in order to provide the highest quality of care.

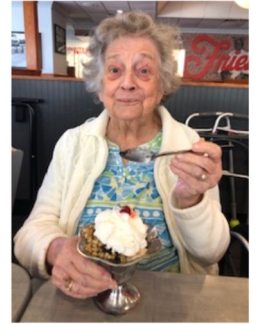
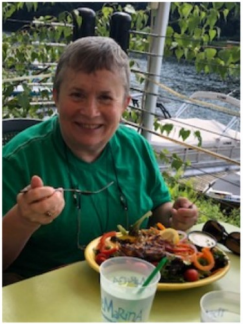


Pictured below is our Office Manager, Michele DeTour, demonstrating the Geriatric Sensitivity Training exercise.



The Arbors at Greenfield

Reflections Community



Reflections residents enjoyed venturing out of the building with traditional residents this month, for outings like our luncheon at ***the Marina restaurant*** in VT, and our picnic outing in Northfield by the water. We enjoyed several bus rides around town, and especially the ones that ended with ice cream! Residents really loved trying out Activity Director Mary's homemade spumoni, as well as the Klondike social, white out party, and our galactic tea party. Along with all of our fun and creative socials, residents also enjoyed relaxing hand massages and calming music in our meditative set up, in the activity room on "national relaxation day". We are looking forward to September!



Our hardworking housekeepers took a break to have some fun with residents in a game of noodle hockey!



This month for our ***traveling tea party***, we learned all about Africa, Thailand and Elephants!

DOOR DOOR

COMING UP IN SEPTEMBER

Don't forget to RSVP for our upcoming annual Family BBQ on September 8th!

Our BBQ kicks off a fun filled week with unique entertainment, wildlife encounters, paint projects, and more, to celebrate *National assisted living week*.

We also have an upcoming apple picking outing on Friday 9/20.

Be sure to check your calendars and the daily sheets so that you don't miss out on these awesome programs!

Happy Birthday

Beverly M. 9/1	Maureen S. 9/18
Helen W. 9/1	Claire C. 9/23
Sylvia M. 9/9	Irene G. 9/23
Nancy L. 9/11	Betty G. 9/23
Stella B. 9/16	

MEET & GREET

Partners Pharmacy

Please join us in the pub on

September 9th 10am-2pm OR 6pm-7pm

To meet the new pharmacy company working with the Arbors.

Welcome Home!

Catherine O.

Lois B.

Betty Anne B.

FLU CLINIC

The flu clinic will be held on September 24th from 10am-2pm. To sign up and for more information, please call/contact reception.