

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
 10:00 SIT & STRETCH W/ KYLE
 10:00 MASS ON TV IN THE PUB
 10:30 WHITEBOARD FUN
 MIXED UP LABOR DAY
 11:00 TRIVIA CHALLENGE
 SEPTEMBER IQ
 2:00 BLACKJACK
 2:30 WALKING GROUP
 3:30 MOVIE IN 2ND FLOOR
 THEATER
 6:30 LOBBY LOUNGING &
 DISCUSSIONS

2
 10:00 MORNING EXERCISE W/
 KAYLA
 10:30 WORD MINING
 LABOR DAY PICNIC
 11:00 CRAZY EIGHTS
 2:00 BINGO!
 3:00 WHAT'S MY JOB?
 3:00 AFTERNOON MOVIE
 4:00 LABOR DAY JUMBLE
 6:30 TRIVIA W/ NANCY
Labor Day

3
 HAPPY BIRTHAY, UNCLE SAM
 9:30 GROCERY SHOPPING
 10:00 WAKEUP ROUTINE W/ GINA
 10:30 SCRABBLE CLUB W/
 ANNE
 11:00 GOVERNMENT QUIZ
 1:30 ROSARY W/ ERIN
 2:00 VIRTUAL TOUR- THE WHITE HOUSE
 3:00 MAKE YOUR OWN UNCLE SAM
 ICE CREAM CONES
 3:00 AFTERNOON MOVIE
 4:00 FAMOUS BEARDED MEN
 MATCHING PUZZLE
 6:30 MOVIE IN THE ACTIVITY ROOM

4
 10:00 MORNING STRETCH VIDEO
 10:30 THE PRICE IS RIGHT WORD
 MINING
 11:00 REVERE BEACH RIDE
 AND LUNCH AT THE MARINA
 2:00 POKER GAME 2ND FLOOR
 2:00 BINGO!
 3:00 MANICURES & HAND
 MASSAGES
 3:00 AFTERNOON MOVIE
 4:00 CALENDAR BUILDING W/ GINA
 6:30 LOBBY LOUNGING &
 DISCUSSIONS

5
 FOOTBALL KICKOFF DAY
 WEAR YOUR TEAM GEAR!
 10:00 STRETCH W/ GINA
 10:30 CASINO GAMES IN THE
 ACTIVITY ROOM
 11:00 SCRABBLE
 12:15 MEN'S LUNCHEON
 2:00 ORIGAMI 101 W/ GINA
 PAPER FOOTBALLS
 3:00 NFL KICKOFF PARTY-SIGN UP
 FOR THE ARBORS FOOTBALL POOL!
 3:00 AFTERNOON MOVIE
 4:00 FOOTBALL FEVER PUZZLE
 6:30 WINE & CHEESE SOCIAL
 6:30 BINGO W/ SOPHIA

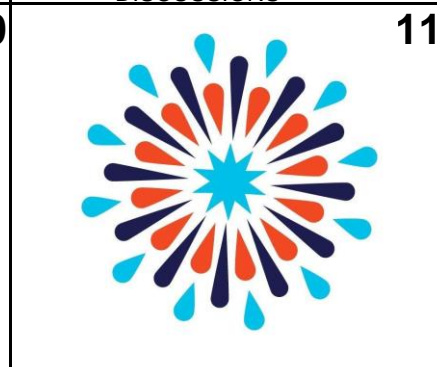
6
 10:00 WAKEUP ROUTINE W/ GINA
 10:30 MIXED UP PROFESSIONS
 11:00 JUMBO CROSSWORD
 2:00 BACK TO SCHOOL MUSIC
 SOCIAL W/ TONY B
 3:00 BACK TO SCHOOL
 HAPPY HOUR
 3:30 AFTERNOON EXERCISE
 VIDEO
 6:30 LOBBY LOUNGING &
 DISCUSSIONS

7
 10:00 SIT & STRETCH W/ KYLE
 10:30 WORD IN A WORD
 11:00 YOU BE THE JUDGE
 1:30 KINGS IN THE CORNER
 2:00 WHITEBOARD FUN
 LABOR CATEGORIES
 3:00 WATERMELON & WORD GAMES
 3:30 AFTERNOON EXERCISE
 6:30 MOVIE IN THE ACTIVITY
 ROOM

8
 GRANDPARENTS' DAY
 9:00 GRANDPARENTS DAY OPEN
 HOUSE W/ LIGHT REFRESHMENTS
 10:00 SIT & STRETCH W/ KYLE
 10:00 MASS ON TV IN THE PUB
 10:30 WHITEBOARD FUN
 MIXED UP GRANDPARENTS DAY
 11:00 BLACKJACK
 2:00 BINGO!
 2:30 WALKING GROUP
 3:30 MOVIE IN 2ND FLOOR
 THEATER
 6:30 LOBBY LOUNGING &
 DISCUSSIONS
Grandparents' Day

9
*National
 Assisted Living
 Week
 September 9-
 13th*

10
*This year's
 theme:
 "A Spark of
 Creativity"*



12
*See attached
 schedule of
 events!*

13
*Looking
 forward to a
 week of fun
 filled
 activities!*

14
 10:00 SIT & STRETCH W/ KYLE
 10:30 WHITEBOARD FUN
 WORD UNSCRAMBLE
 11:00 WORD IN A WORD
 1:30 BANANAGRAMS
 2:00 LEFT, RIGHT, CENTER
 3:00 SUNSHINE CLUB
 OUTDOORS
 SNACKS & REFRESHMENTS
 3:30 AFTERNOON EXERCISE
 6:30 MOVIE IN THE ACTIVITY
 ROOM

15
 MAKE A HAT DAY
 10:00 SIT & STRETCH W/ KYLE
 10:00 MASS ON TV IN THE PUB
 10:30 MAKE YOUR OWN
 PAPER HAT
 11:00 YOU BE THE JUDGE
 2:00 BLACKJACK
 2:30 WALKING GROUP
 3:30 MOVIE IN 2ND FLOOR
 THEATER
 6:30 LOBBY LOUNGING &
 DISCUSSIONS

16
 9:30 GROCERY SHOPPING
 10:00 MORNING EXERCISE W/
 KAYLA
 10:30 WORD MINING
 GOLDEN RETRIEVER
 11:00 CRAZY EIGHTS
 2:00 PET THERAPY W/ JOYCE
 3:00 ROOT BEER FLOAT SOCIAL
 3:00 AFTERNOON MOVIE
 4:00 SEPTEMBER IQ
 6:30 TRIVIA W/ NANCY

17
 10:00 WAKEUP ROUTINE
 W/ REFLECTIONS
 10:30 SCRABBLE CLUB W/
 ANNE
 11:00 ASSORTED CARD GAMES
 2:00 COMMUNION W/ PATRICE
 2:45 ARMCHAIR TRAVEL
 ARGENTINA
 3:30 COUNTRY TASTINGS
 EMPANADAS
 4:00 GOOD HARVEST
 MATCHING PUZZLE
 6:30 MOVIE IN THE ACTIVITY ROOM

18
 10:00 MORNING STRETCH
 10:30 SEPTEMBER TRIVIA
 CHALLENGE
 11:00 WORD IN A WORD
 GOING BACK TO SCHOOL
 11:30 LUNCH @ THE 99
 2:00 POKER GAME 2ND FLOOR
 2:00 BINGO!
 3:00 JEWELRY MAKING
 3:00 AFTERNOON MOVIE
 4:00 SEW SOMETHING UP WORD FIT
 6:30 LOBBY LOUNGING &
 DISCUSSIONS

19
 10:00 SIT & STRETCH
 10:30 CASINO GAMES IN THE
 ACTIVITY ROOM
 11:00 LEFT, RIGHT, CENTER
 11:00 BOCCE W/ TONY
 2:00 LET'S PLAY JEOPARDY!
 3:00 MINI CORNHOLE
 3:30 AFTERNOON EXERCISE
 4:00 FILL IN THE BLANK PUZZLE
 6:30 WINE & CHEESE SOCIAL
 6:30 BINGO W/ SOPHIA

20
 10:00 WAKEUP ROUTINE
 10:30 JUMBO CROSSWORD
 11:00 SCRABBLE CLUB
 2:00 HOPPIN' AND BOPPIN' MUSIC
 W/ SETH C
 3:00 HOPPIN' AND BOPPIN'
 HAPPY HOUR
 3:30 AFTERNOON EXERCISE
 VIDEO
 6:30 LOBBY LOUNGING &
 DISCUSSIONS

21
 10:00 SIT & STRETCH W/ KYLE
 10:30 WORD MINING
 GERMAN HERITAGE
 11:00 GERMAN TRIVIA
 1:30 KINGS IN THE CORNER
 2:00 BINGO
 3:00 SUNSHINE CLUB
 OUTDOORS
 SNACKS & REFRESHMENTS
 3:30 AFTERNOON EXERCISE
 6:30 MOVIE IN THE ACTIVITY
 ROOM
Oktoberfest Begins

22
 10:00 SIT & STRETCH W/ KYLE
 10:00 MASS ON TV IN THE PUB
 10:30 WHITEBOARD FUN
 TELEVISIONS WORD SEARCH
 11:00 THE EMMYS: STAR
 STUDDED FACTS
 2:00 BLACKJACK
 2:30 WALKING GROUP
 3:30 MOVIE IN 2ND FLOOR
 THEATER
 8:00 EMMY AWARDS SHOW
 IN THE PUB

23
 9:30 GROCERY SHOPPING
 10:00 MORNING EXERCISE W/
 KAYLA
 10:30 WORD MINING
 THE FIRST DAY OF AUTUMN
 11:00 CRAZY EIGHTS
 2:00 BINGO!
 3:00 ORIGAMI 101 W/ GINA
 AUTUMN TREES
 3:00 AFTERNOON MOVIE
 4:00 AUTUMN DOUBLE
 6:30 TRIVIA W/ NANCY
Nancy's

24
 10:00 WAKEUP ROUTINE W/
 GINA
 10:30 SCRABBLE CLUB W/
 ANNE
 11:00 ASSORTED CARD GAMES
 1:30 ROSARY W/ ERIN
 2:00 RESIDENT COUNCIL
 3:00 POPCORN TASTE TESTING
 3:00 AFTERNOON MOVIE
 4:00 CONCENTRATION PUZZLES
 6:30 MOVIE IN THE ACTIVITY
 ROOM

25
 10:00 MORNING STRETCH VIDEO
 10:30 TICKLING THE IVORIES TRIVIA
 11:00 RIDDLE JUMBLE
 11:30 LUNCH AT RED HEAT TAVERN
 W/ DRACUT ARBORS
 2:00 POKER GAME 2ND FLOOR
 2:00 POKENO
 3:00 MAKE YOUR OWN
 CANDY APPLE SLICES
 3:00 AFTERNOON MOVIE
 4:00 PLAYING PIANO CROSSWORD
 6:30 LOBBY LOUNGING &
 DISCUSSIONS

26
 FINE DINING
 10:00 STRETCH W/ GINA
 10:30 CASINO GAMES IN THE PUB
 11:00 SCRABBLE
 11:00 BOCCE W/ TONY
 2:00 BINGO!
 3:00 ICE CREAM SODA SOCIAL
 AND MINI CORNHOLE
 3:30 AFTERNOON EXERCISE
 4:00 GOOD HARVEST MATCHING
 6:30 WINE & CHEESE SOCIAL
 6:30 BINGO W/ SOPHIA

27
 SCARF DAY
 10:00 WAKEUP ROUTINE W/ GINA
 10:30 FUN WITH SCARVES
 BRACELET MAKING & HAIR WRAPS
 11:00 THE FASHION HISTORY
 OF SCARVES
 2:00 BIRTHDAY BASH MUSIC
 SOCIAL W/ ERIC B
 3:00 BIRTHDAY BASH IN THE PUB
 3:30 AFTERNOON EXERCISE
 VIDEO
 6:30 LOBBY LOUNGING &
 DISCUSSIONS

28
 10:00 SIT & STRETCH W/ KYLE
 10:30 AUTUMN LEAVES
 SCAVENGER HUNT
 11:00 MINI CORNHOLE
 TOURNAMENT
 1:30 BANAGRAMS
 2:00 LEFT, RIGHT, CENTER
 3:00 SUNSHINE CLUB
 OUTDOORS
 SNACKS & REFRESHMENTS
 3:30 AFTERNOON EXERCISE
 6:30 MOVIE IN THE ACTIVITY
 ROOM

29
 ROSH HASHANAH BEGINS AT
 SUNDOWN
 10:00 SIT & STRETCH W/ KYLE
 10:00 MASS ON TV IN THE PUB
 10:30 WHITEBOARD FUN
 MIXED UP ROSH HASHANAH
 11:00 ABOUT ROSH HASHANAH:
 CELEBRATING A NEW YEAR
 2:00 BLACKJACK
 2:30 WALKING GROUP
 3:30 MOVIE IN 2ND FLOOR
 THEATER
 6:30 LOBBY LOUNGING &
 DISCUSSIONS

30
 9:30 GROCERY SHOPPING
 10:00 MORNING EXERCISE W/
 KAYLA
 10:30 WORD MINING
 HAPPY JEWISH NEW YEAR
 11:00 CRAZY EIGHTS
 2:00 BINGO!
 3:00 WELCOME HOME NEW
 RESIDENT AUTUMN SOCIAL
 3:00 AFTERNOON MOVIE
 4:00 ROSH HASHANAH WORD FIT
 6:30 TRIVIA W/ NANCY
Rosh Hashanah (first Day)

September 2019

Happy Birthday!
September Babies

Rose D. 9/4
 Alice S. 9/8
 Jeffrey B. 9/8
 Nancy T. 9/20
 Anna D. 9/23
 Donald R. 9/30