Sunday	Monday	9:30 Total Body Workout	Wednesday 9:30 Cardio Craze 2	9:30 Tai Chi for Balance	Friday     9:30 Fun w/ Fitness	9:30 Morning Exercise 5
October Traditional Activ	r 2019	<ul> <li>10:15 October I.Q.</li> <li>11:00 Word in a Word</li> <li>2:00 Ted Talk: "Implications of Computers That Can Learn"</li> <li>3:00 Coffee &amp; Conversation</li> <li>3:00 Men's Club</li> <li>6:30 Independent Card Games</li> </ul>	10:15 Catholic Mass w/ Father Chris 11:00 Bananagrams 1:15 Shopping: Walmart 2:00 Bingo	<ul> <li>10:15 Craft Corner: Brushless Autumn Scene in Reflections</li> <li>11:00 Brain Games</li> <li>1:00-3:30 Traveling Boutique</li> <li>3:00 Happy Hour</li> <li>4:00 Up Words in the Library</li> </ul>	<ul> <li>10:15 Modern Jeopardy Trivia</li> <li>11:00 Color Your World</li> <li>11:15 Lunch Outing: Kowloons</li> <li>2:00 Music by Jack Glennon</li> <li>3:00 Cookies &amp; a Chat</li> <li>3:30 Skipbo</li> </ul>	10:30 Manicures & Hand Massages 11:00 Jenga 2:00 Pokeno 3:00 Pub Social 3:30 Scrabble in the Library 6:30 Saturday Night Movie
10:00 Catholic Mass On T.V.10:111:00 Bible Trivia11:02:00 Bingo3:00 Pub Social w/ the Girls3:30 Rummikubin the Library6:30 Independent Card Games3:30	<ul> <li>15 Giant Crossword Puzzle</li> <li>00 Star of the Month: Carrie Fisher</li> <li>0 Cooking Demonstration w/ Mike</li> <li>0 Apple Cider Social</li> <li>0 Up Words</li> </ul>	<ul> <li>10:30 Baking Club: Candy Corn Cookies</li> <li>11:00 Table Topics</li> <li>2:00 Travel Club: Travel Channel's America's Scariest Halloween Attractions</li> <li>3:00 Candy Corn Cookies Social</li> </ul>	11:00 Jenga 1:15 Shopping Outing: Target/ Stop & Shop 1:30 Pet Visit w/ Joyce 2:00 Pokeno 3:00 Chit Chat Social	<ul> <li>10:15 Craft Corner: Spider Web Door Décor'</li> <li>11:00 Word Mining: "Spider Web"</li> <li>12:45 Bingo at Senior Center</li> <li>2:00 Jeopardy Trivia</li> <li>3:00 Autumn Happy Hour</li> </ul>	<ul> <li>9:30 Fun w/ Fitness <b>11</b></li> <li>10:15 It's A Small World Trivia</li> <li>11:00 Picture This</li> <li><b>11:15 Lunch at Borders</b></li> <li><b>2:00 Music by Mark West</b></li> <li><b>3:00 Birthday Bash for</b></li> <li><b>October Babies</b></li> <li>3:30 Scrabble in the Library</li> <li>6:30 Independent Card Games</li> </ul>	9:30 Morning Exercise <b>12</b> 10:30 Manicures & <b>12</b> Hand Massages 11:00 Skipbo 2:00 Bingo 3:00 Pub Social 3:30 Card Games in the Library 6:30 Saturday Night Movie
10:00 Catholic Mass On T.V.10:1 <b>11:00 Spirituality Group</b> 11:02:00 Pokeno2:003:00 Pub Social2:00w/ the Girls3:00	<ul> <li>15 Columbus Day Trivia</li> <li>00 Ship in the Bottle Discussion</li> <li>0 I Love America Bingo</li> <li>0 Coffee &amp; Mingle in the Pub</li> <li>5 Independent Card Games</li> </ul>	Paint Spooky Ornaments 2:00 Travel Video: "Ghost Towns: Stories of the Great American Gold Rush" 3:00 Coffee & Conversation 6:30 Independent Card Games	9:30 Cardio Craze 16 10:15 Communion w/ Sister Jane 11:00 Kings in the Korner 2:00 Bingo 3:00 Chit Chat Social in the Pub 3:00 Massages by Kathleen 6:30 Wednesday Night Movie	10:15 Craft Corner: Ghost Lollipops for Trick or Treaters 11:00 Word Mining: "Autumn & Halloween Fun" 2:00 Sing-a-long w/ Mel Stiller 3:00 Pumpkin Spice Happy Hour	9:30 Chaboom Exercise 18 10:30 You Be the Judge 11:00 Color Your World 12:00 Lunch Outing: Tokyo Steakhouse 2:00 More Jeopardy Trivia 3:00 Cookies & a Chat 3:30 Skipbo in the Library 6:30 Independent Card Games	9:30 Morning Exercise <b>19</b> 10:30 Manicures & Hand Massages 11:00 Sports Trivia 2:00 Pokeno 3:30 Up Words in the Library 6:30 Saturday Night at the Movies & Popcorn
10:00 Catholic Mass On T.V.10:111:00 Brain Drain TriviaHa2:00 Bingo11:03:00 Pub Social2:00w/ the Girls3:003:30 Rummikub in the Library3:306:30 Independent Card Games3:30	15 Craft Corner: Illoween Cards w/ Paula 00 Apples to Apples 0 Family Feud 0 Sweet Pumpkin Shake Social 0 Up Words in the Library	<ul> <li>10:15 Craft Corner: Decorate Pumpkins</li> <li>11:00 Word Mining: "Falling Autumn Leaves"</li> <li>2:00 Ted Talk: "Why Are We Happy?</li> <li>3:00 Coffee &amp; Conversation</li> </ul>		<ul> <li>10:15 Craft Corner: Roaming Eye Necklace</li> <li>11:00 Autumn Word Search</li> <li>12:00 Fine Dining</li> <li>2:00 Music by Joe Barilone</li> <li>4:00 Dinner – One Seating</li> <li>5:00- 6:00 Trick or Treating</li> </ul>	9:30 Fun w/ Fitness2510:30 Fall Foliage Ride &Lunch at Pizzeria Uno's11:00 Picture This2:00 Pet VisitFrom Just Like Home3:00 Cookies & a Chat3:30 Scrabble in the Library6:30 Independent Card Games	9:30 Morning Exercise <b>26</b> 10:30 Manicures & <b>26</b> Hand Massages 11:00 Kings in the Korner 2:00 Bingo 3:00 Pub Social 3:30 Card Games in the Library 6:30 Saturday Night Movie
10:00 Catholic Mass On T.V.10:111:00 Finish the Phrase10:22:00 Pokeno11:13:00 Pub Social2:00w/ the Girls3:003:30 Skipbo in the Library8:306:30 Independent Card Games3:30	<ul> <li>15 Random Trivia</li> <li>45 Fall Poetry Club</li> <li>5 Resident Council Meeting</li> <li>0 Price is Right</li> <li>0 Welcome Home New</li> <li>sidents Witches Brew Social</li> <li>0 Rummikub in the Library</li> <li>0 Independent Card Games</li> </ul>	<ul> <li>10:15 Halloween Trivia</li> <li>11:00 Halloween Hangman</li> <li>2:00 History Channel Documentary: Salem Witch Trials</li> <li>3:00 Coffee &amp; Conversation</li> <li>3:30 Up Word in the Library</li> <li>6:30 Independent Card Games</li> </ul>	9:30 Cardio Craze <b>30</b> 10:15 Bananagrams <b>1:15 CVS</b> 2:00 Bingo 3:00 Chit Chat Social in the Pub <b>3:00 Men's Club:</b> <b>Pizza, Beer, and Pool</b> 6:30 Wednesday Night Movie <b>Winthrop,</b>	2:00 Halloween Music by Carol Liserre 3:00 Spooktacular Halloween Manager's Cocktails 6:30 Independent Card Games Halloween	"Life is Sp Sign-up at the Front B (617) 207-3009	