

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:30 Stretch/DVD 10:00 Catholic Mass/TV 1:45 Bingo <b>3:00 Non-Denominational Service/Library</b> 6:30 Music Request with Laraine/REF 7:30 Trivia/Library	<b>Labor Day</b> 9:30 Wake Up & Work Out 10:00 Chuck it in The Bucket 1:30 Kings In The Corner 2:00 Wii Bowling 3:00 Music Request with Laraine/Library 6:30 September Trivia/Lobby 6:30 Movie Night <small>Labor Day</small>	9:30 Fitness with Weights <b>10:00 Rosary</b> <b>10:45 Coffee Hour with St Anne's Church/Pub</b> <b>11:15 Lunch at Mandarin Restaurant</b> 2:00 The Price is Right 3:00 Wacky Words/Library 6:30 Prize Bingo	9:30 Morning Stretch 10:00 Neighborhood Walk <b>10:30 Pet Visit with Winter</b> <b>1:15 Shopping/Big Y</b> 1:30 Pencil Art 2:00 Scat 31 <b>3:15 Divine Mercy Prayer Group</b> 6:30 Wii Bowling	9:30 Move It or Lose It <b>10:00 Blood Pressure Clinic/Pub</b> 10:15 Wellness Talk with Terri: "An Apple A Day Will Keep the Doctor Away" 2:00 Make Your Own Mini Pizza 3:00 "Welcome New Residents"-Social on The Patio 6:30 Comedy Night	9:30 Dancercise with Laraine 10:00 "Name That Tune" with Laraine/Library <b>1:15 Spiritual with Second Baptist Church/REF</b> <b>2:00 Music with Jerome/REF</b> 3:00 Wine & Cheese Social 6:00 Music with Laraine/REF 6:30 Cash Bingo	9:30 Stretch 10:00 Chuck it in The Bucket 1:30 Courtyard Social 2:00 Scat 31 3:00 Remembering School Days/Library 6:30 Movie & Popcorn 6:30 Word Challenge/Lobby	
<b>Grandparents Day</b> <b>Kick Off to National Assisted Living Week Ice Cream Social</b> <b>Music with Rocking Robin in the Courtyard 1:00-3:00</b> 6:30 Name That Tune with Laraine/REF 7:30 Trivia/Library <small>Grandparents' Day</small>	<b>9:30 Chair Yoga Presented by Michelle From Serenity Yoga</b> <b>10:00 Baking: Sparkling Cup Cakes</b> 10:30 Armchair Travel through New England 2:00 Wii Bowling <b>3:00 Tea &amp; Tasting/PUB</b> 3:30 Jokes & More Jokes/Library 6:30 Movie Night	9:30 Fitness with Weights <b>10:00 Crafters Corner: Sparkling Center Pieces for the Dining Room</b> <b>1:15 Catholic Mass/REF</b> 1:30 Courtyard Social <b>2:00 - 4:00 Paint &amp; Sip</b> 3:00 Word Challenge/Library 6:30 Prize Bingo	9:30 Morning Stretch <b>10:00 A Spark of Creativity with Arbor Kids/REF</b> <b>10:00-12:00 Foot Clinic</b> <b>1:15 Shopping/Stop &amp; Shop</b> 2:00 Scat 31 <b>3:15 Divine Mercy Prayer</b> <b>6:30 Dental Care with Porter &amp; Chester Students</b> <b>7:00 Bingo with Porter &amp; Chester Students</b>	9:30 Move it Or Lose It 10:00 Cooking Demo with Troy <b>11:00 Delivering Lunch to Local Police &amp; Fire Dept.</b> 1:30 Courtyard Social 2:00 Chuck it In the Bucket <b>3:00-4:00 Art Exhibit</b> <b>6:00-7:30 Assisted Living 101</b>	9:30 Dancercise with Laraine <b>10:00 Manicures &amp; Mimosas</b> 10:30 Happy Hit Songs with Laraine/Library 1:30 Kings in The Corner/Pub <b>2:00 Music with Vicky Rose On The Patio</b> 3:00 Social Hour 6:30 Cash Bingo	9:30 Stretch 10:00 Sing A Long with Laraine/Library 1:30 Courtyard Social 2:00 Pokeno 3:00 Word Challenge 6:30 Movie & Popcorn 6:30 Name 10 Challenge	
9:30 Stretch/DVD 10:00 Catholic Mass/TV 1:00 Miami VS Patriots/PUB 1:45 Bingo 6:30 Movie Night	9:30 Wake Up & Work Out 10:00 Chuck it in The Bucket 11:30 Men's Pizza Party/Pub 1:30 Kings in the Corner 2:00 Wii Bowling 3:00 Brain Busters 6:30 Movie Night	<b>8:30 St Anne's Church with Terri &amp; Julie</b> 9:30 Fitness with Weights <b>10:00 Scenic Ride</b> 1:30 Pencil Art/ACT RM <b>2:00 Rosary</b> 3:00 Word Challenge/Library 6:30 Prize Bingo	9:30 Morning Stretch 10:00 Neighborhood Walk <b>10:30 Pet Visit with Winter</b> <b>1:15 Shopping/Big Y</b> 1:30 Pencil Art 2:00 Scat 31 <b>3:15 Divine Mercy Prayer Group</b> 6:30 Wii Bowling	9:30 Move It or Lose It <b>10:00 Blood Pressure Clinic/Pub</b> <b>10:15 Bagels &amp; Books with Anne from Chicopee Library</b> 1:30 Afternoon Stroll <b>2:00 Trip to Dollar Store</b> 3:00 Comedy Trivia/Library 6:30 Comedy Night/ Mary Tyler Moore	9:30 Dancercise with Laraine 10:00 Sing A Long with Laraine/Library 1:30 Kings in The Corner/Pub <b>2:00 Music with Dave Colucci &amp; Birthday Bash</b> 3:00 Happy Hour/Pub 6:30 Cash Bingo	<b>Octoberfest Begins</b> 9:30 Stretch 10:00 Chuck It in The Bucket 1:30 Courtyard Social 2:00 Scat 31 3:00 What Am I? 6:30 Movie & Popcorn 6:30 Trivia/Lobby <small>Oktoberfest Begins</small>	
9:30 Stretch 10:00 Catholic Mass/TV 1:45 Bingo <b>3:00 Non-Denominational Service/Library</b> <b>4:00 Coffee Social with Mountain View Baptist Church</b> 6:30 Music Request with Laraine/REF 7:30 Trivia/Library	<b>Autumn Begins</b> <b>9:30 Chair Yoga Presented by Michelle From Serenity Yoga</b> 10:15 Crafters Corner/Apple Chalkboard Greetings 1:30 Travelers Club/Library 2:00 Wii Bowling 3:00 Wacky Words/Library 6:30 Movie Night <small>Autumn Begins</small>	9:30 Fitness with Weights <b>10:00 Rosary</b> 1:30 Pencil Art/ACT RM 2:00 Resident Council & Calendar Planning Meeting 3:00 Boggle/Library 6:30 Prize Bingo <b>Flu Clinic</b>	9:30 Morning Stretch 10:00 Short Stories/Library <b>10:30 Pet Visit with Winter</b> <b>1:15 Shopping/Stop &amp; Shop</b> 1:30 Pencil Art 2:00 Scat 31 <b>3:15 Divine Mercy Prayer Group</b> 6:30 Wii Bowling	9:30 Move it Or Lose It <b>10:15 Walmart in Ware &amp; Lunch at Subway</b> 1:30 Courtyard Social 2:00 Chuck It in The Bucket 3:00 Apple Cider Social in Courtyard 6:30 Comedy Night/Dean Martin	9:30 Dancercise with Laraine 10:00 Music with Laraine/Library 1:30 Kings in the Corner/Pub 2:00 Sing A Long with Terri & Julie 3:00 Cocktails & Conversations 6:30 Cash Bingo	9:30 Stretch 10:00 Chuck It in the Bucket 1:30 Courtyard Social 2:00 Pokeno 3:00 Wacky Words/Library 6:30 Movie & Popcorn 6:30 Music with Laraine/Library	
9:30 Stretch 10:00 Catholic Mass/TV 1:00 Buffalo VS Patriots/PUB 1:45 Bingo 6:30 Sing A Long with Laraine/REF 7:30 Trivia/Library	9:30 Wake Up & Work Out 10:00 Baking Apple Dumplings 1:30 Kings in The Corner/Pub 2:00 Wii Bowling 3:00 Brain Fitness/Library 6:30 Movie Night <small>Rosh Hashanah (first Day)</small>					<b>National Assisted Living Week September 8<sup>th</sup>-14<sup>th</sup></b>	

# September 2019

A Spark of Creativity