

The Arbors at Stoneham JULY/ 2019

## Summer Fun Begins





















## **Bocce Anyone?**

This month, with the special help of Resident Tony, his daughter Donna, and Executive Director Colleen, The Arbors of Stoneham opened its own bocce court! Equipped with regulation dimensions, genuine bocce balls, and a state of the art scoreboard, this bocce court is sure to provide us residents with fun, exercise, and laughter this summer. It all happened when Tony decided he wanted to have a bocce court in his backyard that he and all of us could enjoy. In honor of this bocce court, we held a special ribbon cutting ceremony. We enjoyed a champagne toast and snapped pictures to remember this special day here at The Arbors. Come try it out! Tony is looking for anyone interested in playing, and the court is surrounded by chairs, so we are invited to enjoy the outdoors while we watch others play. We are looking forward to a fun summer filled with bocce games, tournaments, and competitions.





Congratulations, Leia!

One of our employees, Leia, recently participated in the Special Olympics where she won two medals! We are all so proud of Leia and wanted to take a family photo with her. Leia earned these medals in the singles and doubles tennis matches. She has been playing tennis for 26 years and loves it. Some of Leia's other favorite things to do include swimming at her aunt's pool and assistant teaching a special needs dance class. Leia chose to work at The Arbors as a way to give back to the community. She enjoys her job in the dining room and loves spending time with the residents. Leia can always be found with a smile on her face and a kind word to say!



#### The Arbors at Stoneham













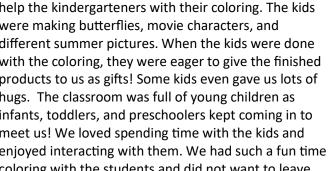


### **Baking Demonstration**

Resident RoseMarie P and Food Services Director, Steve, got together one morning to do a baking demonstration. We gathered in the pub for this special treat and watched as RoseMarie and Steve eased their way around the kitchen, mixing eggs and flour, and describing each step along the way. The finished product: anise cookies that smelled just as good as they tasted. RoseMarie was kind enough to share her cookies once they were frosted with icing and decorated with colorful sprinkles. We even had the pleasure of seeing RoseMarie and Steve wearing matching hats and aprons! This program was quite a treat for us all, first to watch the baking process and then to try the delicious cookies!

#### **Kinder Care Visit**

One rainy morning, we visited Kinder Care next door to help the kindergarteners with their coloring. The kids were making butterflies, movie characters, and different summer pictures. When the kids were done with the coloring, they were eager to give the finished products to us as gifts! Some kids even gave us lots of hugs. The classroom was full of young children as infants, toddlers, and preschoolers kept coming in to meet us! We loved spending time with the kids and enjoyed interacting with them. We had such a fun time coloring with the students and did not want to leave when it was time to go!











### Community Outing





Our Traditional and Reflections communities joined together for a few lunch outings this month! Pictured here is all of us enjoying a meal at Outback Steakhouse in Peabody, MA. We had a great time enjoying each other's company!



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### **Dotty Dandelions**

One afternoon, our reflections community painted dandelions. We printed out the picture of the dandelions on white card stock and then we used bottle caps glued to dowels to make our paint dots. We all had a great time picking out our paint colors and adding our own flair to our dandelion masterpieces. Our finished products are shown in the middle picture, and they came out great!











#### Fresh Air Fun

Many of us residents have also been taking advantage of the nice weather. We enjoy spending time outside on the patio, listening to the birds, snacking on tasty watermelon, sipping coffee, and conversing with one another. This is a great outside seating area right off of the dining room, perfect for getting a mixture of sun and shade!



















Musically Inclined

We were pleased to welcome Susanna,
Christian, Natalie, and their friends to
perform classical music for us. They
played a wide variety of songs on the
violin, cello, and piano. We enjoyed this
performance and loved that kids from the
Stoneham community were so eager to
share their talents with us!





### Alzheimer's' Fundraising

This month, we held a fundraiser for the Alzheimer's Association. We sold raffle tickets and got everyone to wear purple on Friday, June 21st for Alzheimer's awareness. The prize was a beautiful gift basket filled with goodies from Bath & Body Works. After waiting to see who would be the lucky winner, our very own Resident Care Director Nancy emerged victoriously. Congratulations, Nancy!

Welcome Home New Residents

Lena D.

Ann C.

Anna F.

#### **Happy Birthday!**

George P. 7/4

Pauline H. 7/6

Barbara P. 7/6

Domenic P. 7/21

### **Upcoming Events**

- Join us for Wednesday lunch outings! Sign up @ the front desk
- Starting July 11th, we will be serving treats and playing casino games in the morning! Join us at 10:30 and win prizes!
- July 19th 11AM: Health Talk on Dehydration Awareness w/ Encompass in the pub
- July 22nd: Meet in the front lobby @ 1:30 to take a bus ride for ice cream!
- July 25th: Italian Night Concert
   @Stoneham Town Common. Meet in the
   front lobby at 6:30!



