

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# June 2019

Welcome to Summer

<p>9:30 Stretch/DVD 10:00 Catholic Mass/TV <b>2:00 South Hadley Community Band/DR</b> 6:30 Name That Tune with Laraine/Reflections</p>	<p>9:30 Wake Up &amp; Work Out 10:00 Short Stories/Library 1:30 Rummy with Bob/PUB 2:00 Wii Bowling <b>2:00 Makeover Monday with Mary Kay Products/PUB</b> 3:00 Word Challenge/Library 6:30 Movie Night</p>	<p>9:30 Fitness with Weights <b>10:00 Rosary</b> <b>10:45 Coffee Hour with St Anne's Church/Pub</b> 1:30 Courtyard Social <b>1:30 Trip to Buttery Brook Park (weather permitted)</b> 3:00 Word Game/Library 6:30 Prize Bingo</p>	<p>9:30 Morning Stretch 10:00 Creative Painting Class/ACT RM <b>10:30 Pet Visit with Winter</b> <b>1:15 Shopping/Big Y</b> 2:00 Scat 31 <b>3:15 Divine Mercy Prayer Group</b> 6:30 Wii Bowling</p>	<p>9:30 Move It or Lose It <b>10:00 Blood Pressure Clinic</b> <b>10:00 Trip to Atkins</b> 2:00 Manicures 3:00 Welcome New Residents Social/Courtyard <b>6:00-7:30 Taste of The Arbors at Chicopee Music with Noah Lis</b></p>	<p>9:30 Sit &amp; Get Fit 10:00 Sing A Long with Laraine <b>1:15 Spiritual with Second Baptist Church/REF</b> <b>2:00 Joe Perry/REF</b> 3:00 Wine &amp; Cheese Social 6:30 Bingo</p>	<p>9:30 Stretch 10:00 Manicure &amp; Hand Massages 1:30 Courtyard Social with Friends 2:00 Scat 31 3:00 Word Game/Library 6:30 Movie &amp; Popcorn 6:30 Trivia in Lobby</p>
<p>9:30 Stretch/DVD 10:00 Catholic Mass/TV 1:45 Bingo <b>3:00 Non-Denominational Service/Library</b> 4:00 Coffee Social with Mountain View Baptist Church 6:30 Movie Night</p> <p style="text-align: right;"><small>Shavuot</small></p>	<p>9:30 Wake Up &amp; Work Out 10:00 Armchair Travel to Japan 1:30 Rummy with Bob 2:00 Wii Bowling 3:00 Japanese Culture &amp; Tradition Facts/Library 6:30 Movie Night</p>	<p>9:30 Fitness with Weights <b>10:00 Dollar Tree</b> <b>1:15 Catholic Mass/ Blessing of Married couples/REF</b> <b>2:00 Students from Japan Visiting/DR</b> 3:00 Hangman/Library 6:30 Men's Movie Night 6:30 Prize Bingo</p>	<p>9:30 Morning Stretch 10:00 Walker Wash /Courtyard <b>10:30 Pet Visit with Winter</b> <b>1:15 Shopping/Stop &amp; Shop</b> 2:00 Scat 31 <b>3:15 Divine Mercy Prayer Group</b> 6:30 Wii Bowling</p>	<p>9:30 Move It or Lose It 10:00 Cooking Demo with Troy/REF <b>10:30 Bridge of Flowers &amp; Lunch at McDonalds</b> 2:00 Bean Bag Toss 3:00 Lemonade Social/Courtyard 6:30 Music Request</p>	<p><b>Flag Day</b> 9:30 Sit &amp; Get Fit 10:00 Flag Day Trivia 10:30 Decorate Your Own Visor 2:00 Creative Painting with Jordan/REF 3:00 Cocktails &amp; Conversations 6:30 Bingo</p> <p style="text-align: right;"><small>Flag Day (US)</small></p>	<p>9:30 Stretch 10:00 Manicures &amp; Hand Massages 1:30 Courtyard Social with Friends 2:00 Scat 31 3:00 Word Game/Library 6:30 Movie &amp; Popcorn 6:30 Lobby Games</p>
<p><b>Father's Day</b> <b>8:00-9:30 Donuts for Dad's/PUB</b> 9:30 Stretch 10:00 Catholic Mass/TV 1:45 Bingo 6:30 Sing A Long with Laraine/Reflections</p> <p style="text-align: right;"><small>Father's Day</small></p>	<p>9:30 Wake Up &amp; Work Out 10:00 Cooking Demo with Chef Patrick/REF 1:30 Rummy with Bob 2:00 Wii Bowling 3:00 Trivia/Library 6:30 Movie Night</p>	<p><b>8:30 St Anne's Church with Terri &amp; Julie</b> 9:30 Fitness with Weights <b>10:15 Book Club &amp; Bookmobile</b> <b>2:00 Rosary</b> <b>2:00 Music with Lisa Pernice</b> 3:00 Mixed Up Words 6:30 Prize Bingo</p>	<p>9:30 Morning Stretch 10:00 Chuck it in The Bucket <b>10:30 Pet Visit with Winter</b> <b>1:15 Shopping/Big Y</b> 1:30 Pencil Art 2:00 Scat 31 <b>3:15 Divine Mercy Prayer Group</b> 6:30 Wii Bowling</p>	<p>9:30 Move It or Lose It <b>10:00 Blood Pressure Clinic/PUB</b> 10:00 Making Fruit Smoothies/PUB 1:30 Courtyard Social 2:00 Bean Bag Toss 3:00 Iced Tea Social/Courtyard 6:30 Music Memories</p>	<p><b>Summer Begins</b> 9:30 Sit &amp; Get Fit 10:00 Summer Tunes with Laraine/Library 1:30 Kings in The Corner/PUB <b>2:00 Music with Jimmy Mazz &amp; Birthday Bash</b> 3:00 Strawberry Daquiris/PUB 6:30 Bingo</p> <p style="text-align: right;"><small>Summer Begins</small></p>	<p>9:30 Stretch 10:00 Manicures &amp; Hand Massages 1:30 Courtyard Social with Friends 2:00 Pokeno 3:00 Music Request with Laraine/Library 6:30 Movie &amp; Popcorn</p>
<p>9:30 Stretch 10:00 Catholic Mass/TV 1:45 Bingo <b>3:00 Non-Denominational Service/Library</b> 4:00 Coffee Social with Mountain View Baptist Church 6:30 Music with Laraine/REF</p> <p style="text-align: right;"><b>Wedding Week</b></p>	<p>9:30 Wake Up &amp; Work Out 10:00 Sharing wedding Day Photos/ACT RM 1:30 Rummy with Bob 2:00 Wii Bowling 3:00 Mixed Up Wedding Day Words 6:30 Movie Night/The Wedding Planner</p>	<p>9:30 Fitness with Weights <b>10:00 Rosary</b> 1:30 Kings in The Corner/PUB 2:00 Resident Council &amp; Calendar Planning Meeting 3:00 Short Stories/Destination Wedding/Library 6:30 Men's Movie Night 6:30 Prize Bingo</p>	<p>9:30 Morning Stretch 10:00 Creative Painting Class/ACT RM <b>10:30 Pet Visit with Winter</b> <b>1:15 Shopping/Stop &amp; Shop</b> 2:00 Scat 31 <b>3:15 Divine Mercy Prayer Group</b> 6:30 Wii Bowling</p>	<p>9:30 Move It or Lose It 10:00 Kings in the Corner/PUB <b>10:30 Shopping Trip to Walmart in Ware &amp; Lunch</b> <b>2:00 Kick Off to Summer Ice Cream Bash with Arbors Camp/Courtyard</b> 6:30 Music Request with Richard/Library</p>	<p>9:30 Sit &amp; Get Fit 10:00 Name That Tune with Laraine/Library 1:30 Kings in The Corner/PUB <b>2:00 Music with Dave Colucci</b> 3:00 Cocktails &amp; Conversations 6:30 Bingo</p>	<p>9:30 Stretch 10:00 Making Strawberry Glazed Cake 1:30 Courtyard Social with Friends 2:00 Scat 31 3:00 Trivia/Library 6:30 Movie/Father of The Bride &amp; Popcorn</p>
<p>9:30 Stretch/DVD 10:00 Catholic Mass/TV 1:45 Bingo 6:30 Movie Night</p>	<p style="text-align: center;"><b>All Activities Are Subject To Change.</b></p>					<p>9:30 Stretch 10:00 Making Strawberry Glazed Cake 1:30 Courtyard Social with Friends 2:00 Scat 31 3:00 Trivia/Library 6:30 Movie/Father of The Bride &amp; Popcorn</p>
<p style="text-align: center;"><b>Every Friday (weather permitted) We will be having cookouts For Lunch 11:30 - 12:30</b></p>						