

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Let Freedom Ring</p>	<p>1</p> <p>Firecrackin Fun 9:30 Stretch & Flex 10:15 PITCH, Kings, Pencil Art, Word Search & Rummikub 2:00 Firecrackin fun with paint 2:00 Rummikub, Pitch, Kings 3:30 Lazing & Laughing with Lemonade in court yard 6:30 4th of July Trivia w/Terri <small>Canada Day</small></p>	<p>2</p> <p>Blood Pressure Clinic Shopping Day 9:30 Tone it up Tuesday! 10:00 Blood Pressure Clinic 1:30 Shop \$ Store, Stop & Shop 2:00 Pastor Wayne & friends brings us songs & hymns 3:15 Cards until dinner 6:45 PRIZE BINGO TONIGHT</p>	<p>3</p> <p>Ice cream trip 9:30 Twist and Shout exercise 10:15 PITCH, Rummy cards, Kings, Rummikub 10:30 Make dog treats 1:30 Ice Cream Trip 2:00 Canasta, PITCH, Rummikub, Kings, pencil art 6:30 Singing Seniors in Library</p>	<p>4</p> <p>Happy 4th of July 9:30 Twist and Shout exercise 10:15 PITCH, Rummy cards, Kings, Rummikub 2:00 Visit with our furry friends In the court yard Games in the pub 2:00 Walk to Farmers' Market 6:45 BINGO TONIGHT <small>Independence Day (US)</small></p>	<p>5</p> <p>Paint & Sip Penny Poker 9:30 Tone it up! 10:15 Words, Rummikub, Kings Pitch, Pencil Art 2:00 Penny Poker 3rd floor 2:00 Paint & Sip in act. rm. 2:00 Games of choice 6:30 Friday Night at the movies</p>	<p>6</p> <p>Out n' About 9:30 Stretch & Flex 10:15 PITCH, Kings, Pencil Art Word search, Rummikub 1:30 Out n' About you go, where you stop-Mary Ellen knows!! 2:00 Rummy Cards, Kings, Rummikub 6:45 BINGO TONIGHT</p>
<p>7</p> <p>National Strawberry Sundae Day 9:30 Communion with Larry & Betty in Activity Room 10:00 Catholic Mass –Pub TV 10:15 Independent cards 2:15 Strawberry Sundae's With RCA's in act. rm. 6:30 Ecumenical Services & Cookie Social in Act. Rm</p>	<p>8</p> <p>Tape n' Paint 9:30 Stretch & Flex 10:15 PITCH, Kings, Pencil Art, Word Search & Rummikub 2:00 Tape n' Paint in act. rm. 3:30 Lazing & Laughing with Lemonade in court yard 6:30 Trivia and wine in lobby With Terri</p>	<p>9</p> <p>Shopping Day 9:30 Tone it up Tuesday! 10:30 St. Mary's Catholic Mass In our activity room 1:30 Shop \$ Store, Big Y Foods 2:00 Crazy 8's, Rummikub PITCH 6:30 Jimmy Mazz entertains in court yard if nice out</p>	<p>10</p> <p>Walmart 9:30 Twist and Shout exercise 10:15 Rummikub, PITCH, Kings Word Search, Pencil Art 1:30 Walmart trip today 2:00 Rosary & Prayers with Peg and Fran in library 3:30 Lazing & Laughing with Lemonade in court yard 6:30 Singing Seniors in Library</p>	<p>11</p> <p>Root Beer Floats 9:30 Twist and Shout exercise 10:15 PITCH, Rummy cards, Kings, Rummikub 2:00 Root Beer Floats in court Yard, or where ever you are! 3:30 Everybody Knows in lobby 6:45 BINGO TONIGHT</p>	<p>12</p> <p>Dave Colucci 9:30 Tone it up! 10:15 Words, Rummikub, Kings Pitch, Pencil Art 2:00 Dave Colucci entertains In court yard! Cocktails too 3:30 Laughter & lemonade in Our lobby & outside 6:30 Stories with Terri in Lobby</p>	<p>13</p> <p>Snow Cones 9:30 Stretch & Flex 10:15 PITCH, Kings, Pencil Art Word search, Rummikub 2:00 Snow Cones 2:00 Games of choice w/ rca's 3:15 Cookies and coffee 6:45 BINGO TONIGHT</p>
<p>14</p> <p>Creative Writing 9:30 Communion with Larry & Betty in Activity Room 10:00 Catholic Mass –Pub TV 10:15 Independent cards 2:00 Creative Writing Or games of choice 6:30 Ecumenical Services & Cookie Social in Act. Rm</p>	<p>15</p> <p>Entertainment by Jack 9:30 Stretch & Flex 10:15 PITCH, Kings, Pencil Art, Word Search & Rummikub 2:00 Jack is Back! Entertainment In the dining room 3:30 Cards until dinner time And walk outside 6:30 Movies & popcorn</p>	<p>16</p> <p>Blood Pressure Clinic 9:30 Blood Pressure Clinic Followed by games 2:00 Agawam Melody Band Performs in dining room 3:30 Stretch your legs on a walk Outside or play cards 6:45 PRIZE BINGO TONIGHT</p>	<p>17</p> <p>Shopping Day 9:30 Twist and Shout exercise 10:15 Rummikub, PITCH, Kings Word Search, Pencil Art 1:30 Shop \$ Store, Stop & Shop 2:00 Rummikub, Kings, Cribbage, PITCH 6:30 Singing Seniors in Library</p>	<p>18</p> <p>Ice Cream trip 9:30 Twist and Shout exercise 10:15 PITCH, Rummy cards, Kings, Rummikub 1:30 Ice Cream Trip today 2:00 Games of choice 2:00 Walk to Farmers' Market Cards until dinner 6:45 BINGO TONIGHT</p>	<p>19</p> <p>Flower Power 9:30 Tone it up! 10:15 Words, Rummikub, Kings Pitch, Pencil Art 2:00 Penny Poker on 3rd floor 2:00 Flower Power presentation With Lois in activity room 3:30 Laughter & lemonade in Our lobby & outside 6:30 Friday Night at the movies</p>	<p>20</p> <p>Out n' About 9:30 Stretch & Flex 10:15 PITCH, Kings, Pencil Art Word search, Rummikub 1:30 Out n' About you go, where you stop-Mary Ellen knows!! 2:00 Rummy Cards, Kings, Rummikub 6:45 BINGO TONIGHT</p>
<p>21</p> <p>Rockin Robin 9:30 Communion with Larry & Betty in Activity Room 10:00 Catholic Mass –Pub TV 10:15 Independent cards 2:00 Rockin Robin Entertains In our dining room 6:30 Ecumenical Services & Cookie Social in Act. Rm</p>	<p>22</p> <p>Watermelon Fan Fun 9:30 Stretch & Flex 10:15 PITCH, Kings, Pencil Art, Word Search & Rummikub 2:00 Watermelon Fan Fun 2:00 Games of choice 3:00 Cool down with slice of Watermelon in court yard 6:30 Poetry writing in Lobby With wine</p>	<p>23</p> <p>Shopping Day 9:30 Tone it up Tuesday! 10:15 Rummikub, PITCH, Kings Word Search, Pencil Art 1:30 Shop \$ Store, Big Y Foods 2:00 Crazy 8's, Rummikub PITCH 3:30 Stretch your legs on a walk Outside or play cards 6:45 PRIZE BINGO TONIGHT</p>	<p>24</p> <p>Out n' About 9:30 Twist and Shout exercise 10:15 Rummikub, PITCH, Kings Word Search, Pencil Art 10:45 Out n' About to Ellington CT to meet some friends 2:00 Rummikub, Kings, Cribbage, PITCH 3:30 Everybody Knows in lobby 6:30 Singing Seniors in Library</p>	<p>25</p> <p>Farmers Market 9:30 Twist and Shout exercise 10:15 PITCH, Rummy cards, Kings, Rummikub 2:00 Thursday afternoon at The movies in activity room 2:00 Walk to Farmers' Market Cards until dinner 6:45 BINGO TONIGHT</p>	<p>26</p> <p>Resident Birthday Bash 9:30 Tone it up! 10:15 Crazy 8, Rummikub, Kings Pitch, Pencil Art 2:00 Resident Birthday Bash In our Dining Room 3:30 Laughter & lemonade in Our lobby & outside 6:30 Stories with Terri in Lobby</p>	<p>27</p> <p>Lisa & Dave 9:30 Tone it up! 10:15 Words, Rummikub, Kings Pitch, Pencil Art 2:00 Lisa & Dave entertain in Our dining room 3:15 Cards until dinner time 6:30 Stories with Terri in Lobby</p>
<p>28</p> <p>Manicures 9:30 Communion with Larry & Betty in Activity Room 10:00 Catholic Mass –Pub TV 10:15 Independent cards 2:15 Manicures in sunroom 6:30 Ecumenical Services & Cookie Social in Act. Rm</p>	<p>29</p> <p>Mix and Mingle With New Residents 9:30 Stretch & Flex 10:15 PITCH, Kings, Pencil Art, Word Search & Rummikub 2:00 Mix & Mingle with New Residents & Directors 3:30 Lazing & Laughing with Lemonade in court yard 6:30 Tricky Trivia in Lobby</p>	<p>30</p> <p>Shopping Day 9:30 Tone it up Tuesday! 10:00 Blood Pressure Clinic 10:00 Baystate Hearing, Pub 1:30 Shop \$ Store, Stop & Shop 2:00 Make a Patriotic Flag Kabob 3:30 Everybody Knows in lobby 5:45 Westfield Starfires Baseball Game tonight 6:45 PRIZE BINGO TONIGHT</p>	<p>31</p> <p>Singing Seniors 9:30 Twist and Shout exercise 10:15 Rummikub, PITCH, Kings Word Search, Pencil Art 2:00 Rummikub, Kings, Cribbage, PITCH 3:30 Everybody Knows in lobby 6:30 Singing Seniors in Library</p>			