

The Ivy at Ellington

JUNE/ 2019

The Ivy's Green Thumb Gang



The Green Thumb Gang has been very busy this past month preparing for the summer months ahead. We went to Garden Barn to pick out flowers, herbs and vegetables to plant in our courtyards.

We are planning to meet a few times a week in order to take care of our garden. When the vegetables and herbs finally grow, we will pick them and give them to the kitchen for them to use in our meals here at The Ivy.



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The Ivy at Ellington

“May Day”



May 1st is sometimes known as “May Day” which is celebrated in many countries as a traditional springtime festival.

Here at The Ivy at Ellington, we celebrated May Day by making cone shaped baskets out of decorative paper. We attached colorful ribbons and filled them with a beautiful assortment of Spring flowers.

After they were arranged exactly how we wanted them, we noticed how different everyone’s came out, unique to everyone’s taste. We hung them on our apartment door. They look absolutely wonderful!



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“Spring Art”

We continued to celebrate Spring throughout the month at the Ivy at Ellington. After a wonderful walk outside in the fresh air on a beautiful breezy but sunny day, we came inside to create beautiful butterfly art. We also discussed the symbolism of butterflies- transformation, finding joy in life and lightness of being.



Up On The Hilltop

Ever since he moved in, The Ivy at Ellington resident, Jim L. has suggested many places for all of us to visit for our lunch outings. This month he chose the Hilltop restaurant in Willington, CT. He sure picked a great spot, yet again!

There were a lot of delicious choices on the menu, however the overall favorite of the group was the chef special pasta dish with scallops, mussels and shrimp.

The Hilltop was most definitely top-notch in our opinion



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June Highlights

Happy Birthday June Babies!

Lorraine V. 6/5

Henry G 6/29



Welcome Home New Residents!

Ezilda M.



Entertainment

6/07-Music with Ellington High School students @ 2pm

6/14-Music with Jesse Luke @ 2pm

6/21-Music with Cameron Sutphin @ 2pm

6/28-Incorporating Laughter with Aging @ 2pm

Wellness

6/18-Blood Pressure Clinic @ 11am

6/20 Encompass Presentation (Pain Management)
@ 10:30am

6/26-Exercise with Nicole @ 11am

Spiritual

6/13-Mass/Communion Service @ 10:30am

6/06 & 6/20—Rosary @ 10:30am

Shopping & Lunch Outings

6/04-Trip to Kohl's @ 10:00am

6/06-Picnic lunch at Arbor Park @ 11:30am

6/11-Trip to Big Y & Dollar Tree @ 10:00am

6/13-Lunch at Lunch at Casey's @ 11:30am

6/18-Trip to Christmas Tree Shop @ 10:00am

6/20-Lunch at Dimitri's @ 11:30am

6/25-Trip to Big Y & Dollar Tree @ 10:00am

6/26-Trip to The Scoop @ 1:00pm