

DOOR DOOR

The Arbors at Stoneham

APRIL/ 2019

Feelin' Festive

In the days leading up to St. Patrick's Day, our Reflections community was busy preparing. We made leprechaun hats out of paper plates and cardstock and looked forward to posing in each picture with our designs. Our Reflections and Traditional communities also enjoyed posing with the photo booth props, as pictured on the left: Virginia holding up a pot of gold, and Jim with a "luck of the Irish" sign.



We're All Irish on St. Patrick's Day

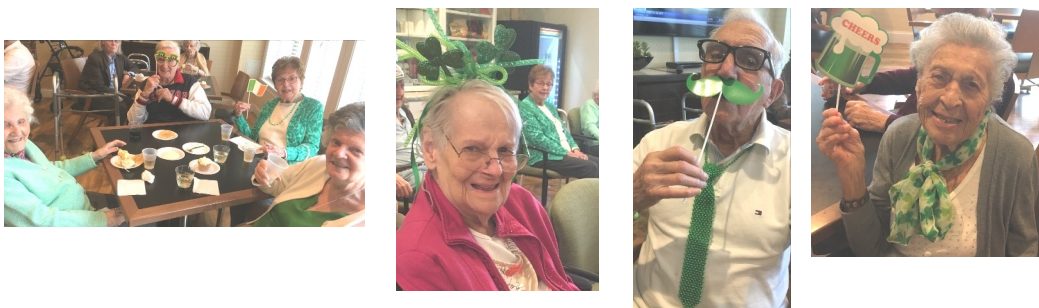
We celebrated St. Patrick's Day with a few different events. We began the festivities by playing bingo with our Reflections and Traditional communities. Winners of this bingo game received St. Patrick's Day swag: green scarves, beads, and festive glasses to name a few. The next day, we enjoyed St. Patrick's Day entertainment. The singer came in full of energy, with Irish and classic tunes. We were decked out in our green outfits and the St. Patrick's Day swag that we had won the day before. Once the entertainment was over, we made our way into the pub for a St. Patty's social. We enjoyed cupcakes with green frosting and a platter of green vegetables. Some of us were daring enough to try the authentic Irish Coffee with Bailey's, and it was delicious. What a treat this was for us all! The pub was filled with laughter as we all had a great St. Patrick's Day celebration.

Put a Little Boogie In It

One thing we love about living at the Arbors is our passionate staff.

During the St. Patrick's entertainment, RCA Yamna got resident Barbara up and dancing.

Barbara was all smiles as she moved to the music, and the two of them got the rest of us smiling and dancing along in our seats. We loved watching Barbara and Yamna dance just as much as they enjoyed dancing!



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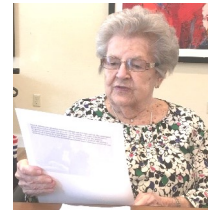
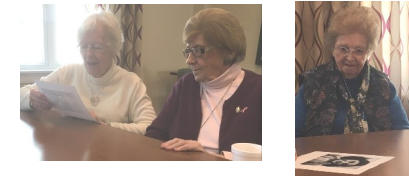


Mardi Gras Celebrations

We began our Mardi Gras celebrations a day early. In preparation, our Reflections and Traditional communities came together to design special masks. We used paint, gems, glitter glue, and feathers to decorate our masks however we pleased. The best part was posing with these masks and trying to guess who each of us was behind them!

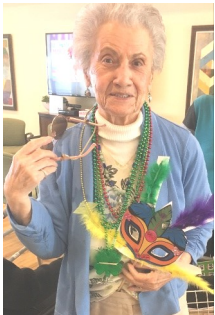
Flapjack Fiesta

On the day of Mardi Gras, we enjoyed fresh pancakes with chocolate chips or blueberry toppings. We were served this treat in the afternoon as part of our Fat Tuesday party, which also included singing and dancing to traditional Mardi Gras music. We also made sure everyone had beads to wear! We had a great time clapping along to the music and socializing as we celebrated our last day of “freedom” before Ash Wednesday.



Women's History

March is Women's History month, and we spent one morning talking about what this means. As a group, we played a game of “Who Am I?” Facts about famous women in history were read, and we had to guess who each of them were. We were also shown pictures, and this discussion brought back many memories. We recalled the days of Princess Diana, Oprah, Jackie Kennedy, and others. We are proud of our history!



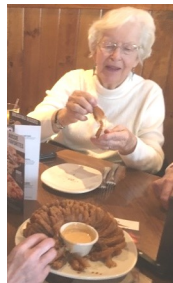
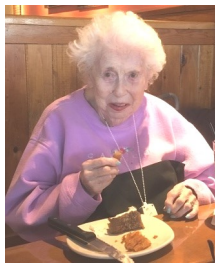
Digging for Gold?

One Wednesday afternoon, we were busy creating our own pots of gold. We painted the majority of clay flower pots green and painted the rims gold. We were free to design our pots how we wished: some of us painted on shamrocks and some of us left them plain. Once dried, we used fake grass and “gold” coins to fill our pots to the brim. Our finished products made great centerpieces that some of us used to decorate the pub!



The Bloomin' Onion

While our friends created their pots of gold, some of us went on a lunch outing to the Outback Steakhouse. Before we got there, it was decided by Mary T. that we were going to order a Bloomin' Onion to share with the table. Everyone was anxious to try this treat, and we all loved the taste of it! The Bloomin' Onion was so popular, Rosie N even had one brought back for her, so she could share it with those of us who did not go out to lunch. In addition to the onion, some lunch favorites included steak tacos, french onion soup, and crab cakes. We even liked the bus ride to and from lunch! With the weather getting nicer we can really enjoy the scenic routes and soak in some sunshine.



We Love Bingo!

Every Friday afternoon, we welcome a new volunteer, Scotty, who calls bingo for us! Bingo is one of our favorite activities, and we enjoy spending time with Scotty as well. We love getting another chance to win prizes or a piece of candy!



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Upcoming Events

- Join us for Wednesday lunch outings! Meet in the front lobby at 11:15AM
- April 5th 2PM: Red Sox opening day! Wear your **Red Sox apparel** and watch in the pub!
- April 7th 2PM: "Acoustic Thursday" the band performs in the Activity Room. Friends and family are welcome!
- April 11th 5:00-7:30: "Spring Fling" Family Event w/ entertainer: Noah Lis

Happy Birthday

April Babies!

Elizabeth J 4/14

Mary T 4/16

Barbara C 4/18

Roberta G 4/20

Anne B 4/27

Congratulations, Emily

We threw a surprise wedding shower for one of our nurses, Emily. We enjoyed appetizers, cake, and sending best wishes to her. Thanks to all staff and residents who made this event possible!



Put A Smile on Your Face

One rainy Friday, Alice and Marie decided to wear matching hats. These hats were specially made by resident Bette, who wanted to create something for her friends. Alice and Marie walked around The Arbors together, putting smiles on everybody's faces. Despite the weather, these two were still cheery as ever. We all loved passing by them, and our days were brightened by this adorable sight!

Lunch at Brothers



One Tuesday afternoon, our Reflections community headed off to Brothers Deli in Wakefield for lunch. The food was fresh and the portions were huge but the best part was meeting the family that owns it. So warm and welcoming. Jim L. talked about going there often and remembering Maria the owner.