

The Arbors at Winthrop

May/ 2019



A Sign of Spring: Red Sox Opening Day

An annual traditional at the Arbors at Winthrop is our Opening Day at Fenway Park Celebration. We always look for an excuse to party and the World Champion Red Sox are a great excuse to bring on the fun! The residents and staff don Red Sox shirts and hats. Some residents even brought their own Red Sox bears. While we cheer on our Sox we munch on ballpark treats: popcorn, peanuts, pretzels and of course enjoy a beer or a soda. Unfortunately, our party did not spur the Sox onto victory for their first game at Fenway, but hopefully they will have another winning season!



Egg Hunt

On Saturday, April 20th we held our first Easter Egg Hunt for children from the nearby community and friends of our residents and staff. Our residents stuffed over 500 eggs to prepare for our hunt. The children hunted for eggs all around our community. Then they made an Easter craft project. They also decorated a sugar egg cookie and then ate it! Our residents had fun watching the kids hunt for eggs and enjoyed having so much energy and excitement in our community. Eli found the golden egg and was delighted to receive a basket full of Easter treats.

Annual Ladies' Tea
Tuesday, May 7th
2:00 pm

All Ladies are invited to join us
for our

Annual Elegant Ladies' Tea



Which will include:
Tea, Scones and dainty treats



DOOR TO DOOR

The Arbors at Winthrop

Tip Toe Through the Tulips

Our crafters helped to decorate our community for Spring by making lots of different “springy” crafts. They made flower arrangements for our pub and our dining room. The ladies made cottontails, which are cute bunnies using plastic eggs and yarn. We also made Eggs-Quisite Easter Cards with Paula. We always look forward to making festive cards for each holiday once a month. We also painted spring flowers on canvas and made mixed media trees.



Lunch Outing

On our way to lunch at Century House, one of our residents suggested we stop by a Catholic Bookstore that was close by, and we were glad we did. It was our first time trying Century House, although it was an old time favorite for many of our residents. We thought the food was great. One resident enjoyed fish tacos (which was a first for her) some had seafood and others burgers. Our server, Margo was excellent! She even sang us a song when we asked her for entertainment.



Adventures in Storytelling

We had a special guest, Sue Hitchcock join us to lead a group called Time Slips. She helped our residents to write stories together based on pictures and music. They also had the opportunity to be actors in skits.

Book Club

Our readers met to discuss, *The Giver* by Lois Lowry. They talked about major themes in the book over blueberry bread and coffee.



Reflections Community



Festive Flower Arrangements

We decided it was time to give a facelift to our arrangements in both our Reflections and Traditional Dining Rooms. The residents helped us to make festive Spring Arrangements and then they placed them on the tables. They love the Easter theme. We plan to switch them up each month to add some color and joy to our Dining Rooms.



Sugar Club

The residents joined forces to make these delicious Nutty Coconut Balls. After lunch they couldn't help it and decided to have them as an additional snack with a cup of coffee.



Coloring Eggs

Our residents prepared for Easter by decorating eggs. We even used beans, lentils, and rice with food coloring to color our eggs as well as the regular way of coloring

Men's Club

Some of our handsome fellas from Traditional and Reflections joined the Men's Club. They did what men love to do best which is talk about cars while sipping on a cold one.

DOOR DOOR



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Assisted Living Residential Communities

Happy Birthday, May Babies!

Harvey P. 5/3

Pat K. 5/27

Gussy R. 5/28

Welcome New Residents!

Ann D.

Ann C.

Elizabeth F.

Spring Paintings



Our residents found their inner painter recently. They followed step-by-step instructions on a YouTube video to paint a daisy. Each daisy turned out different depending on who the artist was. But everyone was pleased with the results.



Congratulations to Khadija Elaskri our Employee of the Month for March. She is always helpful and does everything with a huge smile on her face. Thank you for all you do for us!



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