

The Arbors at Stoughton May 2019







Happy Passover from our family to yours! This week, our residents shared in the experience of Matza making with the help of Rabbi Gurkow and his friends from the Shaloh House Preschool Class. In preparation for Passover we learned and listened to the story of Matza baking and even joined in on the fun doing our very own Matza bake! It was an afternoon of giggle's and learning not to mention some child sized fun for everyone! We look forward to our next adventure to the Shaloh House and we are sure we will not be disappointed!

Everyone Needs A Friend Who Is All Ears

She surprised us again! Capreace came in dressed as The Easter Bunny! And her little sidekick, Nazare, was the perfect finishing touch! She came around making us all laugh from the tops of our heads to the tips of our toes, all while handing out candy and puppy snuggles.

What a great beginning to our holiday weekend.



SENIOR SPOTLIGHT!



PLEASE JOIN US IN WELCOMING FRANCIS "LEO" FOSTER! LEO IS A TRUE STOUGHTON NATIVE BEING BORN ON AUGUST 30TH! HE AND HIS WIFE, MARY, WERE MARRIED FOR 64 YEARS AND RAISED THEIR 4 BEAUTIFUL CHILDREN, 2 BOYS AND 2 GIRLS IN OUR BEAUTIFUL TOWN. AT THE AGE OF JUST 18 HE ENTERED THE U.S. AIR FORCE AT THE TAIL END OF WWII HOLDING THE POSITION OF CHIEF RADIO OPERATOR IN PANAMA, GUATEMALA, EL SALVADOR, AND NICARAGUA, **UPON RETIREMENT HE TOOK A POSITION AS** AN INSURANCE SALES MAN. SPENDING MUCH OF HIS TIME TRAVELING AWAY FROM HOME. AFTER LIVING BRIEFLY FOR A SHORT PERIOD OF TIME IN DIFFERENT TOWNS FOR WORK REASONS. HE CAME RIGHT BACK TO HIS **HOMETOWN! LEO LOVES KEEPING IN TOUCH** WITH HIS CHILDREN AND HIS 2 **GRANDDAUGHTERS/ NOT TO MENTION HE** LOVES THE NEW ENGLAND PATRIOTS! IF YOU SEE LEO AROUND THE HALLS STOP AND SAY HELLO!



The Arbors at Stoughton

<u>Tea for Two,</u> <u>and Two for Tea!</u>

Every Month Traditional and Reflections
Residents come together for a Welcome
Home Tea Party complete with delicious
pastries and artisanal tea's. This gives us
each the opportunity to learn more about our
new neighbors and welcome them with open
arms into our home, especially when we all
know how nerve racking our first month can
feel. Its nice to be a part their first moments
and get them started on the right foot.



HAPPY EARTH DAY!

We celebrated this month by painting our own pots and then planting these adorable succulents to place on our windowsills. We used brightly colored paints and showed off our own personal artistic skills. We took pride in our work and were happy to show it off in these photos. It was a wonderful way for us to show our support for our great, green earth.





Afternoon's are made for rocking! The Reflections
Crew stopped by our Front Porch and soaked up some rays! All we can say is its nice to be back out in the fresh air! Not to mention the great company!
Stop by any day to join us!



The Diner Crew!

This month, we visited Dave's Diner, Doyle's, Kelly's and The Chateau. We absolutely love the variety of restaurants that we are able to go to and all the different foods. Our



favorite is seafood, and luckily we can get that just about anywhere, this is New England after all! Thank you Capreace for driving us around to get all our favorite foods!



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Deliciously Fun!

Who doesn't love Friendly's....
cause we sure do! Everything from
smooth chocolaty milk shakes right
down to a good old fashion hot and
fresh burger! Its easy to see why
the Reflections Lunch Crew rarely
makes it to dessert who would have
the room! One thing we know for
sure is that we are never
disappointed! We will definitely be
returning to be served up another
round of smiles! Join us weekly as
we discover local favorites and
oldies but goodies!



You BAK F me

so Happy!

The Reflections Treat Crew gathered together in our dining room to enjoy an afternoon of baking and friendly conversation. We began to reminisce about our Easter traditions and some of our favorite treat recipes. It brought smiles and laughter into our hallways and the cookies weren't so bad either! Check out our color blast Easter cookies they are as delicious as they look! Join us next week when we try our hand at monkey bread!





Crafters Corner

We had so many fun projects scheduled for us this month. We made flying birds, Easter door hangers, bunny pins and then we planted plants. All of which are so much fun and we are so happy with the end results. With a little positive encouragement we have succeeded at doing things we sometimes think we can no longer do. How wonderful it is to live in a community that not only supports us but challenges us in new ways we never knew possible!





Happy Birthday May Babies!

Barbara L.....5/4

Marita F......5/12

Anita T....5/17

Golda H.....5/17

Nettie F....5/23

Ann C.....5/28

Welcome Home New Residents!

Frank "Leo" F.

Barbara A.



Nothing like a morning stroll, a cup of coffee with a good book and some wonderful conversation! Our walking group knows it first hand! Join us any day of the week for a little morning wake up! Smiles being served all the way around!



"DON'T LET YESTERDAY TAKE UP TOO MUCH OF TODAY."

WILL ROGERS





This month Residents had a surprise visit from our Marketing Director Karen's Puppy Nazare! We all enjoyed some much needed puppy time while reminiscing about our own family pets! Everyone had smiles ear to ear and we can't wait for her next visit!