

The Arbors at Stoneham

MAR / 2018

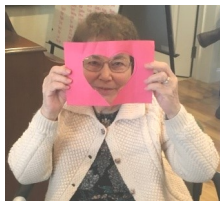


Love Is In The Air



A Valentine Visit

On Valentine's Day, we were treated to a special visit from the Montessori school children. The kids had prepared a program for us, which included singing and games. The Montessori children even sang a few songs in Spanish, and got us to sing along with them. We look forward to these monthly visits from the children and are always anxious to see what they have prepared for us! This is a great way for us to connect with the community and be exposed to what kids have been learning in school.

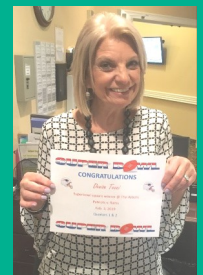
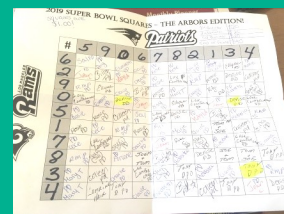


Creative Cards

The Montessori children also took the time to create homemade Valentine cards, which they then gave out to all of us. Pictured above are some of us proudly holding up the cards that we received. We are incredibly appreciative of this kind gesture from the children. In return, we had put together gift bags for the kids that they got to enjoy after their visit!

Superbowl Squares

This superbowl season, we tried something different at the Arbors. Residents, staff, and family were invited to buy superbowl squares for one dollar a piece. As a group effort, we purchased all 100 squares and made copies for everyone involved. During the game, we studied our squares intently to see who the anticipated winners would be. We are happy to congratulate Denice T, one of our receptionists, and Tony D, one of our residents, who won this years' squares!



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Jigsaw Puzzling

This month, our resident Rosie N. decided to start a puzzle table. She wanted something that all of us residents could work on together and got it set up for everyone! Rosie has already completed one 500 piece puzzle and is looking for residents to help with a second 500 piece puzzle! Pictured on the left are other residents who enjoy this community work. The top right picture is the first puzzle Rosie completed, and the lower right picture is Rosie herself!

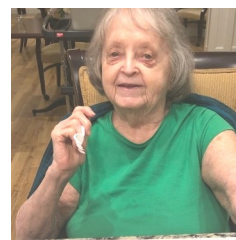
Scavenger Hunts

On Groundhog day, we spent the morning searching for paper groundhogs that were hidden throughout the first floor. This fun activity got us moving around, and soon, we were all racing to find the most groundhogs. We searched high and low, until Elizabeth C, pictured with her prizes, emerged victoriously. She found nine out of the 15 groundhogs hidden! This was a great way for us to keep our eyes peeled for something different and make new friends in our travels.



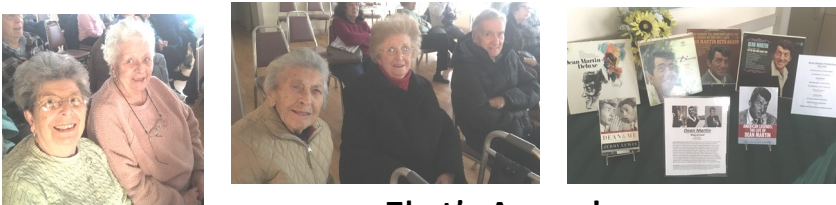
Valentine's Spirit

Our reflections community got into the Valentine's Day spirit by making and decorating red heart shaped cookies. As a group we mixed all our ingredients together. Then each resident molded and used adorable heart shaped cookie cutters to shape their cookies. The residents really enjoyed using the different colored icing and sprinkles to finish their cookie creations. But, what everyone enjoyed most of all was eating their delicious master pieces when they were done!



Community Outings

This month, our Arbors community had two special outings. One was a trip to the Stoneham Senior Center where we learned about Dean Martin, and the other was when our combined Traditional and Reflections communities joined together for a wonderful lunch at Fusilli's. Below are pictures and descriptions of these two enjoyable events!



That's Amore!

The Dean Martin presenter shared a power point full of Dean's works and life stories. We got to sing along to some of Dean's most famous music, including "That's Amore." The entire audience gathered in the singing, and we could feel the love spreading throughout the crowd. This event was a fun way to learn about one of our favorite singers, and it was a great outing for us. We left the Stoneham Senior Center singing and smiling and cannot wait for its next event!

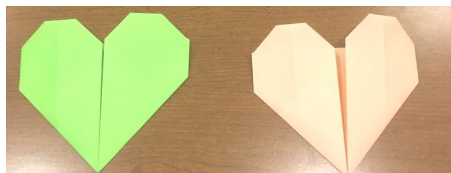
Fusilli's Lunch

Our Traditional and Reflections communities came together one Wednesday for a community lunch outing. We took up the entire back room of Fusilli's! Some favorite lunch orders included pasta fagioli, shrimp scampi, and scallops. This was a great way to get out as a community and spend some quality time with one another.



New Skills

In honor of Valentine's Day, we learned how to make origami paper hearts. When we were given an example of a finished heart, we figured it would be pretty easy to do. Boy, were we wrong. The different steps and folds we had to do were more challenging than we imagined, but that did not stop us from completing the task! This process was met with lots of smiles and laughter as we tried our best to fold correctly and compared our hearts with everyone else's. We enjoyed ourselves immensely and were super proud once we were able to complete the intended design! The pictures show us in the process of our creations and with our finished product.



DOOR TO DOOR



THE Arbors™
Assisted Living Residential Communities



Welcome Home New Residents

Lorraine S.

Edward H.

Happy Birthday

March Babies!

Rosie N. 3/1

Sal S. 3/8

Jack R. 3/27



THE Arbors™
Assisted Living Residential Communities

Upcoming Events

- See Activity Director Gina from March 1st to March 18th to get your bracket and participate in the Arbors March Madness college basketball competition! (\$2.00 a bracket)
- Wear your Mardi Gras beads, masks, and colors (purple, gold, and green) on Tuesday, March 5th
- March 15th, 3PM is our St. Patrick's Day Party! Wear green!

Wine and Chocolate Tasting

To continue the spirit of Valentine's Day, we had a wine and chocolate tasting one Thursday afternoon. We were served two reds, a blush, and a white. These wines came from all over the world, including Australia, and we were educated on how the different wines were made. In addition to the wines, we tried dark, milk, white, and mint chocolates with each sip. Our taste buds zinged with the delicious combinations of wine and chocolate as this was a tasty program for us ladies to enjoy!

