	da	

	9:30 BP C
	9:45 DAIL
1	10:00 WA
	10:30 WH
	MIXE
	11:00 FAT
	2:00 SING
	3:00 SHA
	3:30 AFTE
	4:30 BING
	6:30 LOB
	0.00 LODE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (
		arch 201 nal Stonehan	5		9:30 BP CLINIC W/ ENCOMPASS 9:45 DAILY CHRONICLE 10:00 WAKE UP ROUTINE W/GINA 10:30 WHITEBOARD FUN MIXED UP FAT TUESDAY 11:00 FAT TUESDAY FUN FACTS 2:00 SINGIN' SHAMROCK SOCIAL W/ JIM B 3:00 SHAMROCK HAPPY HOUR 3:30 AFTERNOON EXERCISE 4:30 BINGO WITH SCOTTY 6:30 LOBBY LOUNGING & DISCUSSIONS	2 10:00 SIT & STRETCH 10:30 SCRABBLE CLUB 11:00 WHICH WORD DOESN'T BELONG? 1:30 JIGSAW PUZZLES 2:00 BINGO! 3:00 LEFT, RIGHT, CENTER 3:30 AFTERNOON EXERCISE 6:30 SATURDAY AT THE MOVIES
 10:00 MASS ON TV IN THE PUB 10:30 BEAD CATEGORIES 11:00 BINGO! 2:00 ST. PATRICK'S DAY CRAFT W/ CHLOE—SHAMROCK WANDS 3:00 SCRABBLE & WORD GAMES 3:30 AFTERNOON EXERCISE 4:00 PUB COFFEE & CHIT CHAT 6:30 SUNDAY NIGHT MOVIE 	10:00 EXERCISE W/ KAYLA 10:30 WORD MINING- SHROVE TUESDAY 11:00 CRAZY EIGHTS 2:00 MARDI GRAS MASK MAKING 3:00 LET THE GOOD TIMES ROLL 3:30 AFTERNOON EXERCISE 4:00 MARDI GRAS FILL IN THE BLANK 6:30 TRIVIA W/ NANCY	WEAR YOUR BEADS & MASKS TODAY 9:30 YOGA WITH MARIANNE 10:45 SCRABBLE CLUB W/ ANNE 11:00 FAT TUESDAY MATCHING 1:30 ROSARY W/ ERIN 2:15 ARMCHAIR TRAVEL TO NEW ORLEANS 3:15 MARDI GRAS PANCAKE PARTY! 4:00 JIGSAW PUZZLING IN THE ACTIVITY ROOM 6:30 BINGO W/ ROSIE Mardi Gras	10:30 TRUTH OR BLARNEY 11:00 BLARNEY STONE MINING 11:30 LUNCH AT THE 99 2:00 POKER GAME 2 ND FLOOR 2:00 ASH WEDNESDAY SERVICE 3:00 CRAZY EIGHTS 3:30 AFTERNOON EXERCISE 4:00 COFFEE & TEA IN THE PUB 6:30 MUSICAL CHOICE & POPCORN Ash Wednesday	10:00 SING ALONG & STRETCH 10:30 MORNING BINGO 11:00 CURRENT EVENTS CLUB 2:00 "GETTING READY FOR GARDENING" PRESENTATION 3:00 SPRING FRAPPES IN THE PUB 3:30 SIT & BE FIT EXERCISE 4:00 CALCULATION CRISSCROSS 6:30 BINGO W/ MEGHAN, PAIGE, COURTNEY & HANNAH 6:30 WINE & CHEESE SOCIAL	10:00 WAKE UP ROUTINE W/GINA 10:30 FAMOUS WOMEN IN HISTORY WHO AM I? 11:00 WOMEN'S "FIRSTS" 2:00 LUCKY MUSIC SOCIAL W/JOEY C 3:00 LUCKY COCKTAILS & CONVERSATION 3:30 AFTERNOON EXERCISE 4:30 BINGO W/SCOTTY 6:30 LOBBY LOUNGING & DISCUSSIONS	3 10:00 SIT & STRETCH W/KYLE 10:30 IT'S NOT EASY BEING GREEN 11:00 YOU BE THE JUDGE 1:30 JIGSAW PUZZLES 2:00 BINGO! 3:00 NEW GAME SERIES— YAHTZEE 3:30 AFTERNOON EXERCISE 6:30 SATURDAY AT THE MOVIES
10:00 SIT & STRETCH W/KYLE 10:00 MASS ON TV IN THE PUB 10:30 SCOTTISH WHAT AM I? 11:00 POKENO 2:00 ART HISTORY LECTURE RENAISSANCE SERIES 3:00 SCRABBLE & WORD GAMES 3:30 AFTERNOON EXERCISE 4:00 PUB COFFEE & CHIT CHAT 6:30 SUNDAY NIGHT MOVIE Daylight Saving Time Begins	 9:30 GROCERY SHOPPING 10:00 EXERCISE W/ KAYLA 10:30 WORD MINING- ST. PATRICK'S DAY 11:00 CRAZY EIGHTS 12:15 MEN'S LUNCHEON 2:00 BINGO! 3:00 BLACKJACK 3:30 AFTERNOON STRETCH 4:00 ST. PADDY'S DAY RIDDLE JUMBLE 6:30 TRIVIA W/ NANCY 	10:30 SCRABBLE CLUB W/ ANNE 11:00 ASSORTED CARD GAMES 1:30 ROSARY W/ ERIN 2:15 BINGO! 3:15 LEFT, RIGHT, & CENTER 3:30 AFTERNOON STRETCH 4:00 JIGSAW PUZZLING IN THE ACTIVITY ROOM 6:30 BINGO W/ ROSIE	10:30 WE'RE ALL IRISH ON ST. PATRICK'S DAY 11:00 ST. PATRICK'S DAY WORD MATCH 11:30 LUNCH AT OUTBACK 2:00 POKER GAME 2 ND FLOOR 2:00 CRAFTY CORNER POT OF GOLD CENTERPIECES 3:30 AFTERNOON EXERCISE 4:00 COFFEE & TEA IN THE PUB 6:30 MUSICAL CHOICE & POPCORN	9:00 SING ALONG & STRETCH 10:30 MORNING BINGO 11:00 CURRENT EVENTS CLUB 2:00 IRISH MUSIC SING ALONG W/ SUE 3:00 IRISH COFFEE & IRISH SODA BREAD IN THE PUB 3:30 SIT & BE FIT EXERCISE 4:00 CONCENTRATION PUZZLES 6:30 BINGO W/ MEGHAN, PAIGE, COURTNEY & HANNAH 6:30 WINE & CHEESE SOCIAL	WEAR GREEN TODAY! 9:45 DAILY CHRONICLE 10:00 WAKE UP ROUTINE W/GINA 10:30 ST PATRICK'S HANGMAN 11:00 ASSORTED CARD GAMES 2:00 ST. PATRICK'S DAY MUSIC SOCIAL W/ CAROL L 3:00 ST. PATRICK'S DAY PARTY!! 3:30 AFTERNOON EXERCISE 4:30 BINGO WITH SCOTTY 6:30 LOBBY LOUNGING & DISCUSSIONS	5 10:00 SIT & STRETCH W/KYLE 10:30 ST. PATRICK'S DAY HANGMAN 11:00 SPORTS TRIVIA 1:30 JIGSAW PUZZLES 2:00 BINGO! 3:00 NEW GAME SERIES— FARKLE 3:30 AFTERNOON EXERCISE 6:30 SATURDAY AT THE MOVIES
10:00 SIT & STRETCH W/KYLE 10:00 MASS ON TV IN THE PUB 10:30 WORD GAME W/KYLE 11:00 BINGO! 2:00 CARDS W/KYLE 3:00 SCRABBLE & WORD GAMES 3:30 AFTERNOON EXERCISE 4:00 PUB COFFEE & CHIT CHAT 6:30 SUNDAY NIGHT MOVIE St. Patrick's Day	10:00 EXERCISE W/ KAYLA 10:00 EXERCISE W/ KAYLA 10:30 WORD MINING- THE FIRST DAY OF SPRING 11:00 CRAZY EIGHTS 2:00 PET THERAPY W/ JOYCE 3:00 ORIGAMI DEMO PAPER TULUPS 3:30 AFTERNOON STRETCH 4:00 MARCH MADNESS BRACKETS DUE! 6:30 TRIVIA W/ NANCY	10:30 SCRABBLE CLUB W/ ANNE 11:00 ASSORTED CARD GAMES 2:00 COMMUNION W/ PATRICE 3:00 ARMCHAIR TRAVEL IRELAND 3:30 COUNTRY TASTINGS COLCANNON 4:00 JIGSAW PUZZLING IN THE ACTIVITY ROOM 6:30 BINGO W/ ROSIE	10:00 SIT & BE FIT 10:30 ABCS OF SPRING 11:00 SECRET QUOTE 2:00 POKER GAME 2 ND FLOOR 2:00 MANICURES & HAND MASSAGES 3:00 POKENO 3:30 AFTERNOON EXERCISE 4:00 COFFEE & TEA IN THE PUB 6:30 MUSICAL CHOICE & POPCORN Spring Begins	10:00 SING ALONG & STRETCH W/ GINA 21 10:30 MORNING BINGO 11:00 CURRENT EVENTS CLUB 2:00 SCRABBLE & TABLETOP BOWLING 3:00 LEFT, RIGHT, CENTER 3:30 SIT & BE FIT EXERCISE 4:00 SHRINKING WORDS 6:30 BINGO W/ MEGHAN, PAIGE, COURTNEY & HANNAH 6:30 WINE & CHEESE SOCIAL Purim	9:45 DAILY CHRONICLE 10:00 WAKE UP ROUTINE W/GINA 10:45 MONTESSORI SCHOOL VISITS 11:00 ASSORTED CARD GAMES 2:00 POT OF GOLD MUSIC SOCIAL WITH SETH C 3:00 POT OF GOLD MINGLING W/THE MANAGERS 3:30 AFTERNOON EXERCISE 4:30 BINGO WITH SCOTTY 6:30 LOBBY LOUNGING & DISCUSSIONS	2 10:00 SIT & STRETCH W/KYLE 10:30 SPRING FLING FLOWER SCAVENGER HUNT 11:00 SPRING FLOWERS COLLAGING 1:30 JIGSAW PUZZLES 2:00 BINGO! 3:00 NEW GAME SERIES— PENNY ANTE 3:30 AFTERNOON EXERCISE 6:30 SATURDAY AT THE MOVIES 2:00 SATURDAY AT THE MOVIES
24 10:00 SIT & STRETCH W/KYLE 10:00 MASS ON TV IN THE PUB 10:30 TRIVIA CHALLENGE 11:00 POKENO 2:00 BLACKJACK 3:00 YAHTZEE 3:30 AFTERNOON EXERCISE 4:00 PUB COFFEE & CHIT CHAT 6:30 SUNDAY NIGHT MOVIE	10:00 EXERCISE W/ KAYLA 10:30 WORD MINING- LEAPING LEPRECHAUNS 11:00 CRAZY EIGHTS 2:00 WELCOME HOME NEW RESIDENT TEA PARTY 3:00 SCRABBLE & BOARD GAMES 3:30 AFTERNOON EXERCISE 4:00 PASS IT ON	9:45 DAILY CHRONICLE 10:00 WAKE UP ROUTINE W/GINA IN THE THEATER 10:30 SCRABBLE CLUB W/ ANNE 11:00 ASSORTED CARD GAMES 1:30 ROSARY W/ ERIN 2:15 RESIDENT COUNCIL 3:15 LET'S PLAY JEOPARDY! 3:30 AFTERNOON STRETCH 4:00 JIGSAW PUZZLING IN THE ACTIVITY ROOM 6:30 BINGO W/ ROSIE	3:00 BINGO W/ PRIZES	FINE DINING 10:00 SING ALONG & STRETCH 10:30 DUNKIN DONUTS SOCIAL 11:00 WOMEN'S HISTORY MONTH DISCUSSION 2:00 COMMUNITY AUCTION 3:00 SCRABBLE & BLACKJACK 3:30 SIT & BE FIT EXERCISE 4:00 WACKIE WORDIES 6:30 BINGO W/ MEGHAN, PAIGE, COURTNEY & HANNAH 6:30 WINE & CHEESE SOCIAL 28	2:09:45 DAILY CHRONICLE 10:00 WAKE UP ROUTINE W/GINA 10:30 LEFT, RIGHT, CENTER 11:00 FINISH THE PROVERB 2:00 BIRTHDAY BASH MUSIC SOCIAL W/ ERIC B 3:00 BIRTHDAY PARTY IN THE PUB 3:30 AFTERNOON EXERCISE 4:30 BINGO WITH SCOTTY 6:30 LOBBY LOUNGING & DISCUSSIONS	3 10:00 SIT & STRETCH W/KYLE 10:30 FAMILY FEUD 11:00 YOU BE THE JUDGE 1:30 JIGSAW PUZZLES 2:00 BAKING IN THE PUB SUGAR COOKIES & DECORATING 3:00 NEW GAME SERIES— BUNCO 3:30 AFTERNOON EXERCISE 6:30 SATURDAY AT THE MOVIES
10:00 SIT & STRETCH W/KYLE 3'		1				a stand

10:00 SIT & STRETCH W/KYLE 10:00 MASS ON TV IN THE PUB 10:30 WORD GAME W/KYLE -AVOID USING THE LETTER "L" 11:00 BINGO! 2:00 LEFT, RIGHT, & CENTER 3:00 SCRABBLE & WORD GAMES

3:30 AFTERNOON EXERCISE

4:00 PUB COFFEE & CHIT CHAT 6:30 SUNDAY NIGHT MOVIE

MARCH BABIES! ROSIE N. 3/1 SAL S. 3/8

HAPPY BIRTHDAY

"Marching Into Spring"

STONEHAM, MA, 02180 781-435-1958 THE ARBORS AT STONEHAM 140 FRANKLIN S

ALL ACTIVITIES ARE SUBJECT TO CHANGE