	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1		9:45 DAILY CHRONICLE 10:00 MORNING STRETCH 10:00 LOCAL ERRANDS 10:30 WORD FIND: HAPPY APRIL FOOLS DAY 2:00 BINGO! -ACTIVITY ROOM 3:00 BOOK CLUB-SUNROOM 3:30 PRACTICAL JOKERS W/RECEPTION 6:30 BINGO WITH RITA All Fools' Day	10:00 WATER BOTTLE WORKOUT 10:30 WORD GAMES IN ACTIVITY RM 11:00 TRIP TO STOUGHTON COA BINGO 2:00 HORSE RACING-ACTIVITY ROOM 3:00 WHAT AM I -LIVING ROOM 3:30 FIREPLACE CONVERSATIONS	9:00 CAPPUCCINO CAFÉ IN THE PUB 9:45 DAILY CHRONICLE 10:00 ENERGIZED EXERCISE 10:30 WACKY WORDIES 11:00 ROSARY (SUN ROOM) 1:30 CRAFT CORNER: EASTER EGG DOOR HANGERS 3:00 SCRABBLE-ACTIVITY ROOM 6:30 BINGO WITH RECEPTIONIST	10:30 ROLL & RHYME-ACTIVITY ROOM 11:15 LUNCH AT DAVE'S DINER 2:00 TABLETOP BOWLING - ACTIVITY RM 3:00 COOKIES & COCOA BY THE FIRE 3:30 NAME THAT SINGER TRIVIA W/ APRIL 6:30 WINE & CHEESE BINGO APRIL	9:45 DAILY CHRONICLE 10:00 SITTERCIZE (MEDIA ROOM) 10:30 TED TALKS 11:00 SHABBAT 2:00 TIPTOE THROUGHT THE TULIPS MUSIC SOCIAL W/ ART TEBBETTS 3:00 MONTHLY GAZETTE BY THE FIRE 3:30 CHAT BY THE FIRE WITH FRIENDS	8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 10:00 SIT & TWIST 10:30 CURRENT EVENTS & COFFEE 11:00 BALLOON VOLLEYBALL 2:00 ROLLING PIN CLUB-PEANUT BUTTER MARSHMALLOW COOKIES 3:00 TASTE TESTING & COFFEE IN PUB 3:30 LIVING ROOM CHAT W/ FRIENDS 6:30 SATURDAY NIGHT MOVIE- BEAUTIFUL BOY (AMAZON) APRIL
	9:45 SIT DOWN & TONE UP 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MANICURES 10:30 ADULT PENCIL ART 2:00 POKENO-ACTIVITY ROOM 3:00 CORNHOLE-ACTIVITIY ROOM 3:30 COZY PUB CHAT W/ FRIENDS 6:30 NIGHT AT THE MOVIES-THE TIME MACHINE (AMAZON)	2:00 TRAVEL LOG TO SPAIN (MEDIA RM) 3:00 TASTE OF SPAIN- CHURROS W/ CHOCOLATE SAUCE	10:30 CARD GAME FUN W/ ARC 11:30 GRUB CLUB: CHILLI DOGS 2:00 YOGA WITH MARY 3:00 HEALTHY SMOOTHIES & TRIVIA 3:30 FIREPLACE CONVERSATIONS	9:45 DAILY CHRONICLE 10:00 ENERGIZED EXERCISE 10:15 LIBRARY COMES TO VISIT US 11:00 ROSARY (SUN ROOM) 1:30 CRAFT CORNER: EGG-CITING POTATO STAMPING 3:00 SCRABBLE-ACTIVITY ROOM	8:30-EXERCUSE VIDEO 9:45 DAILY CHRONICLE 10:00 THE BEAT GOES ON-DRUMMING 10:30 ROLL & RHYME-ACTIVITY ROOM 11:15 LUNCH AT DOYLE'S 2:00 UNO-ACTIVITY ROOM 3:00 COCKTAILS & CONVERSATIONS: STRAWBERRY LEMONADE BUBBLY 6:30 WINE & CHEESE BINGO	8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 SITTERCIZE (MEDIA ROOM) 10:15 TED TALKS 11:00 SHABBAT 2:00 HAPPY HOPPING BIRTHDAY MUSIC SOCIALW/ PAUL DECHAMBEAU 3:00 UNO IN THE PUB 3:30 CHAT BY THE FIRE WITH FRIENDS 6:30 BINGO WITH LYNDA 6:30 MOVIE FLICKS-WHAT LIES BENEATH (AMAZON)	8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 10:00 SIT & TWIST 10:30 CURRENT EVENTS & COFFEE 11:00 SHAKE LOOSE A MEMORY 1:30 MOVIE MATINEE: GONE WITH THE WIND 3:00 SHAKE LOOSE A MEMORY W/ RECEPTION 3:30 LIVING ROOM CHAT W/ FRIENDS 6:30 SATURDAY NIGHT MOVIE-BLACK SHEEP (AMAZON)
	10:00 CATHOLIC SERVICES-REFLECT. 10:00 MANICURES 10:30 ADULT PENCIL ART 2:00 TABLETOP BOWLING-ACTIVITY RM 3:00 CRAZY 8'S-ACTIVITY ROOM 3:30 COZY PUB CHAT W/ FRIENDS 6:30 NIGHT AT THE MOVIES-YOURS, MINE & OURS (AMAZON)	8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 10:00 MORNING STRETCH 10:00 LOCAL ERRANDS 10:30 WORD FIND: APRIL SHOWERS MAY FLOWERS 2:00 RESIDENT COUNCIL MEETING 3:00 BOOK CLUB-SUNROOM 3:30 COOKIES & COCOA IN THE PUB 6:30 BINGO WITH RITA	10:00 WATER BOTTLE WORKOUT 10:30 WORD GAME FUN IN ACTIVITY RM 12:00 MENS PUB LUNCH 1:30 TRIP TO WALMART 2:00 HORSE RACING-ACTIVITY RM 3:00 HISTORY CHAT W/ APRIL- EARTH DAY 3:30 FIREPLACE CONVERSATIONS 6:30 MOVIE & POPCORN- NIGHT AT THE	9:45 DAILY CHRONICLE 10:00 ENERGIZED EXERCISE 10:30 WACKY WORDIES 11:00 ROSARY (SUN ROOM) 11:00 SENIOR HOME SAFETY W/ ENCOMPASS 2:00 LIFE IS IN BLOOM MUSIC SOCIAL	8:30 EXERCISE VIDEO-ACTIVITY RM 9:00 BP CLINIC -ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 THE BEAT GOES ON- DRUMMING 10:30 ROLL & RHYME-ACTIVITY ROOM 11:15 LUNCH AT KELLY'S 2:00 HORSE RACING-ACTIVITY ROOM 3:00 SKIP BO!-ACTIVITY ROOM 6:30 WINE & CHEESE BINGO		8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 SIT & TWIST 10:30 CURRENT EVENTS & COFFEE 11:00 BOARD GAME FUN 2:00 CRAFTERS CORNER: PAINTING FLOWER POTS FOR EARTH DAY 3:00 SHAKE LOOSE A MEMORY 3:30 LIVING ROOM CHAT 6:30 SATURDAY NIGHT MOVIE-QUIGLEY DOWN UNDER (AMAZON) ALEX
	EASTER SUNDAY 21 8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 SIT DOWN & TONE UP 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MANICURES 10:30 ADULT PENCIL ART 2:00 TABLETOP BOWLING-ACTIVITY RM 3:00 RUMMIKUB-ACTIVITY RM 3:30 COZY PUB CHAT W/ FRIENDS 6:30 NIGHT AT THE MOVIES-DIRTY ROTTEN SCOUNDRELS (AMAZON)	9:45 DAILY CHRONICLE 10:00 MORNING STRETCH 10:00 LOCAL ERRANDS 10:30 WORD FIND: LETS CELEBRATE EARTH DAY 1:30 CRAFT CORNER: PLANTING FLOWERS	10:30 GAMES W/ ARC-ACTIVITY RM 1:30 TRIP TO STOUGHTON LIBRARY 2:00 YOGA WITH MARY 3:00 HEALTHY SMOOTHIES & TRIVIA 3:30 FIRESIDE CONVERSATIONS 6:30 MOVIE & POPCORN-MR. POPPERS	9:00 LATTE LOUNGE IN THE PUB 9:45 DAILY CHRONICLE 10:00 ENERGIZED EXERCISE 10:30 WACKY WORDIES 11:00 ROSARY (SUN ROOM) 2:00 CRAZY 8'S IN THE PUB 3:00 COCKTAILS & CONVERSATIONS:	8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 10:00 THE BEAT GOES ON-DRUMMING 10:30 ROLL & RHYME-ACTIVITY ROOM 11:15 LUNCH AT THE CHATEAU 2:00 BINGO! -ACTIVITY ROOM 3:00 WHO AM I W/ APRIL-LIVING ROOM 3:30 CHAT WITH FRIENDS BY THE FIRE 6:30 WINE & CHEESE BINGO	10:00 SITTERCIZE (MEDIA ROOM) 10:15 TED TALKS 11:00 SHABBAT 12:00 FINE DINING 2:00 DANCE IN THE DANDELIONS MUSIC SOCIAL W/ DAVE VALERIO 3:00 CHAT WITH FRIENDS BY THE FIRE	8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 10:00 SIT & TWIST 10:30 CURRENT EVENTS & COFFEE 11:00 DOMINOES IN THE ACTIVITY RM 2:00 ROLLING PIN CLUB: FUDGE 3:00 TASTE TESTING & COFFEE IN PUB 3:30 LIVING ROOM CHAT W/ FRIENDS 6:30 SATURDAY NIGHT MOVIE-CHICAGO (DVD) ALEX
	9:45 SIT DOWN & TONE UP 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MANICURES 10:30 ADULT PENCIL ART 2:00 BOGGLE-ACTIVITY ROOM 3:00 CRAZY 8'S-ACTIVITY ROOM 3:30 COZY PUB CHAT W/ FRIENDS 6:30 NIGHT AT THE MOVIES-THE SUN ALSO RISES (DVD)	9:45 DAILY CHRONICLE 10:00 MORNING STRETCH 10:00 LOCAL ERRANDS 10:30 WORD FIND: ALL RAINBOWS AND SUNSHINE 2:00 MASS AUDOBON: SPRING BIRDS	8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 10:00 WATER BOTTLE WORKOUT 10:30 WORD GAMES-ACTIVITY RM 1:30 TRIP TO DOLLAR TREE 3:00 BINGO!-ACTIVITY ROOM 3:30 FIRESIDE CONVERSATIONS 6:30 MOVIE & POPCORN-CRASH (DVD)	Happy Birthday! Tina C. 4/24 Mary C. 4/25	Apri Singing In	l 2019 The Rain	Stoughton Traditional Activities
C	THE ARBORS AT STOUC	HION 2121 CENTRAL ST	REEL STOUGHTON, N	IA 02072 781-344-0310	TRADITIONAL ACTIVI	HES-ALL ACTIVITIES SU	BJECT TO CHANGE