

DOOR DOOR

The Arbors at Stoneham

FEB/ 2019



Champagne Toast

We rang in the New Year with family and friends. We enjoyed a champagne toast, bacon wrapped scallops, and toasted raviolis. We talked about New Years' resolutions and reminisced about fun memories from 2018. We also played an easy guessing game— estimating how many mints fit inside a clear jar—without manually counting them. Jean C won this fun game and received a beautiful 2019 calendar as a prize. We are grateful for our experiences this past year and look forward to what 2019 has in store.



**HAPPY
NEW YEAR!**



Crafting Corner

We spent one afternoon making snowmen out of popsicle sticks. The sticks were glued together, and we did our part by painting them white and black (for the hat). Once the paint dried, we drew on faces so that each snowman could smile back at us. We enjoyed doing this craft and getting something to take back with us to our rooms!

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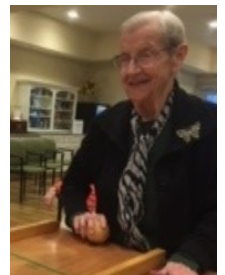
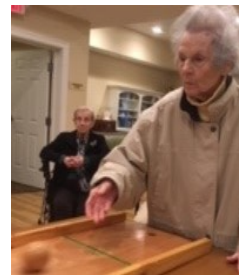
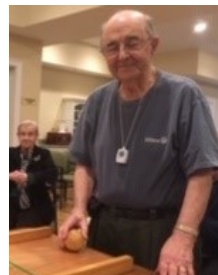
To The Left...

Left, Right, Center is becoming more popular at the Arbors. While the concept is simple, we are a competitive group who likes to move at a fast pace. Our fates lie within whatever is rolled on the dice. We use fake money and pass it to our neighbors, depending on what is rolled on the dice. Whoever ends the game with money in front of them is the winner! What seems easy becomes challenging when we try to keep track of what each dice is telling us to do-not to mention we always need a refresher on how to distinguish between our rights and our lefts! This game is easy to learn and fun to play. We typically play Thursday afternoons and as always, the more, the merrier!



Bowling Right At Home

We enjoyed a fun afternoon of bowling and didn't even need to go to the alley! This table top bowling set is convenient, easy to use, and brings lots of laughs. Not to mention, bowling is a great way for us to squeeze in some extra exercise. We compete against each other and are often successful in getting all ten pins down in a turn. Congratulations to Bernie R. for winning this particular competition.



Homemade Greeting Cards

We enjoyed creating homemade greeting cards one afternoon. We used construction paper, different colored markers and pens to produce our masterpieces. Pictured on the left is Anna S who was incredibly proud of this bear drawing. This activity put a smile on all of our faces!

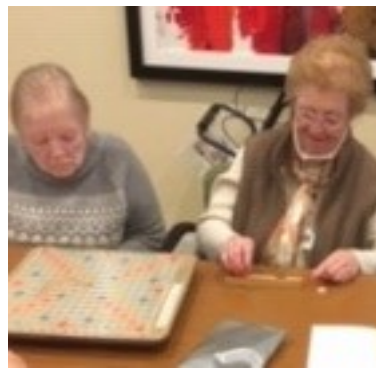
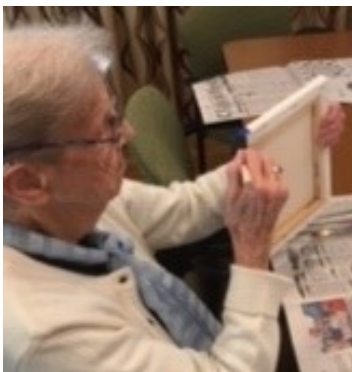


Lunch Outings



Jimmy's Steakhouse

One Wednesday afternoon, we enjoyed lunch out at Jimmy's in Saugus. We ordered steak, chicken, and extra hot & spicy buffalo wings. The coffee was especially tasty at this meal! We liked the atmosphere of the building and enjoyed looking at the artwork all over the walls. Whenever we go out to lunch, we enjoy talking with the restaurant staff who are always friendly and kind. The cold and rain didn't stop us from having a good time, and we look forward to visiting Jimmy's again soon. These lunch trips are a great way for us to get some fresh air and see what's happening outside of the Arbors. We enjoy riding on the bus together and checking out the different scenery on the way. We are always looking for more residents to join us, so please don't hesitate to sign up at the front desk or suggest a new place to go!



Hidden Talents

We spent one afternoon exploring the different talents we have to offer. Some of us decided to play with colors and create beautiful winter painted canvases. We mixed different shades of blues to make a night sky and experimented with adding snowflake designs. Another group of us expanded our vocabularies by testing out new words on the scrabble board. We love competing against each other, but we also enjoy offering our comrades a helping hand.

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Pet Therapy

We were happy to meet Prince and Thor, two golden retrievers who visited us one Monday afternoon. Joyce Hamlyn, their owner, has spent a great deal of time training Prince and Thor to be awesome therapy dogs. Joyce visits our sister site in Dracut as well. She volunteers her time to bring the dogs to clients all around the nation. We look forward to seeing Joyce, Prince, and Thor again next month, as the afternoon was a wonderful experience and reminded us that a dog truly is man's best friend!



Welcome Home
New Residents!

Andrew & Elena

Happy Birthday

February Babies!



Anthony D 2/10

Dorothea G 2/6

Marie L 2/7

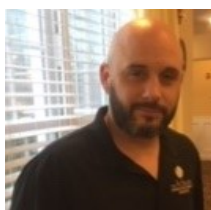
Wanda B 2/15

Elizabeth C 2/16

Mary W 2/21

Welcome Steve!

Steve is our new Food Services Director. He comes to us from Hallmark Health where he worked as the Sous Chef for 15 years. Steve is passionate about cooking and is excited to become part of our Arbors community. Feel free to introduce yourself to him!



New Resident Tea Party

Every month, we enjoy different flavored teas, pastries and each other's company. We welcome new residents to our community and reminisce about our own adventures when we moved in. This month, we talked about the first staff members and residents we met when moving in. We also discussed our past where we came from and where our kids went to school. This is a great activity for us to connect with one another and welcome new residents to the family!