8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE March 2019 10:00 SITTERCIZE (MEDIA ROOM) 10:00 SIT & TWIST 10:30 TED TALKS 11:00 BALLOON VOLLEYBALL 11:00 DOMINOES IN THE ACTIVITY ROOM 2:00 ROLLING PIN CLUB-HAZELNUT 2:00 LUCK OF THE IRISH MUSIC SOCIAL SPREAD COOKIES W/ RICK WELCH :00 TASTE TESTING & COFFEE IN PUB Luck of the Irish 3:00 COOKIES & COCOA BY THE FIRE 3:30 MOVIES & MANHATTANS W/ KAREN-3:30 MONTHLY GAZETTE BY THE FIRE THE DEPARTED (NETFLIX) 6:30 BINGO WITH LYNDA 6:30 SATURDAY NIGHT MOVIE-MAN IN 6:30 MOVIE FLICKS-HITCH (AMAZON) THE IRON MASK (AMAZON) 6 8:30 EXERCISE VIDEO-ACTIVITY RM 7 8:30 EXERCISE VIDEO-ACTIVITY ROOM 8:30 EXERCISE VIDEO-ACTIVITY RM 5 8:30 EXERCISE VIDEO-ACTIVITY RM 3_{8:30} EXERCISE VIDEO-ACTIVITY RM 4|8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 10:00 THE BEAT GOES ON-DRUMMING 9:00 CAPPUCCINO CAFÉ IN THE PUB 9:45 SIT DOWN & TONE UP 9:45 DAILY CHRONICLE 10:00 SITTERCIZE (MEDIA ROOM) 10:00 SIT & TWIST 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MORNING STRETCH 10:00 WATER BOTTLE WORKOUT 9:45 DAILY CHRONICLE 10:30 CROSSWORD PUZZLE 10:15 TED TALKS 11:00 BALLOON VOLLEYBALL 10:00 LOCAL ERRANDS 10:00 ENERGIZED EXERCISE 11:15 LUNCH AT DOYLES-EASTON 11:00 SHABBAT 2:00 STORY TELLING MUSIC SOCIAL 10:00 MANICURES 10:30 ROLLING PIN CLUB: KING CAKE 2:00 POT OF GOLD BIRTHDAY PARTY & 10:30 ADULT PENCIL ART 10:30 WORD FIND: MARDI GRAS W/ ARC IN THE PUB 10:15 LIBRARY COMES TO VISIT US 2:00 SKIP BO! - ACTIVITY RM W/ SUNNY LEE **CELEBRATIONS** MUSIC SOCIAL W/ MIKE DARDIS 1:30 TRIP TO STOUGHTON COA BINGO 11:00 ROSARY (SUN ROOM) 3:00 COOKIES & COCOA BY THE FIRE 3:00 DOMINOES IN THE ACTIVITY ROOM 2:00 POKENO-ACTIVITY ROOM 3:30 BOGGLE-ACTIVITY ROOM 3:00 CORNHOLE-ACTIVITIY ROOM 2:00 WHIST IN THE PUB 2:00 MARDI GRAS PARDI GRAS! 2:00 YAHTZEE-ACTIVITY ROOM 3:30 WHO MADE US LAUGH W/ APRIL 3:00 UNO IN THE PUB 3:30 COZY PUB CHAT W/ FRIENDS 3:00 BOOK CLUB-SUNROOM 3:00 FIRESIDE CONVERSATIONS 3:00 MADE IN MASSACHUSETTS 6:30 WINE & CHEESE BINGO 3:30 CHAT BY THE FIRE 6:30 SATURDAY NIGHT MOVIE-THROW 6:30 NIGHT AT THE MOVIES- 21 3:30 CHECKERS ON THE 3RD FLOOR 3:30 HISTORY CHAT- MARDI GRAS W/ BRIAN SILVEN 6:30 BINGO WITH LYNDA MOMMA FROM THE TRAIN (AMAZON 6:30 MOVIE NIGHT- MISS CONGENIALITY 6:30 BINGO WITH RITA 6:30 BINGO WITH RECEPTIONIST 6:30 MOVIE FLICKS-THE NAKED GUN (AMAZON) (AMAZON) Mardi Gras (AMAZON) Ash Wednesday 8:30 EXERCISE VIDEO-ACTIVITY RM 12 8:30 EXERCISE VIDEO-ACTIVITY RM 13 8:30 EXERCISE VIDEO-ACTIVITY RM 14 8:30 EXERCISE VIDEO-ACTIVITY RM 15 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE PAPARAZZI JEWELRY-LVNG RM 10AM-2PM 6 8:30 EXERCISE VIDEO-ACTIVITY ROOM 6 DAYLIGHT SAVINGS TIME BEGINS 8:30 EXERCISE VIDEO-ACTIVITY RM 8:30 EXERCISE VIDEO-ACTIVITY RM 11 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 10:00 WATER BOTTLE WORKOUT 9:45 DAILY CHRONICLE 10:00 THE BEAT GOES ON- DRUMMING 10:00 SITTERCIZE (MEDIA ROOM) 9:45 SIT DOWN & TONE UP 10:00 SIT & TWIST 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MORNING STRETCH 11:15 TRIP TO DOLLAR TREE 10:00 ENERGIZED EXERCISE 10:30 CROSSWORD PUZZLE 10:15 TED TALKS 10:30 CURRENT EVENTS & COFFEE 10:00 LOCAL ERRANDS 2:00 YOGA WITH MARY 11:15 TRIP TO CRACKER BARREL 10:00 MANICURES 10:30 MIXED UP BOWLING 11:00 SHABBAT 11:00 BOARD GAME FUN 10:30 ADULT PENCIL ART 10:30 WORD FIND: LUCKY POT OF GOLD 3:00 HEALTHY SMOOTHIES & TRIVIA 11:00 ROSARY (SUN ROOM) 2:00 UNO-ACTIVITY RM 2:00 YAHTZEE-ACTIVITY ROOM 3:15 IRISH STEP DANCERS IN THE 2:00 ROLLING PIN CLUB- ST. PATRICKS 2:00 SKIP BO! IN THE PUB 3:00 COFFEE & BISCOTTI BY THE FIRE 2:00 SCRABBLE-ACTIVITY ROOM 3:30 HISTORY CHAT BY THE FIRE-1:30 CRAFT CORNER: RAINBOW POT OF 3:00 CRAZY 8'S-ACTIVITY ROOM 3:00 BOOK CLUB-SUNROOM **SWITZERLAND** 3:30 WHAT AM I W/ APRIL- LIVING ROOM LIVING ROOM DAY GELATIN COOKIES GOLD 3:30 CHIT CHAT W/ FRIENDS 3:00 TASTE TESTING & COFFEE IN PUB 3:30 COZY PUB CHAT W/ FRIENDS 6:30 MOVIE & POPCORN-FLORENCE 3:00 COCKTAILS & CONVERSATIONS: 6:30 BINGO WITH LYNDA 6:30 WINE & CHEESE BINGO 3:30 LIVING ROOM CHAT 6:30 NIGHT AT THE MOVIES-JUST 6:30 BINGO WITH RITA FOSTER JENKINS (AMAZON) **IRISH MUDSLIDE** 6:30 MOVIE FLICKS-A BEAUTIFUL MIND 6:30 BINGO WITH RECEPTIONIST 6:30 SATURDAY NIGHT MOVIE-THE LAST **GETTING STARTED (AMAZON)** (AMAZON) LAUGH (NETFLIX) **ALEX** Daylight Saving Time Begins 8:30 EXERCISE VIDEO-ACTIVITY RM 23 8:30 EXERCISE VIDEO-ACTIVITY RM 21 8:30 EXERCISE VIDEO-ACTIVITY RM 22 8:30 EXERCISE VIDEO-ACTIVITY RM 18:45 DAILY CHRONICLE ST. PATRICK'S DAY 3:30 EXERCISE VIDEO-ACTIVITY RM 20 8:30 EXERCISE VIDEO-ACTIVITY RM 17 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 9:00 BP CLINIC -ACTIVITY ROOM 9:45 SIT DOWN & TONE UP 9:00 LATTE LOUNGE IN THE PUB 10:00 SITTERCIZE (MEDIA ROOM) 10:00 WATER BOTTLE WORKOUT 10:00 SIT & TWIST 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MORNING STRETCH 10:30 BOARD GAMES WITH ARC 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 10:15 TED TALKS 10:30 CURRENT EVENTS & COFFEE 12:00 MENS PUB LUNCH 10:00 LOCAL ERRANDS 10:00 ENERGIZED EXERCISE 10:00 THE BEAT GOES ON- DRUMMING 11:00 SHABBAT 10:00 MANICURES 11:00 DOMINOES IN THE ACTIVITY RM 10:30 ADULT PENCIL ART 10:30 WORD FIND: LET'S START THE 1:30 TRIP TO STOUGHTON LIBRARY 10:30 WACKY WORDIES 10:30 SKIP-BO IN THE ACTIVITY ROOM 12:00 FINE DINING 2:00 ROLLING PIN CLUB-**SHENANIGANS** 2:00 WELCOME HOME TEA PARTY 11:00 ROSARY (SUN ROOM) 11:15 TRIP TO TOWN SPA 2:00 SHAMROCKIN MUSIC SOCIAL SAMOA APPLE SLICES 2:00 TABLETOP BOWLING-ACTIVITY RM 11:00 BALANCE ED WITH ENCOMPASS 3:00 RUMMIKUB-ACTIVITY RM 2:00 RESIDENT COUNCIL MEETING 3:00 GETTING TO KNOW YOU 2:00 ROLLING PIN CLUB-HAMENTASHEN W/ FRANK NOONAN 3:00 TASTE TESTING & COFFEE IN PUB 3:00 BOOK CLUB-SUNROOM 2:00 WOMENS HISTORY W/ CHERYL 3:00 TASTE TESTING & COFFEE IN PUB 3:30 COZY PUB CHAT W/ FRIENDS 3:30 HISTORY CHAT-TALE OF THE 3:00 CHAT BY THE FIRE 3:30 LIVING ROOM CHAT 6:30 NIGHT AT THE MOVIES-3:30 COOKIES & COCOA IN THE PUB DRAGON & WHAT AM I **FAYE: ELEANOR ROOSEVELT** 3:30 WHAT AM I W/ APRIL-LIVING ROOM 3:30 FAMOUS IRISH FOLKS-LIVING RM 6:30 SATURDAY NIGHT MOVIE-I AM UNDERCOVER GRANDPA (NETFLIX) 6:30 BINGO WITH RITA 6:30 MOVIE & POPCORN- THE 3:00 SCRABBLE IN THE PUB 6:30 WINE & CHEESE BINGO 6:30 BINGO WITH LYNDA NUMBER FOUR (NETFLIX) APRIL HURRICAN HEIST (NETFLIX) APRIL 6:30 BINGO WITH RECEPTIONIST 6:30 MOVIE-THE DIRTY DOZEN (NETFLIX St. Patrick's Day 8:30 EXERCISE VIDEO-ACTIVITY RM 28 8:30 EXERCISE VIDEO-ACTIVITY RM 29 9:45 DAILY CHRONICLE 8:30 EXERCISE VIDEO-ACTIVITY RM 26 8:30 EXERCISE VIDEO-ACTIVITY RM 27 9:00 HOT COCOA BAR IN THE PUB 8:30 EXERCISE VIDEO-ACTIVITY RM **24** 3:30 EXERCISE VIDEO-ACTIVITY RM 25 8:30 EXERCISE VIDEO-ACTIVITY RM 30 9:45 DAILY CHRONICLE 9:45 SIT DOWN & TONE UP 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 9:45 DAILY CHRONICLE 10:00 SITTERCIZE (MEDIA ROOM) 9:45 DAILY CHRONICLE 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MORNING STRETCH 10:00 WATER BOTTLE WORKOUT 10:00 ENERGIZED EXERCISE 10:00 THE BEAT GOES ON-DRUMMING 10:15 TED TALKS 10:00 SIT & TWIST 10:00 LOCAL ERRANDS 10:30 BOARD GAMES WITH ARC 10:30 "POP" OUT RHYME 10:30 CROSSWORD PUZZLE 10:30 CURRENT EVENTS & COFFEE 10:00 MANICURES 11:00 SHABBAT 10:30 WORD FIND: FOUR LEAF 10:30 ADULT PENCIL ART 2:00 YOGA WITH MARY 11:00 ROSARY (SUN ROOM) 11:15 LUNCH TRIP: FIVE GUYS 2:00 JIGGING W/ LORETTA FROM 11:00 BOARD GAME FUN 2:00 BOGGLE-ACTIVITY ROOM **CLOVERS** 3:00 HEALTHY SMOOTHIES & TRIVIA 2:00 TRAVEL LÒG: JOURNÉY TO THE 1:30 CRAFT CORNER: FLYING BIRDS CHABOOM 2:00 MATINEE: GREATEST SHOWMEN-2:00 THE GREAT SOUP COOK OFF 3:00 COCKTAILS & CONVERSATIONS: 3:00 CRAZY 8'S-ACTIVITY ROOM 3:30 FIRESIDE CONVERSATIONS **HILLS OF IRELAND** 3:00 DOMINOES!-ACTIVITY ROOM MEDIA ROOM W/ CAPREACE 3:30 COZY PUB CHAT W/ FRIENDS 2:00 WHIST IN THE PUB 6:30 MOVIE & POPCORN-SURVIVOR 3:00 TASTE OF IRELAND ST. PATTY'S PUNCH 3:30 HISTORY CHAT-MUSIC OF THE ALPS 3:00 SHAKE LOSE A MEMORY 3:30 WHO AM I W/ APRIL-LIVING ROOM 6:30 NIGHT AT THE MOVIES- TRUE 3:00 BOOK CLUB-SUNROOM (NETFLIX) 6:30 BINGO WITH RECEPTIONIST 6:30 BINGO WITH LYNDA 3:30 LIVING ROOM CHAT MEMOIRES OF AN INTERNATIONAL 3:30 COFFEE AND CHIT CHAT IN PUB 6:30 WINE & CHEESE BINGO 6:30 MOVIE FLICKS-WHAT HAPPENED TO 6:30 SATURDAY NIGHT MOVIE-ASSASSIN (NETFLIX) 6:30 BINGO WITH RITA MONDAY (NETFLIX) GHOSTBUSTERS (NETFLIX) ALEX 8:30 EXERCISE VIDEO-ACTIVITY RM 31 Happy Birthday! STOUGHTON 9:45 SIT DOWN & TONE UP 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MANICURES 3/2 Helene M 10:30 ADULT PENCIL ART TRADITIONAL 3/8 Morris F. 2:00 POKENO-ACTIVITY RM 3:00 SCRABBLE-ACTIVITY ROOM 3/18 Rita M 3:30 COZY PUB CHAT W/ FRIENDS ACTIVITIES 6:30 NIGHT AT THE MOVIES- HOW THE BEATLES CHANGED THE WORLD (NETFLIX)

TRADITIONAL ACTIVITIES-ALL ACTIVITIES SUBJECT TO CHANGE

STOUGHTON. MA 02702

THE ARBORS AT STOUGHTON