

The Arbors at Winthrop

February / 2019



## Happy New Year!

We had our annual New Year's Eve Bash which was complete with a countdown and ball drop with our own Times Square Ball, festive party hats, champagne, pulled pork sandwiches and lots of celebrating!

## Planting Christmas Trees

We prepared for a future Christmas by planting a Christmas tree seedling. Special thanks to one of our resident's daughters who donated the kits to our community. We can't wait to watch them grow. We all are wondering how many years it will take for them to be large enough to decorate.



## Annual Snowball Fight

Although we have barely seen more than a dusting of snow this winter, we held our annual snowball fight. It is always a joy-filled time with much laughter and excitement. It involves about 40 white balloons and this year about 40 residents.



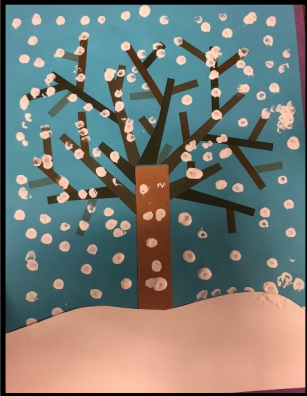


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## The Arbors at Winthrop



### Winter Crafts



In keeping with our winter theme our ladies have been busy making lots of different winter scenes and animals. Even though we haven't had a snowfall yet this winter that didn't stop our crafters from depicting a snowy day scene using paint and different paper.



We also made stuffed sock penguins. We enjoyed filling the socks with rice and then decorating his face and gluing his body to the sock.



### Restaurant Review by Harvey P.

The Arbors Lunch Club visited The Border Café in Saugus.

The Border serves Mexican cuisine and of course can be attested to by its busy lunch time crowd.

We were promptly seated and served generous portions and taco chips. Our waiter, Jo Han took our beverage orders and brought quite large portions of sodas and other beverages. He even suggested a good meal choice for our resident who is allergic to gluten.

The menu featured a goodly array of standard Mexican favorites including: tacos, enchiladas, burritos and fajitas, and quesadillas.

There is a bar for those so inclined.

A survey of the group was quite positive. The portions were such that doggie bags were common. Nine out of eleven of our group ordered quesadillas and could only eat a half portion.

It was a bit noisy as could be expected from such a huge place. Service was prompt and excellent. The cost was moderate: \$10.00-\$20.00. We can't wait to go back!





## Reflections Community



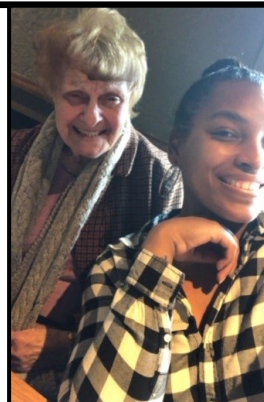
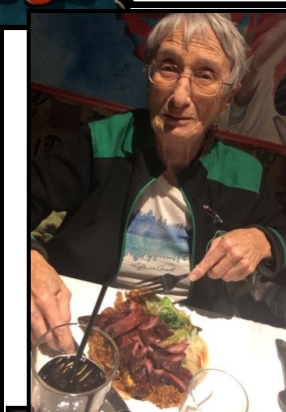
### Sharp Shooters

These ladies went down memory lane with this pool match. They reminisced about their younger days and about what good pool players they were. This pool match reminded them how much they enjoy this game. These ladies still have what it takes to be a part of a pool league.



### Lemon Whip Dip

Our residents made a huge bowl of Lemon Whip dip for our Manager's Cocktails Hour. The ladies were flattered to contribute some of their skills in the kitchen. The dip was delicious and everyone gave our chefs big compliments!



### Wrapped Pine Cones

Our residents wrapped some pinecones using light colored yarn. Each of the residents chose her preferred single color. Some of the ladies ventured out by wrapping the pinecones with multiple colors.



### Lunch Outing

Our lunch bunch were all about talking while we waited for our meals. As the meals started coming out I was able to capture these beautiful smiles of excitement once the ladies had their selected dish in front of them. Kowloon has officially become the ladies' favorite Chinese restaurant.

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## Happy Birthday, February Babies!

**Dottie D. 2/3**

**Angela A. 2/3**

**Gloria C. 2/5**

**Joe F. 2/6**

**Sheila F. 2/6**

**Ken D. 2/17**

## Welcome New Residents!

**Milly W.**

## **Fancy Lunch**

We held our fine dining on Friday, January 11th. Our residents feasted on surf and turf, mashed potatoes, wine, and cream puffs. It was a delicious meal prepared by our own Chef Salvo and his staff.

The Arbors at Winthrop is pleased to introduce a brand new communication service for residents and their families called,

## VoiceFriend

This service sends messages and notifications with important and timely information directly to your phone (land line or cell), email or text. The messages are sent the way you want to receive them!

Messages could include:

- Activities of interest to you
- Special events and Entertainment
- Weather emergencies
- Important appointments
- Latest Lunch & Dinner menus
- And much more

There is no charge to residents for this valuable service. We will begin using this new service shortly. Please let us know if you have any questions or comments. We look forward to getting your feedback! Your emergency contact should have received a contact request. Please return to the front desk.

