

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

"Falling In Love With You!"



<p>SUPERBOWL! GO PATS! 3</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 SIT DOWN & TONE UP 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MANICURES 10:30 ADULT PENCIL ART 2:00 QUIDDLER-ACTIVITY ROOM 3:00 CORNHOLE-ACTIVITY ROOM 3:30 COZY PUB CHAT W/ FRIENDS 6:30 SUPERBOWL PARTY IN THE PUB</p> <p style="text-align: right;">ALEX</p>	<p>4</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 MORNING STRETCH 10:00 LOCAL ERRANDS 10:30 WORD FIND: LET ME CALL YOU SWEETHEART 2:00 DIABETIC SHOES INSERVICE-LIVING ROOM 3:00 BOOK CLUB IN THE SUNROOM 4:00 FIRESIDE CHAT W/ FRIENDS 6:30 BINGO WITH RITA</p>	<p>CHINESE NEW YEAR 5</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 WATER BOTTLE WORKOUT 10:30 SCRABBLE IN THE ACTIVITY ROOM 11:00 TRIP TO COUNCIL OF AGING-BINGO 2:00 RUMMIKUB IN ACTIVITY ROOM 3:00 FIREPLACE CONVERSATIONS W/ FRIENDS 3:30 HISTORY MONTH W/ RECEPTION 6:30 MOVIE & POPCORN-PS I LOVE YOU (NETFLIX) <i>Chinese New Year</i></p>	<p>6</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:00 CAPPUCCINO CAFÉ IN THE PUB 9:45 ENERGIZED EXERCISE 10:15 LIBRARY COMES TO VISIT 11:00 ROSARY (SUN ROOM) 1:30 CRAFT CORNER: VALENTINE WREATHS 3:00 RASPBERRY CRUSHES COCKTAILS & CONVERSATIONS 4:00 HEADLINES WITH RECEPTION 6:30 BINGO WITH RECEPTIONIST</p>	<p>7</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 THE BEAT GOES ON-CARDIO DRUMMING 10:30 CROSSWORD PUZZLE 11:15 LUNCH AT RED WING DINER 2:00 ARMCHAIR TRAVEL-PARIS 3:00 COCOA & COOKIES-LIVING RM 3:30 FIRST LADIES WHO AM I-RECEPTION 6:30 WINE & CHEESE BINGO</p>	<p>WEAR YOUR PATRIOTS JERSEYS! 1</p> <p>8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 10:00 SWEATING TO THE OLDIES (MEDIA ROOM) 10:30 TED TALKS 11:00 SHABBAT 2:00 LOVERS LANE PARTY W/ ART TEBBETTS 3:00 FAIRYTALES BY THE FIRE 3:30 FIRESIDE CONVERSATIONS 6:30 BINGO WITH LYNDA 6:30 MOVIE FLICKS-GOODWILL HUNTING (NETFLIX)</p>	<p>GROUNDHOG DAY 2</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 SIT & TWIST 10:30 CURRENT EVENTS & COFFEE 11:00 NIX THE SIX GAME-ACT. ROOM 2:00 ROLLING PIN CLUB: PUNXSUTAWNEY PHIL & TRIVIA 3:00 TASTE TESTING & COFFEE IN PUB 3:30 LIVING ROOM CHAT W/ FRIENDS 6:30 SATURDAY NIGHT MOVIE- GROUNDHOG DAY (AMAZON) <i>Groundhog Day</i> ALEX</p>												
<p>10</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 SIT DOWN & TONE UP 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MANICURES 10:30 ADULT PENCIL ART 2:00 BOGGLE- ACTIVITY ROOM 3:00 CRAZY 8'S-ACTIVITY ROOM 3:30 COZY PUB CHAT W/ FRIENDS 6:30 NIGHT AT THE MOVIES-WHEN WE FIRST MET (NETFLIX)</p>	<p>11</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 MORNING STRETCH 10:00 LOCAL ERRANDS 10:30 WORD FIND: SAINT VALENTINES 2:00 GIN RUMMY IN THE PUB 3:00 BOOK CLUB IN THE SUNROOM 3:30 FIRESIDE CHAT W/ FRIENDS 6:30 BINGO WITH RITA</p>	<p>12</p> <p>8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 10:00 WATER BOTTLE WORKOUT 10:30 BOARD GAMES WITH ARC 11:00 GOURMET CLUB: HOMEMADE FALL RIVER STYLE CHOW MEIN 12:30 LUNCH WITH CAPREACE (PUB) 1:30 TRIP TO STOUGHTON LIBRARY 2:00 YOGA WITH MARY 3:00 HEALTHY SMOOTHIES & TRIVIA 3:30 OUR PRESIDENT: ABE LINCOLN W/ CAPREACE IN THE LIVING ROOM 6:30 MOVIE & POPCORN-SET IT UP (NETFLIX)</p>	<p>13</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:00 ESPRESSO EXPRESS IN THE PUB 9:45 DAILY CHRONICLE 10:00 ENERGIZED EXERCISE 10:30 MIXED UP BOWLING (WORD GAME) 11:00 ROSARY (SUN ROOM) 1:30 CRAFT CORNER: COLLAGE A QUILT 3:00 STAR OF THE MONTH-ANN MARGRET 3:30 THE MONTHLY GAZETTE 6:30 A NIGHT IN PARIS FAMILY PARTY W/ NOAH LIS FROM THE VOICE</p>	<p>VALENTINE'S DAY 14</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 THE BEAT GOES ON-CARDIO DRUMMING 10:30 CROSSWORD PUZZLE 11:00 TRIP TO FRUGAL FANNIES 2:00 VALENTINES DAY PARTY 3:00 SENTIMENTAL CONVERSATIONS 3:30 HISTORICALLY SPEAKING WITH RECEPTION 6:30 WINE & CHEESE BINGO</p> <p style="text-align: center;"><i>Valentine's Day</i></p>	<p>WEAR RED FOR HEART HEALTH 8</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 SWEATING TO THE OLDIES (MEDIA ROOM) 10:15 TED TALKS 11:00 SHABBAT 2:00 SWEETHEART BIRTHDAY MUSIC SOCIAL W/ ANN WATKINSON 3:00 CHIT CHAT BY THE FIRE 3:30 UNO IN THE PUB 6:30 BINGO WITH LYNDA 6:30 MOVIE FLICKS-MAMA MIA (NETFLIX)</p>	<p>16</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 SIT & TWIST 10:30 CURRENT EVENTS & COFFEE 11:00 DOMINOES -ACTIVITY ROOM 2:00 ROLLING PIN CLUB: SWEET BAKED APPLE CRUMBLE 3:00 TASTE TESTING & COFFEE IN PUB 3:30 LIVING ROOM CHAT W/ FRIENDS 6:30 SATURDAY NIGHT MOVIE-OURS SOULS AT NIGHT (NETFLIX)</p> <p style="text-align: right;">ALEX</p>												
<p>17</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 SIT DOWN & TONE UP 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MANICURES 10:30 ADULT PENCIL ART 2:00 POKENO-ACTIVITY ROOM 3:00 CORNHOLE-ACTIVITY ROOM 3:30 COZY PUB CHAT W/ FRIENDS 6:30 NIGHT AT THE MOVIES-THE SWITCH (NETFLIX)</p> <p style="text-align: right;">ALEX</p>	<p>PRESIDENTS DAY (US) 18</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 MORNING STRETCH 10:30 WORD FIND: PRESIDENTS OF THE UNITED STATES 2:00 CRAZY 8'S IN THE PUB 3:00 THE CHAMPAGNE MUSIC MAKER-LAWRENCE WELK-RECEPTION 3:30 FIRESIDE CHAT W/ FRIENDS 6:30 BINGO WITH RITA</p> <p style="text-align: center;"><i>Presidents' Day (US)</i></p>	<p>19</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 WATER BOTTLE WORKOUT 10:30 SCRABBLE IN THE ACTIVITY ROOM 2:00 HORSE RACING W/ RCA'S 3:00 MODERN TRIVIA-RECEPTION 3:30 FIRESIDE CONVERSATIONS W/ FRIENDS 6:30 MOVIE & POPCORN-LIKE FATHER (NETFLIX)</p>	<p>20</p> <p>8:30 EXERCISE VIDEO-ACTIVITY RM 9:00 LATTE LOUNGE IN THE PUB 9:45 DAILY CHRONICLE 10:00 ENERGIZED EXERCISE 10:30 WACKY WORDIES 11:00 ROSARY W/ KATHY (SUN ROOM) 11:00 HEART HEALTH WITH ENCOMPASS 2:00 YAHTZEE-ACTIVITY ROOM 3:00 LOVE POTION #9 COCKTAILS & CONVERSATIONS 4:00 HISTORY CHAT W/ RECEPTION 6:30 BINGO WITH RECEPTIONIST</p>	<p>21</p> <p>8:30 EXERCISE VIDEO-ACTIVITY RM 9:00 BP CLINIC -ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 ARBORS AEROBICS 10:30 WORD MINING: FALLING IN LOVE WITH YOU 11:00 BOARD GAMES-ACTIVITY RM 12:00 FINE DINING 2:00 HORSE RACING-ACTIVITY ROOM 3:00 COCOA & COOKIES-LIVING RM 3:30 PRESIDENTS TRIVIA-RECEPTION 6:30 WINE & CHEESE BINGO</p>	<p>FINE DINING 22</p> <p>8:30 EXERCISE VIDEO-ACTIVITY RM 9:45 DAILY CHRONICLE 10:00 SWEATING TO THE OLDIES (MEDIA ROOM) 10:15 TED TALKS 11:00 SHABBAT 2:00 CUPIDS ARROW MUSIC SOCIAL W/ MIKE HIGGINS 3:00 FIREPLACE CONVERSATIONS 3:30 HISTORY CHAT W/ RECEPTION 6:30 BINGO WITH LYNDA 6:30 MOVIE FLICKS-SECRETARIAT (NETFLIX)</p>	<p>23</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 SIT & TWIST 11:00 BOARD GAME FUN 2:00 DOMINOES IN THE PUB 3:00 LIVING ROOM CHAT 3:30 SHAKE LOOSE A MEMORY 6:30 SATURDAY NIGHT MOVIE-WRINKLE IN TIME (NETFLIX)</p>												
<p>24</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 SIT DOWN & TONE UP 10:00 CATHOLIC SERVICES-REFLECT. 10:00 MANICURES 10:30 ADULT PENCIL ART 2:00 BOGGLE-ACTIVITY ROOM 3:00 CRAZY 8'S-ACTIVITY ROOM 3:30 COZY PUB CHAT W/ FRIENDS 6:30 NIGHT AT THE MOVIES-NATIONAL TREASURE (NETFLIX)</p>	<p>25</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 MORNING STRETCH 10:00 LOCAL ERRANDS 10:30 WORD FIND: HOPELESSLY DEVOTED 2:00 RESIDENT COUNCIL MEETING 3:00 BOOK CLUB-SUNROOM 3:30 FIRESIDE CHAT W/ FRIENDS 6:30 BINGO WITH RITA</p>	<p>MICHELLE'S FASHION IN THE LIVING ROOM 1PM-3PM 26</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 WATER BOTTLE WORKOUT 10:30 CARD GAMES WITH ARC 12:00 MENS PUB LUNCH 1:30 TRIP TO DOLLAR TREE 2:00 YOGA WITH MARY 3:00 HEALTHY SMOOTHIES & TRIVIA 3:30 HISTORY CHAT W/ CAPREACE IN MEDIA ROOM 6:30 MOVIE & POPCORN-MONSTER IN LAW (NETFLIX)</p>	<p>27</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:00 HOT COCOA BAR IN THE PUB 9:45 ENERGIZED EXERCISE 10:00 FOREVER FIT 10:30 "POP" OUT RHYME 11:00 ROSARY (SUN ROOM) 2:00 FORGET-ME-NOT WELCOME HOME TEA PARTY 3:00 GETTING TO KNOW YOU 3:30 TRAVELING THE UNDERGROUND RAILROAD-LIVING ROOM 6:30 BINGO WITH RECEPTIONIST</p>	<p>28</p> <p>8:30 EXERCISE VIDEO-ACTIVITY ROOM 9:45 DAILY CHRONICLE 10:00 THE BEAT GOES ON-CARDIO DRUMMING 10:30 CROSSWORD PUZZLE 11:15 LUNCH TRIP TO LONGHORN 2:00 SENTIMENTAL MUSIC SOCIAL W/SUNNY LEE 3:00 COCOA & COOKIES-LIVING RM 3:30 NOT SO PRESIDENTIAL-WITH RECEPTION 6:30 WINE & CHEESE BINGO</p>	<p><i>Happy Birthday!</i></p> <table border="1"> <tr><td>Robert C.</td><td>2/15</td></tr> <tr><td>Martin B.</td><td>2/15</td></tr> <tr><td>Joan O.</td><td>2/16</td></tr> <tr><td>Grace T.</td><td>2/16</td></tr> <tr><td>Ruth F.</td><td>2/20</td></tr> <tr><td>"Bucky" W.</td><td>2/29</td></tr> </table> <p style="text-align: center;">STOUGHTON TRADITIONAL ACTIVITIES</p>		Robert C.	2/15	Martin B.	2/15	Joan O.	2/16	Grace T.	2/16	Ruth F.	2/20	"Bucky" W.	2/29
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