

# DOOR DOOR

The Arbors at Stoughton

FEB / 2019

**Happy Valentine's Day!**

**February 14th!**



## Ringin' It In Right!



On December 31st residents were invited to join in a pre-New Years Eve party hosted by the spectacular duo, Capreace Silva and Brittany Ricketts. The living room became our very own time square as we gathered around to toast goodbye to 2018 and hello to 2019. We rang in the New Year with Champagne and delicious hors d'oeuvres prepared by our very own Chef Jackie and finished with gooey mouth-watering, chocolate chip cookies. We delighted in each others stories, discussed our warm wishes for the upcoming year and offered toasts. Thank you to all who helped celebrate the New Year.

It was an afternoon that we will always remember surrounded by great friends and laughter.

Cheers to a terrific 2019!



### IT'S A BOY



What a joy it was to celebrate long time employee Katia's new bundle! Residents and Staff gathered around to shower Katia and baby boy with love and well wishes!

While Katia was due on 12/25 Kayzel made his grand appearance on New Years Eve! What a way to end the year! Mom and Baby are doing well!

Congratulations!

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## **Hail, Hail, the Gangs All Here**



**Sometimes we all can use a little help around the house and we are always ready for a challenge! Whether it is separating jewelry, being a handy man, or even folding laundry Brittany knows exactly who to call on for assistance !**

*All you KNEAD is love!*



This month the Reflections treat crew was at it again making our very own homemade mock apple pie! The aroma could be smelled throughout our home and you can bet it tasted just as delicious as it looked! Our favorite part was spending time together reminiscing about family favorites and those good old home recipes!

### PRECIOUS MOMENTS:

Sometimes life can get a little hectic and we all could use some time to unwind! Luckily we have just the solution the Reflections Community Welcomes Miss Emily Lynn and she is already making a huge impression just look at that face!

Today we had the privilege of a home cooked Italian dinner made by our own neighbor, Eva C. We watched as she and Capreace showed us how to make the best homemade pasta sauce we have ever had! It was accompanied by salad, homemade garlic bread and tiramisu for dessert. We shared many stories of when we watched our families cook for us as children. It brought us right back in time. Great food, great friends, great memories of then and now. We can't wait to do it again next month when Capreace cooks for us...Fall River style chow mein!



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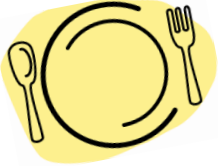
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## BRAIN GAME!

This month the Reflections Members gathered in our Activity Center to enjoy a new twist on an old game. Memory! While it may have taken us some time to get into the swing of things we sure had a blast and a ton of laughs. We even got our Maintenance Director Jeff in on the fun! We will definitely be breaking these cards out again in the future! If your in the area come on in and take a turn!



## RAIN OR SHINE OUR RESIDENTS LIKE TO DINE!



As the winter weather puts a chill in the air, we warm up with good old-fashioned comfort foods! Whether it was chicken and dumplings at Cracker Barrel, fried chicken and breakfast at Dave's Diner, rice and noodles at China Town or Italian delights at Chateau it is always a blast! With all our different but fantastic personalities, one thing we could all agree on was that it was all delicious! Every Thursday we have the pleasure of being driven to our favorite restaurants. We can always count on stories told of fond memories from our childhoods, lots of laughs, scrumptious desserts and full bellies! We can't wait to see where the van will take us next month. If anyone has any suggestions, Capreace is always open to a new adventure.

## Crafters Corner!

Traditional Community members joined together in our very own activity center on a cold Wednesday afternoon to shake the blues of winter away. Capreace had prepared an exciting and intricate door burst craft to get us into the spirit of New Years! While we each had our own creative twist on the project it we can all agree we ended with something we each could be proud of! We anxiously await our next crafters corner and we can be sure it will be just as inspiring as the





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Assisted Living Residential Communities

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## Thought for the Day!

*Success is achieved and  
maintained by those who TRY and  
keep TRYING!*



### Welcome Home New Residents!

Nettie F.

Morris F.

Phyllis G.

## Senior Spotlight



### Happy Birthday February Babies!

Mark D.....2/1

Ruth F.....2/10

Jenni C.....2/12

Martin B.....2/15

Robert C...2/15

Joan O.....2/16

Grace T.....2/16

Joanne S.....2/20

Bucky W...2/29

Helen G. has been living at The Arbors at Stoughton for almost 4 years now. She was born on September 6th and she was raised in Walpole. Helen was part of a female barbershop quartet called The Sweet Adelines and toured within the United States and Europe with them. Helen was also part of the Stoughton Women's Guild at the Immaculate Church. She married the love of her life, raising 2 sons and 1 daughter. Helen also has 3 grandchildren whom she adores. They raised their family in Stoughton and also had another home near Old Silver Beach in Falmouth. They were always on the water fishing and checking their lobster traps. Through her life, Helen travel a lot with her husband as well. They traveled to Hawaii, England, France, Spain, Austria, Switzerland and Finland. Even living in Germany for a short time while her husband was in the Army. Today she enjoys bingo, crafting, going out to lunch, and visiting with family.

  
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