

The Arbors at Dracut

DECEMBER / 2018

Our First Annual Craft & Vendor Fair and Bake Sale & Raffle was a success!

The building was bustling with activity on Saturday, November 17th. There was a constant flow of shoppers. Each crafter and vendor donated a raffle item. Marilyn, one of our residents donated a beautiful porcelain doll that she made. James, the husband of our business office manager, Michelle, donated a handcrafted cutting board. A special thank you to Samantha and Christina, Amy's daughters, for running the bake sale table. Thank you to everyone that helped make our first year successful.



THE SINGING TROOPER, DAN CLARK ENTERTAINED US FOR VETERANS DAY

On Wednesday evening, November 7th we were treated to a spectacular performance by Dan Clark, the Singing Trooper. He sang many Patriotic songs as well as contemporary songs. He honored every branch of the military by singing their anthems. The living room and pub were filled with residents, families, and staff. We even had people seated on the second floor looking down on the show. Dan ended the evening with a wonderful rendition of God Bless America before we all enjoyed the delicious cake to celebrate Veterans Day.



The Arbors at Dracut Senior Spotlight

Helen M. has lived at the Arbors at Dracut for the past year. When asked what she enjoys the most about living here, Helen shares, "You can be as busy or as lazy as you want. You can keep to yourself or socialize." Helen's favorite activities are playing Skip-Bo and participating in Arts & Crafts. She likes that everyone is friendly here. From the RCA's and all the staff, as well as the residents. She says, "It's like being part of a big family". Helen has 3 daughters and 2 sons as well as 12 grandchildren and 14 great-grandchildren. Another great-grandchild is due in the spring. Helen went to a family reunion in Maine this summer with 175 of her extended family. People came from as far away as California, Colorado, Texas and Florida.

We're so happy Helen is part of our family!

DOOR TO DOOR

The Arbors at Dracut

Pet Therapy is always a hit but we had a nice surprise when Joyce brought Zeus and Apollo along with Prince and Thor this month. We can never get enough of our furry friends. They are so well trained and affectionate. The staff enjoys their visits as much as the residents.



Congratulations to Debbie and Judi for taking 1st and 2nd place in the employee Halloween costume contest!



Judi keeps us busy with Arts & Crafts on Thursday mornings. This month, we made scarecrows, snowmen, turkeys and mitten wreaths. Power of Flowers visited us earlier this month to show us some flower arranging. We're looking forward to holiday crafts.



The Arbors at Dracut cordially invites you to our annual ...

Family HOLIDAY Soiree

December 14th
5:30 p.m. to 7:30 p.m.

Join us for a sweet dessert bar and live entertainment!!!!

Please R.S.V.P. by December 12th
(978) 455-9182

UP, UP and AWAY

Reflections residents get creative with their arm exercises using a parachute. We turn on some of their favorite music to sing a long to and help pass the time taking a fun twist to getting the group moving. It gets even more fun adding a couple of beach balls and trying to keep them from falling on the ground.

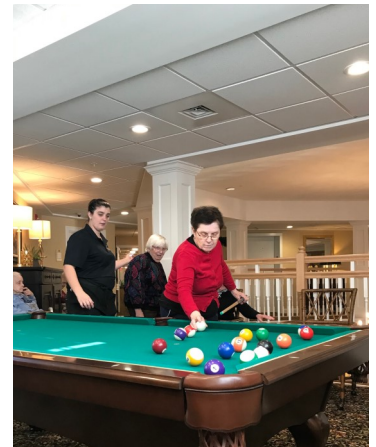


Moved By Music

There are days where the best programs are letting the music move us to our feet and dance. There is no right or wrong movements just moving to the beat of the music. The resident often find comfort dancing with the staff and working out their excess energy. Before long the group will sit down and enjoy a nice drink and treat for their efforts.

Pool Sharks

Dracut Reflections resident's showed their competitive side earlier this month while playing a game of pool. Who would have known the group consisted of such pool sharks. The group laughed and cheered each other on during their turns enjoying the time spent with their peers. The group looks forward to another round of pool soon.



DOOR DOOR



Don't forget to sign up at the front desk for our outings!

Welcome Home New Residents!

Margaret (Peg) O.

Rita C.

Happy Birthday !

Traditional Upcoming Events:

Dec. 3rd lunch at Primos

Dec. 10th 6:30pm Van Ride to see Holiday Lights

Dec. 12th lunch at Scolas

Dec. 17th 9am-4pm Trip to Plainridge Casino

Dec. 19th lunch at Princeton Station

Reflections Upcoming Events:

Dec. 4th Lunch at Kashin Garden

Dec. 11th Lunch at Applebees

Dec.18th Lunch at Glenview

Dec. 19th Scenic Ride to See the Lights

R. S. V. P.

CHRISTMAS DINNER

Please call the front desk to let us know if your loved one will be having dinner here at The Arbors or if they will be going out.

Also, if you'd like to join them here for dinner, let the receptionist know so that we may plan accordingly.

