

DOOR DOOR

The Arbors at Winthrop

September /



Harbor Cruise

We are so lucky to have our very own ferry in Winthrop! It was cloudy on our drive over to the ferry, but by the time we boarded the boat the clouds cleared and the sun came out. We enjoyed a harbor cruise out to Quincy, then the aquarium, and then Seaport before heading back to Winthrop, our hometown. It was a perfect day to be out on the water!



Dining Room Hours:

Breakfast: 8:00 am

Two Seatings:

Lunch: 11-30-12:15

12:30-1:15

Dinner: 4:30-5:15

5:30-6:15



Coffee & Chat w/ Politician

Evandro Carvalho, a candidate for District Attorney in Suffolk County came to visit at our coffee social today. We all enjoyed meeting him and learning about his plans if he gets elected.

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Handmade Cards

We made our own marbled red, white and blue greeting cards. We had fun making our own designs using shaving cream with food coloring! It was a messy activity but we were pleased with the results.



Baking with Ashley

Our Marketing Director, Ashley made a special summertime treat with our residents, Oreo Cookie Cream Pie. We had fun cooking with her and look forward to the next time she bakes with us.



Sand Castle Creations

After seeing the Revere Beach Sand Sculptures we were inspired and so we made our own permanent sand castles using a mixture of sand and cream of tartar. After the castles hardened we decorated them with gems and shells!



A New Sport

We laughed out loud while we played noodle volleyball for the first time! Who knew pool noodles could be used as sports equipment. It was a good thing we used small plastic beach balls because it was hard not to get hit by the flying balls! But don't worry there were no injuries and no one lost any limbs!

Reflections Community



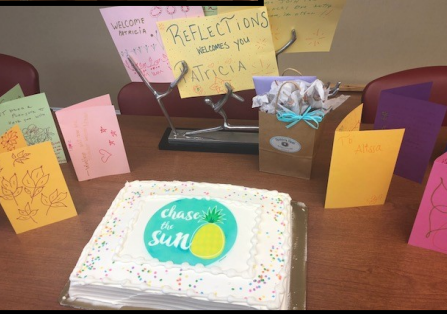
Goodbye and Hello!

We said goodbye to our good friend and former Program Director of Reflections, Alisa Bartlett and hello to our new Program Director, Patricia. While it was sad to say goodbye to Alisa we are glad she is staying within the company at the Arbors at Stoneham. Congratulations to Patricia who was promoted from a Resident Care Assistant to her new role. We are very excited to have her working in this new capacity!



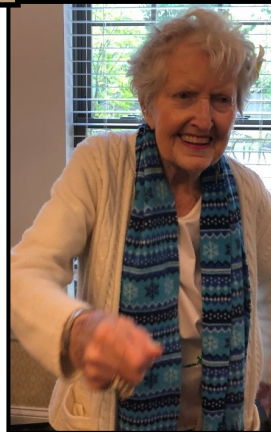
Sandy Crab

In keeping with our “Sand and Sea” theme for this month, we made our own crab creations. Make sure you come by to see our fun sea creatures that are hanging out in our community!



Taco Tuesday

Who doesn't enjoy Mexican food every now and then? We had a great lunch out at Chili's! Each resident chose her or his favorite Mexican dish. Ole'!



Resident Spot Light

Jackie has been living in our community for about two years. She loves music and dancing and recently really enjoyed dancing with Hillary MacDonald, a dance teacher who leads a dance program with us from time to time.



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Happy Birthday,

September Babies!

Doris C. 9/02
Gerry T. 9/03
John B. 9/9
Dorothy A. 9/13
Marilyn F. 9/15
Theresa D. 9/28
Robert L. 9/30

Welcome New Residents!

Pat D.
Amy & Paul M.
Nina V.

National Assisted Living Week

September 9th-15th

“Capture the Moment”



Save the Date:

Wednesday, September 12th,

3pm-6pm

Caricatures and Cocktails

w/ Caricature Artist Jeff Kresses



Out for Dinner

We went to La Siesta for dinner at a Mexican restaurant one summer evening. We enjoyed burritos, tacos, nachos, enchiladas, or quesadillas. A couple of the residents decided to play it safe with a shrimp or steak salad. Betty really enjoyed her margarita. The service was great and the food was delicious!