

#### The Arbors at Westfield

September, 2018

With great pleasure, we want to introduce two new members on the Arbors at Westfield Director team!

Moises is our Director of Maintenance. Moises has more than a decade of experience in maintenance and managing properties which will help him transition quickly in supporting our facility needs.

Alicia has started with us as our Marketing Director. Alicia has a strong marketing background which will be a great asset to her in supporting our residents.

Bianca has moved to our lvy at Ellington location at the end of August.

Please welcome them, say good-bye, and wish them all well!



### <u>Dates to Remember</u>

**National Assisted** 

### Living Week, Sept. 10-14!

- \* Every Tuesday is shopping day.
- \* Therapy Dogs visit Sept. 6th @ 2:00.
- \* Catholic Services Sept. 12th @ 2:00.
- \* Rosary & Prayers Sept. 19th @ 2:00.

Please join us in our every day activities

## **REMINDERS:**

Integra Health Care will be here the 1st & 3rd Tuesday of each month at 9:15 for Blood Pressure Clinic in the Activity Room!

Hairdresser Debbie is here every Wednesday from 7:00-12:00.

Baystate Hearing Clinic is the last Tuesday of the month at 10:00 AM.

Foot Care with Sharron is every 3rd Wednesday of every month at 9:30. Please see Front Desk for appointment.



The Arbors at September, 2018



August was "Flip Floppin Fun" with our residents! We stayed busy by decorating flip flops for door hangers, to decorating Nutter Butter cookies to look like flip flops, and finally, rolling out the dough to make our own flip flop cookies!





The Arbors at Westfield

April 2018

# Westfield Reflections Community

# This Month was all about Flip Floppin Fun





Angela's Granddaughter helps us make flip flop decorations for our tree.

On the right—Our Reflections Community had so much fun making theses Flip Flop Cookies!











The Arbors at Westfield | 40 Court Street | Westfield, Ma 01085 | (413) 562-0001



# Welcome

To the Arbors Family Where good friends are made

Janet H.

REMEMBER, WE ARE A FAMILY!! PLEASE WELCOME OUR NEW RESIDENTS AND HELP THEM FEEL AT HOME!

## Happy Birthday

September Babies!

Verda G. 9/5

Muriel L. 9/19

Georgette R. 9/19

Carole S. 9/22

Irene C. 9/25





Fran B.

In Loving Memory

Peter B.

## National Assisted Living Week

September 9th-14th

## "Capture the Moment"

What is National Assisted Living Week?

In 1995, the National Center for Assisted Living decided to designate one week in September to celebrate Assisted Living facilities. It is a time to educate the public about the many services that are provided for seniors who would like an independent lifestyle, but may still need some assistance for their individual needs.

As we celebrate this amazing week, with our residents, we invite you and your family to stop in to our special events as we "Capture the Moment" with our residents and staff!