



**Summer**  
**Time FUN!**

**The Arbors at Chicopee and The Arbors at Westfield got together for a picnic at Stanly Park.**

**What a wonderful afternoon we all had celebrating summer together. We enjoyed a picnic lunch and then we went for a walk through the rose garden. We enjoyed the weather and making special new friendships. Some of the residents even ventured out on the swings. The day was perfect and everyone enjoyed getting together!**

# DOOR TO DOOR

The Arbors at Chicopee

Sept 2018



The theme of the month was "Hot Tropical Days". Keeping that in mind— one of the activities we played was pineapple ring toss. Yvette scored the big win with her 3 ringer. Look at that winning smile!



We had a blast with the Arbors Camp. We made ice cream sundaes & one lucky camper got to see her mom at



Let the festivities begin!

Strawberry daiquiris, shrimp cocktails, fried mushrooms and deep fried broccoli appetizers for our Friday happy hour.

The kitchen prepared a delicious Polynesian meal complete with edible gardenias! The pork was amazing!



## Reflections



**Lunch at 5 Guys**  
The popular item on the menu was the Cheeseburger specials with chocolate shakes & homemade french fries. Connie couldn't wait to bite into her juicy burger . Jane loved her chocolate shake and Helen couldn't get enough of her hand cut fries.



## Court yard Social !

We all enjoyed the beautiful summer day with lemonade and reminiscing about family vacations. We talked about what beaches we would go to and some of the favorite beaches were on Cape Cod's beautiful coast line. We also talked about some of our favorite summer time meals like macaroni & potatoes salad, hot dogs on the grill and of course we talked about Lobster!

# DOOR DOOR

**Welcome**

Cecile Cooney APT 131

## “Walk To End Alzheimer's”



Sunday September 16, 2018

Holyoke Community College

Bus Leaves at 8:30

## Happy Birthday !

Alice F 9/6

Peggy W 9/8

Stanley K 9/13

Lillian S 9/17

Paul D 9/20

Yvette Y 9/23

## Save The Date !

National Assisted Living Week

September 9th-14th

Theme : “Capture The Moment”

Flu Vaccine Clinic

Wednesday, October 10th

9:00– 12:00

Please sign up at the front desk.