

# September 2018

## Capture The Moment

<p>9:30 Stretch/Tape 10:00 Catholic Mass/TV 1:45 Bingo 6:30 Happy Hits Songs With Laraine &amp; Mock tails /Library</p>	<p><b>Labor Day</b> 9:30 Wake Up &amp; Work Out 10:15 Sing A Long With Laraine/Library 1:30 Kings In The Corner/PUB 2:00 Bowling With Bob 3:00 September Trivia/Library 6:30 Movie Night</p> <p><small>Labor Day</small></p>	<p>9:30 Fitness With Weights <b>10:00 Rosary</b> <b>10:45 Coffee Hour With St Anne's Church/PUB</b> <b>11:00 Lunch At 99 Restaurant</b> 2:00 The Price Is Right 3:00 Hangman/Library 6:30 Prize Bingo <b>The Price Is Right Day</b></p>	<p>9:30 Chair Tai Cheng 10:00 Short Stories/Library 1:30 Courtyard Social With Friends 2:00 Scat 31 <b>3:15 Divine Mercy Prayer Group/ACT RM</b> 3:15 Tea &amp; Trivia/PUB 6:30 Wii Bowling</p>	<p><b>8:30-9:30 Blood Pressure Clinic/PUB</b> <b>10:00 Wellness Talk With Integra</b> <b>2:00 Dollar Tree</b> 2:00 Giant Ring Toss 3:00 Welcome New Residents Root Beer Floats Social 6:30 Music Request</p>	<p>9:30 Sit &amp; Get Fit/Ball Toss 10:00 Anne Of Green Gables 11:00 Discussion Group <b>1:15 Spiritual With Second Baptist Church/REF</b> <b>2:00 Music With Vicky Rose</b> 3:00 Wine &amp; Cheese Social/PUB 6:30 Bingo</p>	<p>9:30 Stretch 10:00 Manicures &amp; Hand Massages 1:30 Courtyard Social 2:00 Poke no 3:00 Jokes: Grandparents Are A Hoot 6:30 Movie &amp; Popcorn 6:30 Name 5 Challenge/Lobby</p>
<p><b>Grandparents Day Kick Off To National Assisted Living Week Ice Cream Social Music With Irvin In The Courtyard 1:00-3:00 6:30 Name That Tune With Laraine/Library</b></p>	<p>9:30 Wake Up &amp; Work Out 10:00-12:00 Makeover Monday/ACT RM 1:30 Kings In The Corner/PUB 2-4 Glamour Shots 2:00 Slide Show /memorable moments at the Arbors 3:00 Bowling With Bob 6:30 Movie Night</p>	<p>9:30 Fitness With Weights 10:00 Crafters Corner Picture Frames <b>1:15 Catholic Mass/REF</b> 2:00 Capture The Moment With Friends/get your picture taking with friends 3:00 Discussion Group In Library 6:30 Prize Bingo <b>911 Remembrance Day</b></p>	<p>9:30 Chair Tai Cheng <b>10:00 Story Time With Arbor Kids</b> <b>1:15 Shopping Stop &amp; Shop &amp; CVS</b> 2:00 Arm Chair Travel: Residents Favorite Vacation Destinations <b>3:00 Divine Mercy Prayer Group/ACT RM</b> 3:15 Brain Busters/Library 6:30 Wii Bowling</p>	<p>9:30 Move I Or Lose It <b>9:30 Lupa Zoo</b> <b>10:15 Painting Class/Apple Tree</b> <b>2:00 Capture The Moment In Chicopee Then &amp; Now</b> <b>4-7 Kabobs And Cocktails Music With Noah Leis Family Photos Will Be Taking</b></p>	<p>9:30 Sit &amp; Get Fit/Ball Toss 10:00 Anne Of Green Gables 11:00 Discussion Group 1:30 Kings In The Corner/PUB <b>2:00 Music With Good Time Singers</b> 3:00 Cocktails &amp; Conversations 6:30 Bingo</p>	<p>9:30 Stretch 10:00 Manicures &amp; Hand Massages 1:30 Afternoon Stroll 2:00 Scat 31 3:00 Brain Fitness/library 6:30 Movie &amp; Popcorn 6:30 Trivia/Lobby</p>
<p><b>8:30- Bus Loading For Alzheimer Walk At Holyoke Community Collage</b> 9:30 Stretch/Tape 10:00 Catholic Mass/TV 1:45 Bingo 4:25 Pat VS Jags With Refreshments/PUB 6:30 Movie Night</p>	<p>9:30 Wake Up &amp; Work Out 10:00 Cooking Demo With Chef Doug/REF 1:30 Kings In The Corner/PUB 2:00 Bowling With Bob 3:00 Word Game/Library 6:30 Movie Night</p>	<p><b>8:30 St Anne's Church With Julie &amp; Terri</b> 9:30 Fitness With Weights 10:00 Making Apple Pumpkin Applesauce 1:30 Afternoon Stroll <b>2:00 Rosary</b> 2:45 Movie/ 6:30 Prize Bingo</p>	<p>9:30 Morning Stroll 10:15 Giant Ring Toss/REF <b>11:00 Lunch At Lucky's Strike</b> <b>1:15 Shopping /Big Y &amp; CVS</b> 2:00 Scat 31 <b>3:00 Divine Mercy Prayer Group/ACT RM</b> 3:15 Trivia/Library 6:30 Wii Bowling</p> <p><small>Yom Kippur</small></p>	<p>9:30 Move It Or Lose It <b>10:15 Book Club &amp; Book Mobile</b> 1:30 Scrabble With Friends/PUB <b>2:00 Walk At Butter brook Park</b> 2:00 Bean Bag Toss 3:00 What Am I ? 6:30 I Love Lucy</p>	<p>9:30 Sit &amp; Get Fit/Ball Toss 10:00 Anne Of Green Gables 11:00 Discussion Group 1:30 Kings In The Corner/PUB <b>2:00 Music With Sandy Robinson/ &amp; Birthday Bash REF</b> 3:00 Cocktail Hour/PUB 6:30 Bingo</p>	<p><b>Autumn Begins</b> 9:30 Stretch 10:00 Manicures &amp; Hand Massages 2:00 Poke no 3:00 Ice Cream Cone Day/come enjoy one in the pub 3:15 Sing A Long With Laraine 6:30 Movie &amp; Popcorn</p> <p><small>Autumn Begins October 1st Begins</small></p>
<p>9:30 Stretch/Tape 10:00 Catholic Mass 1:45 Bingo 6:30 Hits From The 1950's With Laraine &amp; Mock tails /Library</p>	<p>9:30 Wake Up &amp; Work Out 10:00 Baking Apple Cake/PUB 1:30 Kings In The Corner/PUB 2:00 Bowling With Bob 3:00 Word Game/Library 6:30 Movie Night</p>	<p>9:30 Fitness With Weights <b>10:00 Rosary</b> 10:45 Coffee With Friends/PUB 1:30 Afternoon Stroll 2:00 Resident Council &amp; Calendar Planning Meeting 3:00 Boggle 6:30 Prize Bingo</p>	<p>9:30 Chair Tai Cheng 10:00 Ladies Social <b>1:15 Shopping/Stop &amp; Shop &amp; CVS</b> 2:00 Scat 31 <b>3:00 Divine Mercy Prayer Group/ACT RM</b> 3:15 Brain Busters/Library 6:30 Wii Bowling</p>	<p>9:30 Move It Or Lose It 10:00 Game/ Newspaper Headliner 1:30 Scrabble With Friends/PUB 2:00 The Price Is Right 3:00 Apple Cider Social/PUB 6:30 Music Memories With Richard/library</p>	<p>9:30 Sit &amp; Get Fit/Ball Toss 10:00 Anne Of Green Gables 11:00 Discussion Group 1:30 Kings In The Corner/PUB <b>2:00 Music With Jack</b> 3:00 Cocktails &amp; Conversations 6:30 Bingo</p>	<p>9:30 Stretch 10:00 Manicures &amp; Hand Massages 1:30 Courtyard Social 2:00 Scat 31 3:00 Brain Busters/Library 6:30 Movie &amp; Popcorn 6:30 Name 5 challenge/Lobby</p>

9:30 Stretch  
10:00 Catholic Mass/TV  
1:00 Dolphins VS Pats With Refreshments/PUB  
1:45 Bingo  
6:30 Love Songs With Laraine & Mock tails/Library

**National Assisted Living Week  
9/9-9/15**

**Family Picture Display In Lobby  
9/9-9/15**

**911 Remembrance Day**

**Traditional Community Calendar**