Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
H	ugust 20 Hot Tropical Day aditional Commu	r's	9:30 Chair Tai Cheng 10:00 Fun With Food/Sunflower Cookie Cups 1:15 Shopping/Stop & Shop & CVS 1:30 Knitting With Friends/Library 2:00 Scat 31 3:00 Test Your August IQ 6:30 Bowling With Bob	Clinic 9:30 Move It Or Lose It	10:00 Manicures & Hand Massages 11:30 Cookout On The Patio 1:15 Spiritual With Second Baptist Church/REF 2:00 Music With Bruce Korona	9:30 Stretch 10:00 Giant Crossword Puzzle 1:30 Chit Chat With Friends/Courtyard 2:00 Scat 31 3:00 You Be The Judge 6:30 Movie & Popcorn
9:30 Stretch/Tape 5 10:00 Catholic Mass/TV 1:45 Bingo 3:00 Non- Denominational Service/library 6:30 Music With Laraine	9:30 Wake Up & Work 6 Dut 10:00 Scenic Ride 1:30 Lemonade Social Dn The patio 2:00 Wii Bowling 3:00 Word Game/Library 6:30 Movie Night	9:30 Fitness With 7 Weights 10:00 Rosary 10:45 Coffee Hour With St Anne's Church/PUB 2:00 The Price Is Right 3:00 Boggle 6:30 Prize Bingo		9:30 Move It Or Lose It 10:00 Atkins 1:30 Kings In The	9:30 Sit & Get Fit 10:00 Manicures 11:30 Luau Lunch On The Patio 2:00 Music With Dan	9:30 Stretch 11 10:00 Baking Buttery Baked Peaches/PUBs 1:30 Chit Chat With Friends/Courtyard 2:00 Poke no 3:00 Name That Tune With Laraine 6:30 Movie & Popcorn
9:30 Stretch/Tape 12 10:00 Catholic Mass/TV 1:45 Bingo 6:30 Music With Laraine/Library Staff Appreciation Week	9;30 Wake Up & Work Out 13 10:00 neighborhood Stroll 11:00 Lunch At Happy Days 1:30 Lemonade Social On The Patio 2:00 Wii Bowling 3:00 Word Game /Library 6:30 Movie Night	10:00 Painting Class	10:00 Splish Splash Courtyard Game 1:15 Shopping/ Stop & Shop & CVS	9:30 Move It Or Lose It 10:00 Short Stories/Library 11:00 Picnic At Stanley Parl With Westfield Arbors 2:00 Bean Bag Toss/REF 3:00 You Be The Judge/Library 6:30 Music Request With Richard/CD'S	10:00 Manicures & Hand Massages 11:30 Cookout On The patio 1:30 Kings In The Corner/PUB 2:00 Music With Kevin Paul	9:30 Stretch 10:00 Giant Crossword Puzzle 1:30 Chit Chat With Friends/Courtyard 2:00 Scat 31 3:00 Game/ Scrambled Eggs 6:30 Movie & Popcorn
9:30 Stretch/Tape 19 10:00 Catholic Mass/TV 1:45 Bingo 3:00 Non- Denominational Service/Library 6:30 Music With Laraine	Chef Doug/REF 1:30 Lemonade Social On The Patio 2:00 Wii Bowling 3:00 Word Game/Library	8:30 St Anne's Church Wah Terri & Julie 9:30 Fitness With Weights 10:00 Arm Chair Travel To Typical Inlands 11:30 Men's Lunch/PUB 2:00 Rosary 2:45 Afternoon Movie 6:30 Prize Bingo	9:30 Chair Tai Cheng 22 10:00 Ladies Summer Tea 1:15 Shopping/Big Y & CVS 1:30 Knitting With Friends/Library 2:00 Scat 31 3:00 Trivia/library 6:30 Bowling With Bob	9:30 Move It Or Lose It23 10:00 Book Club & Book Mobile(meeting in library) 2:00 Pineapple Toss/REF 3:00 Rummikub 6:30 Music Memories With Richard/Library	9:30 Sit & Get Fit 10:00 Manicures & Hand Massages 11:30 Cookout On The Patio 1:30 Kings In The Corner/PUB 2:00 Music With Jack 3:00 Cocktails & Conversations 6:30 Bingo	9:30 Stretch 10:00 Art Class With Laraine 1:30 Chit Chat With Friends/Courtyard 2:00 Poke no 3:00 Sing A Long With Laraine 6:30 Movie & Popcorn
10:00 Catholic Mass/TV 1:45 Bingo 6:30 Music With Laraine	9:30 Wake Up & Work Out 27 10:00 Fun With Food /Fruity Vatermelon Pizza 1:30 Lemonade Social On The Patio 2:00 Wii Bowling 3:00 Word Game/Library 6:30 Movie Night	10:00 Rosary 1:30 Snow Cones With Arbors Kids Camp 2:00 Resident Council Meeting 3:00 Word Game/Library 6:30 Prize Bingo	10:15 Splish Splash Courtyard Game 1:15 Shopping/ Stop & Shop & CVS 1:30 Knitting With Friends/Library 2:00 Scat 31 3:00 Boggle 6:30 Bowling With Bob	9:30 Move It Or Lose It 10:00 Word Game/ Scrambled Eggs 1:30 Kings In The Corner/PUB 2:00 Minute To Win It/REF 3:00 You Be The Judge/Library 6:30 Golden Girls Night/DVD	9:30 Sit & Get Fit 10:00 Manicures & Hand Massages 11:30 Cookout On The Patio 1:30 Kings In The Corner/PUB 2:00 Music With Dave Colucci 3:00 Happy Hour 6:30 Bingo	

The Arbors At Chicopee Traditional Community, 929 Memorial DR, Chicopee Ma.