

# DOOR DOOR

The Arbors at Dracut

JUNE /

## Music, music, music!

The residents and staff are always happy when one of our favorite musicians, Josef Nocera, visits us here in Dracut. He has a smooth voice. He sounds like 40's and 50's as well as current songs.

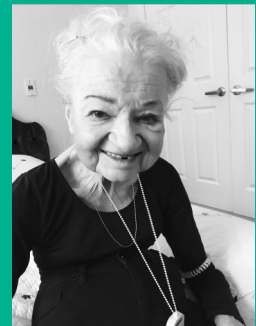


## May has been full of celebrations!

For Cinco De Mayo, we had margaritas in the pub. On Saturday, May 5th we toasted The Kentucky Derby with mint



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Senior Spotlight Kathy C. has been a resident of the Arbors at Dracut for 6 months. She really enjoys the people. Kathy says, "We get together to eat and laugh. We take trips in the van to restaurants. I love the music socials. Although her favorite meal is meatballs with angel hair pasta., Kathy has many favorites. She describes the food as "scrumptious. Kathy worked as a secretary and bookkeeper. When speaking about being the mother of 3, grandmother of 10, and great-grandmother of 5, Kathy beams! She's looking forward to many more happy memories here at the Arbors.





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### Welcome our new RCD, Kellie Morgan!

We had a meet & greet in the courtyard on Thursday, May 17th to chat with Kellie. She shared with us that she grew up in Nashua. Her dad was a police officer. He's teaching her how to golf. Maybe she'll give us a few pointers on putting.



### Our first garden!

It was nice to get outside to put our flowers and herbs and cherry tomatoes in the raised beds. We worked as a team and enjoyed chatting while we planted. We are looking forward to watching them grow. We planted parsley, basil and cherry tomatoes. We also used his staff in the kitchen.



### Book Club Update

#### We're currently reading **The Guernsey Literary & Potato Peel Society**

In 1946, Juliet, a free-spirited writer receives a letter from a member of a mysterious literary society. The book is a series of letters between several eccentric members during war-torn Nazi-occupied Guernsey.

### Crafty Ladies!

The ladies always enjoy making crafts! We made Pom Pom Pens using





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### Oh The Places We Go!

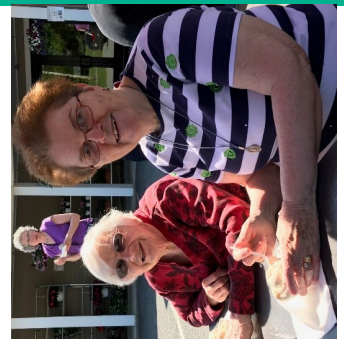
This month was no different for Dracut Reflections we enjoyed Lunch at many of our favorite restaurants around the community. Our lunch outings have grown to include a full bus of 14 or more residents and staff looking forward to our next meal out. The month of May included lunch at the Blue Angus, 99's in Tewksbury, Dream Diner and Dracut house of Pizza.

### WE ALL SCREAM FOR ICE CREAM

Nothing fills a bus faster than beautiful weather and ice cream. Dracut Reflections along with some friends from traditional set out on a beautiful May day to Shaw's

### FIRST COOKOUT OF THE SEASON

Residents enjoyed the favorite flavors including chocolate, strawberry, and maple walnut. Reflections are looking forward to many more trips for treats in the future. Dracut Reflections enjoyed sitting on the patio while Bob and his staff cooked on the grill to kick off the spring/ summer cookout season. Bob had burgers and hot dogs prepared with two different types of salads on the side. The residents enjoyed conversations with each other and a warm spring breeze. Residents look forward to many more future cookouts through this spring/ summer season.



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Don't forget to  
sign up at the  
front desk for our  
outings!

**Welcome Home New  
Residents!**  
Pearl B.

**Happy Birthday !**  
Chris R. 6/4  
Nick P. 6/19  
Alice C. 6/20

## **Traditional Upcoming Events:**

June 6th Mass at St. Francis  
June 6th lunch at Kimball's Farm  
June 13th Trip to Hampton Beach  
June 20th lunch at Primo's  
June 27th lunch at Dimitiou's  
June 28th Trip to Lowell Spinners  
Game\_

## **Reflections Upcoming Events:**

June 5th Lunch at Mama's  
June 12th Lunch at Princeton Station

